Our Lady of Mt. Carmel
CATHOLIC CHURCH

www.olmcfssp.org • 5612 S. Hickory St. Littleton, CO 80120 • (303) 703-8538

A parish of the Archdiocese of Denver, CO served by the Priestly Fraternity of St Peter (FSSP) dedicated to the Traditional Latin Mass and Sacraments according to the 1962 Missal of Pope St John XXIII.

PASTOR
REV. MATTHEW J. MCCARTHY, FSSP

ASST. PASTORS
REV. DANIEL NOLAN, FSSP
asst.pastor1@olmcfssp.org
REV. ERIC KRAGER, FSSP
father.krager@olmcfssp.org

OFFICE HOURS
MON - FRI: 9:15 AM - 4:15 PM
secretary@olmcfssp.org

SACRAMENTAL EMERGENCIES
303-241-2946

SUNDAY LOW MASS
6:30 AM | 8:00 AM | 9:30 AM | 1:00 PM

SUNDAY HIGH MASS
11:00 AM

DAILY MASS
8:30 AM MON - SAT
Also 7:00 PM FRI

CONFESSIONS
30 MINUTES BEFORE EACH MASS
SAT: 8 - 9:30 AM
SAT: 3 - 4 PM

DAILY MASS
6:30 AM SUN - SAT
Carmelite Monastary
6138 S. Gallup St. Littleton, CO 80120

Third Sunday After Epiphany
January 22, 2023

Dómine, non sum dignus, ut intres sub tectum meum.

From Fr. Nolan

Catechism of the Council of Trent
Part IV – The Lord's Prayer (Our Father)

Prayer is a duty not only recommended by counsel, but also commanded by precept. Christ the Lord declared this when He said: pray always. The Church also points this out in the prelude to the Our Father: Admonished by salutary precepts, and taught by divine instruction, we presume to say...

So various are our temporal and spiritual necessities, that we must have recourse to prayer. Those who do not give themselves regularly to prayer deprive themselves of a powerful means of grace and divine assistance.

(Continued on page 2)

From Fr. Nolan

Prayer Honours God. The first fruit which we receive is that by praying we honour God, since prayer is a certain act of religion, which is compared in Scripture to a sweet perfume. By prayer we confess our subjection to God; we acknowledge and proclaim Him to be the author of all good, in whom alone we center all our hopes, who alone is our refuge, in all dangers and the bulwark of our salvation.

Prayer Obtains What We Request. Another most pleasing fruit of prayer is that it is heard by God. Prayer is the key of heaven, says St. Augustine; prayer ascends, and the mercy of God descends. By prayer we secure the guidance and aid of the Holy Spirit, the security and preservation of the faith, deliverance from punishment, divine protection under temptation, victory over the devil.

Unwise And Indevout Prayers Unheard. Sometimes, indeed, it happens that what we ask of God we do not obtain. But it is then especially that God looks to our welfare, either because He bestows on us other gifts of higher value and in greater abundance, or because what we ask, far from being necessary or useful, would prove superfluous and injurious. God, says St. Augustine, denies some things in His mercy which He grants in His wrath.

To Devout Prayer And Dispositions God Grants More Than Is Asked. On the other hand, to those who pray with devout attention, God grants more than they ask. This the Apostle declares in his Epistle to the Ephesians, and as well is expounded in the parable of the prodigal son. Nay, God heaps His favours not only on those who seek them, but also on those who are rightly disposed; and this, not only with abundance, but also with readiness. God hastens to grant the inner and hidden desires of the needy without awaiting their utterance.

Prayer Exercises And Increases Faith. Another fruit of prayer is, that it exercises and augments the virtues of the soul, particularly the virtue of faith. Those who have not faith in God, cannot pray as they ought – for how can they call on him in whom they have not believed? So the faithful, in proportion to the fervour of their prayers, possess a stronger and a more assured faith in the providence of God, which requires principally that in all needs we have recourse to Him.

Prayer Strengthens Our Hope In God. It is true that God might bestow on us all things abundantly, although we did not ask them. But God wishes to be invoked by His children; He wishes that, by praying as we ought each day of our lives, we might so obtain the object of our requests, and thus grow in confidence.

Prayer Increases Charity. Our charity is also augmented. In recognizing God as the author of every blessing and of every good, we are led to cling to Him with the most devoted love. And the oftener the soul prays devoutly and implores the divine mercy, the more is the sense of love experienced in prayer.

Let us resolve, therefore, to give ourselves whole-heartedly to prayer, both to fulfill our obligation to God, and obtain those blessings in this life of which we stand most in need!

LITURGICAL SCHEDULE

SUNDAY, JANUARY 22
Third Sunday After Epiphany
6:30 am Special Intention by Sarah Seyed-Ali
8:00 am Celebrant's Intention
9:30 am Celebrant's Intention
11:00 am (High Mass) Pro Populo
1:00 pm OLMC Volunteers
5:00 pm Vespers and Compline

MONDAY, JANUARY 23
St. Raymond of Peñafort, Confessor
8:30 am Joseph Albi+ by Shari Albi

TUESDAY, JANUARY 24
St. Timothy, Bishop and Martyr
8:30 am Mary McCarthy+

WEDNESDAY, JANUARY 25
The Conversion of St Paul, Apostle
8:30 am (High Mass) William Maguire+ by Maguire Family

THURSDAY, JANUARY 26
St. Polycarp, Bishop and Martyr
8:30 am Pope Francis

FRIDAY, JANUARY 27
St. John Chrysostom, Bishop and Doctor
8:30 am Archbishop Aquila
7:00 pm Sydney Markich

SATURDAY, JANUARY 28
St. Peter Nolasco, Confessor
8:30 am Jane Brennan by OLOS Prayer Group

SUNDAY, JANUARY 29
Fourth Sunday After Epiphany
6:30 am OLMC Volunteers
8:00 am Celebrant's Intention
9:30 am Helen Delort+ by Tom and Rita Sullivan
11:00 am (High Mass) Pro Populo
1:00 pm Celebrant's Intention
5:00 pm Vespers and Compline

Fr. Krager's Private Intentions
23 - Alexis Daly by Amalie Hartley
24 - Dennis Reiter+ by John Christian
25 - Thomas McNulty Henderson
26 - Rastrelli Family by Robert and Mary Dalton
27 - Ammerman Family by Robert and Mary Dalton

Fr. McCarthy's Private Intentions
28 - For an End to Abortion

To request a Mass, please fill out a Mass intention offering envelope and put it in the drop box outside of the parish office or mail in a request.

ANNOUNCEMENTS

Today and Next Sun - Altar Flower Donation Drive: If you would like to provide flowers for a special intention, please visit the ARS table in the hall after the morning Masses. Thank you for helping to make our altar beautiful.

This Wed, Jan 25 - Diaper Drive: Please drop off any unused diapers in the St. Teresa of Avila room with the size clearly identified before 1pm on Wed, Jan 25th when all the diapers will be dropped off at Catholic Charities. For more information: ccdenver.org/diaper

This Sat, Jan 28 - Teen Movie Night: Featured Movie: "*All or Nothing: Sr. Clare Crockett*" hosted by Fr. Krager in the parish hall from 5-8pm. All teenagers in 9-12th grade are invited to dinner followed by a movie, popcorn, and dessert. Please sign-up on the latest Flocknote. For questions, contact Sara at parish.life@olmcfssp.org

This Sat, Jan 28 - Planned Parenthood Vigil: Join us for our monthly parish prayer vigil starting at 10:15 am. The facility is located at 7155 E 38th Ave. in Denver.

This Sat, Jan 28 - Holy Face Prayer Group: Join us in making reparation for sins committed against the majesty of God (atheism and idolatry, blasphemy, Sunday irreverence) before an authentic relic of the Veil of St. Veronica, from 9:30 - 10:30 am in the St. Elijah room.

Camp Mater Dei is a traditional Catholic girls' camp for ages 13-16. This year the camp will be held near Colorado Springs, sponsored by the FSSP apostolate there. An FSSP priest is the chaplain. The camp will take place Jul 24 - Aug 2. To register and find more information please visit the web site: http://www.campmaterdei.weebly.com. Places are filled very quickly. Anyone interested may speak with Fr McCarthy for further information.

Sat Apr 15 - Father-Daughter Dance: Save the date - more details coming soon. Please contact Angie with any questions: angie.flees@gmail.com.

Paid Volunteer Opportunity for Teenagers, Feb. 11th, from 6:15pm-9:15pm. OLMC is looking for four teenagers (14+) to help babysit here at the parish. There will be a $25 stipend. Please sign up using the QR code.

ANNOUNCEMENTS

3rd Annual OLMC Ball

Saturday, February 11

All parishioners, ages 18+, are invited to this annual black-tie event. The night will begin at 6:30pm with a talk by Fr. Nolan. RSVP using the QR code below. The cost is $5 for singles and $7 for couples. Limited babysitting will be provided, sign-up using the QR code below.

OLMC Ball RSVP:

Babysitting Sign-Up:

DAILY PRAYER LINE REQUESTS
Contact Jane Brennan: jmbrennan555@gmail.com

Please Pray for the Sick
Mac McCord, Martin Radocha, Michael Johnson, Florentia Knoell, David Williamson, Lane Reagan, Joanne Leary, Shirley Oxfurth, Marles Nicholls

Please Pray for the Repose of the Souls of
Dolores Drain, Cora Dixon, Paul Barrett, Don Ina, Betty Doray, Philip Dixon, Jilmer Benites, Jaime Benites, Gabriel Zuniga, Joanne Baker

ALTAR FLOWERS
The altar flowers this Sunday are for the intention of Mark Auger+, donated by Ellen Auger.

HOMEBOUND
Any parishioner confined to home who would like to receive the sacraments or the bulletin, please contact the parish office.

Electronic Giving via Faith Direct

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