



Eucharistic Adoration

Please join us for our weekly Holy Hour and
Benediction of the Most Blessed Sacrament

Every Thursday evening

At 7:00 PM

Our Lady of Mt. Carmel
Catholic Church

The Moment of Benediction

The priest turns and raises aloft the Sacred Host. In loving adoration, in reverent awe, the invisible angels fall prostrate. The bell tinkles softly, fragrant clouds of sweet-smelling incense ascend on high, and in the remotest corner of the vast church every head is bowed in adoration.

It is a solemn moment, a moment when the silent streams of grace pour down upon our souls. God's hands are lifted up to bless us; His sacred face is turned upon us, and He waits oh! so eagerly for us to ask some favour that He may win our hearts by His generosity.

Let us ask, then, confidently and show our trust in God's great goodness by the boldness of our requests.

Fr. William Doyle, SJ