

Children receiving any Sacraments at OLMC must have these fundamentals memorized:

Basic Prayers

Our Father

Hail Mary

Glory Be

Apostle's Creed

Optional: Hail Holy Queen; Prayer to St. Michael, Guardian Angel

Act of Contrition

O my God, I am heartily sorry for having offending Thee
and I detest all my sins

because I dread the loss of heaven, and the pains of hell.

But most of all

because I have offended thee, my God

Who art all good, and deserving of all my love.

I firmly resolve, with the help of Thy grace,

to confess my sins, to do penance, and to amend my life.

Amen.

Seven Sacraments

Baptism

Penance (Confession)

Holy Eucharist (Communion)

Confirmation

Matrimony (Marriage)

Holy Orders

Extreme Unction (Anointing of the Sick)

10 Commandments

1. I am the Lord thy God, thou shalt not have strange gods before me
2. Thou shalt not take the name of the Lord in vain
3. Remember to keep Holy the Lord's day
4. Honor the father and thy mother
5. Thou shalt not kill
6. Thou shalt not commit adultery
7. Thou shalt not steal
8. Thou shalt not bear false witness against thy neighbor
9. Thou shalt not covet thy neighbor's wife
10. Thou shalt not covet thy neighbor's goods