

Children's Exam Questions Before First Confession

God and the Purpose of Life

1. Who made you? God made me.
2. Why did God make you? To show forth His goodness and to make me happy with Him in heaven forever.
3. What must we do to be happy with God in heaven? To be happy with God in heaven, we must know Him, love Him, and serve Him in this world.

Sin

4. What is sin? Sin is saying No to God. It is disobedience to God's Laws
5. What is Original Sin? Original Sin is the the sin of our first parents, Adam and Eve
6. What did they do? They disobeyed God by eating from the Tree of Knowledge of Good and Evil.
7. What is Actual Sin? Sin that we ourselves commit.
8. How many kinds of Actual sin are there? There are two kinds of Actual Sin – Mortal sin and Venial sin.
9. What is a mortal sin? A mortal sin is a deadly sin; a big sin committed on purpose
10. What does mortal sin do to your soul? Mortal sin kills God's life in my soul and makes me an enemy of God.
11. What is venial sin? Venial sin is a lesser sin; doing something not so big that God doesn't like.
12. What does venial sin do to our soul? Venial sin makes our souls sick, and is displeasing to God.

The Sacraments

13. What is a sacrament? A sacrament is an outward sign instituted by Christ to give grace.
14. What does 'instituted by Christ' mean? It means that Jesus gave us the sacraments
15. What is an outward sign? Something we can see on the outside that has a special meaning on the inside.
16. What is grace? God's life in my soul.
17. What does grace do for your soul? Grace makes my soul holy and pleasing to God. It helps me to love God more, and to say No to sin and temptation
18. How do I make the life of grace in my soul grow? By praying and receiving the Sacraments
19. What is Baptism? Baptism is the Sacrament that washes away original sin from my soul and makes it rich in the grace of God.
20. What is the Sacrament of Penance? Penance is the Sacrament by which sins committed after Baptism are forgiven.
21. What must you do to receive the sacrament of Penance worthily? (What are the Five Steps to a Good Confession)
 1. Find out my sins
 2. Be sorry for my sins
 3. Resolve not to sin again
 4. Tell my sins to a priest
 5. Do the penance the priest gives me.

Prayer

22. What is prayer? Prayer is spending time with God. It is lifting up our mind and heart to Him.
23. What kinds of prayers should I say?
 - Morning and night prayers
 - Daily Rosary
 - Spiritual reading
 - Meditation (Quietly thinking about God)