

Memorization List

For children receiving the sacraments of Confirmation and Holy Communion at Our Lady of Mt. Carmel. (Lists should be memorized as they are written)

Seven Gifts of the Holy Ghost

Fear of the Lord
Piety
Knowledge
Fortitude
Counsel
Understanding
Wisdom

Seven Capital Sins

Pride
Lust
Anger
Covetousness
Envy
Sloth
Gluttony

Four Cardinal Virtues

Prudence
Justice
Temperance
Fortitude

Three Theological Virtues

Faith
Hope
Charity

Basic Prayers:

All the Rosary prayers (Including the Fatima prayer & Concluding Rosary prayer)
15 Mysteries of the Rosary
Acts of Faith, Hope and Love

Act of Contrition

O my God, I am heartily sorry for having offending Thee, and I detest all my sins because I dread the loss of heaven and the pains of hell; but most of all because I have offended thee my God, Who art all good, and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance, and to amend my life. Amen.

Seven Sacraments

Baptism
Penance
Holy Eucharist
Confirmation
Matrimony
Holy Orders
Extreme Unction

10 Commandments

1. I am the Lord thy God, thou shalt not have strange gods before me
2. Thou shalt not take the name of the Lord thy God in vain
3. Remember to keep Holy the Lord's day
4. Honor thy father and thy mother
5. Thou shalt not kill
6. Thou shalt not commit adultery
7. Thou shalt not steal
8. Thou shalt not bear false witness against thy neighbor
9. Thou shalt not covet thy neighbor's wife
10. Thou shalt not covet thy neighbor's goods