



Our Lady of Mt. Carmel

CATHOLIC CHURCH

www.olmcfssp.org + 5612 S. Hickory St. Littleton, CO 80120 + (303) 703-8538



A parish of the Diocese of Denver, CO served by the Priestly Fraternity of St Peter (FSSP) dedicated to the Traditional Latin Mass and Sacraments according to the 1962 Missal of Pope St John XXIII.

PASTOR
REV. MATTHEW J. MCCARTHY, FSSP

ASST. PASTORS
REV. DANIEL NOLAN, FSSP
asst.pastor1@olmcfssp.org
REV. ERIC KRAGER, FSSP
father.krager@olmcfssp.org

OFFICE HOURS
MON - FRI: 9:15 AM - 4:15 PM
secretary@olmcfssp.org

SACRAMENTAL EMERGENCIES
303-241-2946

SUNDAY LOW MASS
6:30 AM | 8:00 AM | 9:30 AM | 1:00 PM

SUNDAY HIGH MASS
11:00 AM

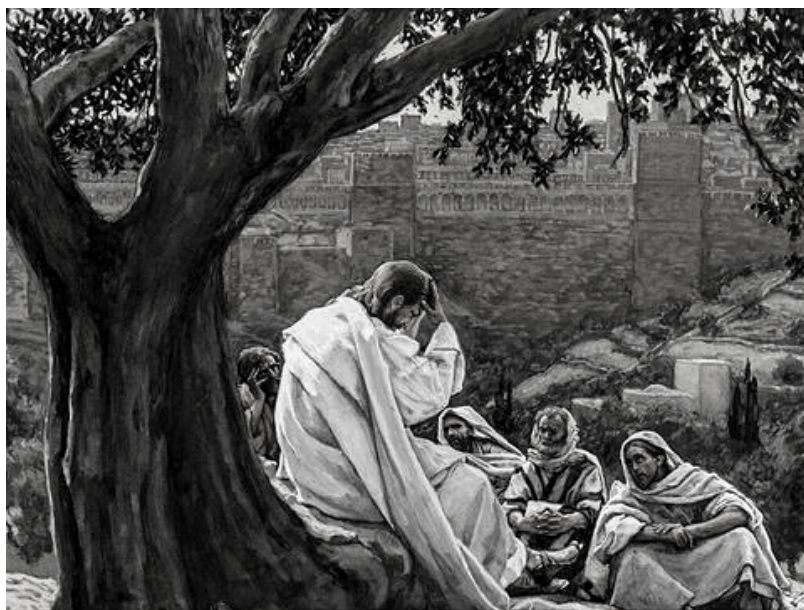
DAILY MASS
8:30 AM MON - SAT
Also 7:00 PM FRI

CONFESSIONS
30 MINUTES BEFORE EACH MASS
SAT: 8 - 9:30 AM
SAT: 3 - 4 PM

DAILY MASS
6:30 AM SUN - SAT
Carmelite Monastery
6138 S. Gallup St. Littleton, CO 80120

Twenty-fourth and Last Sunday after Pentecost

November 20, 2022



Cum vidéritis abominatiónem desolatiónis stantem in loco sancto.

From Fr. Nolan

What is an Indulgence?

In addition to remitting the temporal punishment due to sins by prayer, penances, sacrifices, and almsgiving, the Church also grants **indulgences**, which are not additional actions; but additional remissions of punishment added to those prayers/penances etc. which we are already doing.

Example: The Rosary

Praying the Rosary remits some punishment due to sin, but the Rosary is also an *indulged* prayer. So instead of getting just the regular amount of punishment remitted for saying 53 Hail Marys, 6 Our Fathers, etc., you get *additional*

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From Fr. Nolan

punishment remitted because of the indulgence. Indulgences can be partial or plenary, meaning they remit some or all of the punishment due to sin. NOTE - an indulgence is not a replacement for confession. Indulgences do not forgive sins, but reduce the amount of temporal punishment due to sin.

Conditions:

To gain **partial indulgences**, a person must be in a state of grace and have the general intention of gaining indulgences. To gain a **plenary indulgence**, the following additional requirements are necessary: go to confession up to 20 days before or after; receive Holy Communion once per plenary indulgence; pray for the Holy Father's intentions, and be detached from all sin, even venial. If a person is not detached from venial sin, a plenary indulgence counts as a partial indulgence.

How Can the Church Grant Indulgences?

Holy Mother Church, through the authority given to her by God, is the guardian and custodian of the graces and merits gained by Christ through His sacrifice on the Cross, as well the satisfaction gained by the Blessed Virgin Mary and all the saints. Thus, the Church may administer these merits as she sees fit. The Pope and the Bishops hold the keys to this spiritual treasury.

SOME PLENARY INDULGENCES:

- Spend at least 30 minutes in adoration of the Blessed Sacrament
- Participate in the Stations of the Cross
- Recite 5 decades of the Rosary in a church, or as a family
- Read or listen to Sacred Scripture for 30 minutes
- Make a three-day retreat
- Pray for the dead in a cemetery November 1– 8th (applicable only to the Souls in Purgatory)
- At the moment of death, if a priest is not available, offering one's death to God in a spirit of resignation.

SOME PARTIAL INDULGENCES:

- Use a properly blessed crucifix, cross, Rosary or scapular
- Reciting pious invocations throughout the day (*Jesus I trust in thee, etc.*)
- Perform charitable works or almsgiving
- Visit the Blessed Sacrament for any amount of time
- Spend any amount of time in mental prayer
- Attentively listen to a sermon or homily
- Visit a cemetery & pray for the dead any day of the year
- Make the sign of the cross using the customary words
- Act of Contrition; Apostles' Creed; Angelus/Regina Caeli; prayer before & after meals; Guardian angel prayer; Acts of Faith / Hope / Love; & many others

LITURGICAL SCHEDULE

SUNDAY, NOVEMBER 20

Twenty-fourth and Last Sunday after Pentecost

6:30 am Roman Ruiz Muniz+ by Evelia Ruiz Del Real
8:00 am Celebrant's Intention
9:30 am Celebrant's Intention
11:00 am (High Mass) Pro Populo
1:00 pm Celebrant's Intention
5:00 pm Vespers and Compline

MONDAY, NOVEMBER 21

The Presentation of the Blessed Virgin Mary

8:30 am (High Mass) All souls in purgatory, especially deceased members of FoSS

TUESDAY, NOVEMBER 22

St. Cecilia, Virgin and Martyr

8:30 am Patrick Kerr+ by Mary Mateer

WEDNESDAY, NOVEMBER 23

St. Clement I, Pope and Martyr

8:30 am Dominic Adams by the Germain Family

THURSDAY, NOVEMBER 24

St. John of the Cross, Confessor and Doctor

8:30 am Sean Mateer by Mary Mateer
7:00 pm Holy Hour

FRIDAY, NOVEMBER 25

St. Catherine of Alexandria, Virgin and Martyr

8:30 am George Elliot+ by Mindy Guinn
7:00 pm Dolores Drain+ by Dwight and Kathy Cole

SATURDAY, NOVEMBER 26

St. Sylvester, Abbot

8:30 am Rima Malek+ by The Esposito Family

SUNDAY, NOVEMBER 27

First Sunday of Advent

6:30 am Jilmer Benites+ by Aaron and Brenda Roberts
8:00 am Celebrant's Intention
9:30 am Mary Finken by the Weber Family
11:00 am (High Mass) Pro Populo
1:00 pm Celebrant's Intention
5:00 pm Vespers and Compline

Fr. McCarthy's Private Intentions

21 - Tomasa Muniz by Evelia Ruiz del Real
22 - Mother Abbess Cecelia, OSB
23 - Rich Nye+ by The Beaulieu Family
24 - James Seals+ by The Beaulieu Family
26 - Michael Johnson+ by The Quispe Family

To request a Mass, please fill out a Mass intention offering envelope and put it in the drop box outside of the parish office or mail in a request.

ANNOUNCEMENTS

OLMC is Hiring:

The Director of Operations will serve as a professional administrator responsible for comprehensive management of OLMC's financial, facility, and personnel resources. By partnering with the pastor and OLMC's leadership team, the Director will excel at executing our mission to share the beauty of Traditional Catholicism with a leadership style defined by excellence and collaboration. Please visit olmcfssp.org > welcome > job opportunities or scan the QR code below for more information.

The Maintenance Technician will be responsible for the cleaning and general maintenance of OLMC. The Maintenance Technician will play a key role in executing the mission of OLMC by providing a facility that is welcoming, clean, and supportive of a vibrant traditional parish. Please visit olmcfssp.org > welcome > job opportunities or scan the QR code below for more information.

For questions and inquiries please contact us at recruiting@olmcfssp.org.

Director of Operations



Maintenance Technician



Thu, Nov 25 - Thanksgiving Dinner: Join all three of your priests for Thanksgiving dinner at OLMC in the parish hall, on Thanksgiving day, from 2:00 to 5:00 p.m. Sign-up using the link on the latest flocknote and bring a side dish or dessert!

Sun, Nov 27 - Chess Club Meeting from 12:30-2:30pm, St. Albert room. Please arrive as close to 12:30 as possible. Don't want anyone missing out on the fun! Group Chess lesson from 12:30 - 12:45. Competition starts at 12:45.

Sat, Nov 26 - Planned Parenthood Prayer Vigil: Please join us for our monthly parish prayer vigil at Planned Parenthood starting at 10:15 am. The facility is located at 7155 E 38th Ave. in Denver. We meet directly across the street from the main entrance; prayer booklets provided.

Sat, Dec 10 - Save the Date! Please save the date for the Ladies of Carmel Advent gathering on December 10th. Details soon to follow!

ANNOUNCEMENTS

Fr McCarthy will be returning this Tuesday.

The Parish Office Will be Closed Thurs, Nov 24 and Fri, Nov 25.

Sat, Dec 3 - Regina Caeli Advent Ball: Regina Caeli Academy presents a Ball for 7-12th grade students., starting at 6pm in the parish hall. Tickets may be purchased at the door or through email. Please email kgonzalez.den@rcahybrid.org for questions and to purchase tickets.

Mon, Nov 28 - Sandwiches for Those in Need:

Inasmuch as you have done it to one of the least of these my brothers, you have done it to me. (Mt 25:41) Please come join us at 9:15am in the parish hall for a couple of hours to make 600 sandwiches for the homeless and working poor. Cash donations for the sandwich materials would be greatly appreciated. Thank you to Luck Okoh for organizing this these past years. Contact Sally with any questions at 303-476-8448.

DAILY PRAYER LINE REQUESTS

Contact Jane Brennan: jmbrennan555@gmail.com

Please Pray for the Sick

Ali Rende, Mac McCord, Martin Radocha, Michael Johnson, Florentia Knoell, David Williamson, Lane Reagan

Please Pray for the Repose of the Souls of

Jerry Williamson, Gillaine Warne, Eugenia Casbergue, Gustavo Lobatos, Cecelia Bachicha, Joanne Fahey, Cristina Benites de Talledo, Dolores Drain, Cora Dixon

ALTAR FLOWERS

The altar flowers this Sunday are for the intention of Bivian and Bivian, Jr., donated by Beunella Maestas.

HOMEBOUND

Any parishioner confined to home who would like to receive the sacraments or the bulletin, please contact the parish office.

WEEKLY COLLECTION - November 13:

Offertory: \$ 10,942

Capital: \$ 295

Poor Box: \$ 329

Electronic Giving via Faith Direct



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