



# Our Lady of Mt. Carmel

## CATHOLIC CHURCH

[www.olmcfssp.org](http://www.olmcfssp.org) + 5612 S. Hickory St. Littleton, CO 80120 + (303) 703-8538



A parish of the Archdiocese of Denver, CO served by the Priestly Fraternity of St Peter (FSSP) dedicated to the Traditional Latin Mass and Sacraments according to the 1962 Missal of Pope St John XXIII.

PASTOR  
**REV. MATTHEW J. MCCARTHY, FSSP**

ASST. PASTORS  
**REV. DANIEL NOLAN, FSSP**  
[asst.pastor1@olmcfssp.org](mailto:asst.pastor1@olmcfssp.org)  
**REV. ERIC KRAGER, FSSP**  
[father.krager@olmcfssp.org](mailto:father.krager@olmcfssp.org)

OFFICE HOURS  
**MON - FRI: 9:15 AM - 4:15 PM**  
[secretary@olmcfssp.org](mailto:secretary@olmcfssp.org)

SACRAMENTAL EMERGENCIES  
**303-241-2946**

SUNDAY LOW MASS  
**6:30 AM | 8:00 AM | 9:30 AM | 1:00 PM**

SUNDAY HIGH MASS  
**11:00 AM**

DAILY MASS  
**8:30 AM MON - SAT**  
**Also 7:00 PM FRI**

CONFESSIONS  
**30 MINUTES BEFORE EACH MASS**  
**SAT: 8 - 9:30 AM**  
**SAT: 3 - 4 PM**

DAILY MASS  
**6:30 AM SUN - SAT**  
Carmelite Monastery  
6138 S. Gallup St. Littleton, CO 80120

## First Sunday of Lent February 26, 2023



*Angelis suis mandavit de te.*

**From Fr. Krager**

A few months ago, I had the privilege of going to the Denver Art Museum to view the exhibit titled “Saints, Sinners, Lovers, and Fools.” It was mostly a collection of paintings by Flemish artists of the 16th-18th centuries. While there, I was struck by a genre of art called “vanitas,” coming from the Latin for “vanity, emptiness, futility.” Most examples of vanitas art comes in the form of paintings from the Netherlands. These paintings are usually very jarring, juxtaposing beautiful things of the world with things that remind us of the transience of life.

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## From Fr. Krager

For example, in one painting, a table might be littered with items representing various, contradictory concepts; coins for wealth, a bubble for transience, beautiful armor for honor, and rotting fruit for gradual decay in life. Lemons also make an appearance, which are wonderful symbols for the pleasures of the world, seemingly beautiful to behold from afar, but bitter to taste. In another piece, there might be a skull, reminding us of the inevitability of death, next to a beautiful woman dressed a bit immodestly, making us think of sins of the flesh.

In my favorite piece, these last two elements, skull and bodily beauty, were ingeniously joined into one image, and the body of a noble lady in a beautiful dress was surmounted by a decaying skull with a wig and wilting flowers. If we ever struggle with vanity, we should remember that, no matter how beautiful our faces, they will all, one day, be hideous skulls. No matter how well proportioned, healthy, and strong our bodies are, all evidence will soon be erased as our bodies become a scattered collection of ribs and vertebrae.

This all sounds quite gloomy, but a good number of the vanitas paintings actually end up being nearly humorous and serve to remind us to take ourselves lightly. Health, wealth, pleasure, and honor seem like a really big deal to us right now, but in a very short time, none of it will matter as we will all return to the dust from which we came. And so, we are called to live a godly life of virtue, prayer, and good works, focused on lasting, spiritual things which we can enjoy in both this life and the next. With this mindset, all crosses become lighter, all obstacles shrink from mountains down to mole hills.

Let us listen to St Gregory of Nyssa who says the following about death:

And so man separated himself from the fruit of all good things, and by his disobedience he was filled with the fruit that brings destruction. And the name of that fruit was mortal sin. Straightway he died to the more perfect life: he passed from a divine life to one on the level with irrational beasts. Once death was mingled with his nature, mortality was passed on to all generations of his children. Hence we are born into a life of death, for, in a certain sense, our very life has died.

Our life is indeed dead because we have been deprived of immortality. But the man who is aware that he lives in the midst of two lives can cross the barrier between them, such that by destroying the one he can give the victory to the other. Man by his death to the true life entered into this life of death. So too, when he dies to this irrational life of death, he is restored to life eternal. And so there is no doubt but that we cannot enter into this life of blessedness unless we die to sin.

## LITURGICAL SCHEDULE

### SUNDAY, FEBRUARY 26

#### First Sunday of Lent

6:30 am Teresa Hernandez+ by Luisa Logan  
8:00 am Celebrant's Intention  
9:30 am Peter Doran by Angee Igielinski  
**11:00 am (High Mass)** Pro Populo  
1:00 pm Celebrant's Intention  
5:00 pm Vespers and Compline

### MONDAY, FEBRUARY 27

#### Feria of Lent

8:30 am Tom Crum+ by The Fleischer Family

### TUESDAY, FEBRUARY 28

#### Feria of Lent

8:30 am Move Helpers by Kristina Pilat

### WEDNESDAY, MARCH 1

#### Ember Wednesday in Lent

8:30 am Smeby Family by Kristina Pilat

### THURSDAY, MARCH 2

#### Feria of Lent

8:30 am Pilat Family by Kristina Pilat

### FRIDAY, MARCH 3

#### Ember Friday in Lent

8:30 am Christine Oskirko+ by David Oskirko  
6:00pm Stations of the Cross  
7:00 pm Regina Caeli Academy

### SATURDAY, MARCH 4

#### Ember Saturday in Lent

8:30 am Special Intention by Vanessa Oskirko

### SUNDAY, MARCH 5

#### Second Sunday of Lent

6:30 am Felix Poletto+ by Kim Poletto  
8:00 am Celebrant's Intention  
9:30 am David McGrath+ by Kim Poletto  
**11:00 am (High Mass)** Pro Populo  
1:00 pm Celebrant's Intention  
5:00 pm Vespers and Compline

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#### Fr. Nolan's Private Intentions

27 - Ben and Alicia Wedding Anniversary  
28 - Laxton Children  
1 - Special Intention by Krystal O'Connell  
2 - Mark Kowalewski by MK Jones  
4 - Nate Igielinski by Angee Igielinski

To request a Mass, please fill out a Mass intention offering envelope and put it in the drop box outside of the parish office or mail in a request.

## ANNOUNCEMENTS

**All Fridays in Lent** are days of Abstinence by law, not pious custom.

### **This Sat, Mar 4th - Liturgical Music Conference**

presented by OLMC Music Director, Rick Wheeler in the parish hall from 9:30-11:45am. We will go over what liturgical music is, why it's something special, and why it should be set aside from daily life to belong only to the liturgy. There will be examples from history and a study of the concept of music itself. A suggested \$10 donation is asked of each attendee. Come and find out why we sing what we sing at OLMC.

**This Sun and Next, Feb 26 & Mar 5 - FNE Butter Braid Sale** after all morning Masses. Please stop by and support them as they earn funds for summer camp! You may also order online with the link in the flocknote or scan the QR code on the posters. Thank you in advance!

**Next Sun, Mar 5 - OLGs Seminarian Visit:** Join us at South Suburban Family Sports Center with the visiting OLGs seminarians. OLMC will pay the 'standard adventure' for every parishioner who would like to come, which includes two attractions per person. Hope to see you there!

**Family Sports Center Address:** 6901 S. Peoria St.  
Centennial, CO 80112

**Website:** [www.ssprd.org/family-sports-center](http://www.ssprd.org/family-sports-center)

**Fri & Sat, Mar 10-11 - Lenten Recollection** at Assumption Catholic Church in Denver in the spirit of Saint Francis de Sales, according to Salesian Spirituality, to include TLM, confessions and spiritual conferences. For questions, please contact [alphonso.pinto@archden.org](mailto:alphonso.pinto@archden.org)

**Tue, Mar 21 - Men's Night** begins with the Rosary at 6:00pm followed by a talk by Jim Blum, founder of *My Father's House* which not only provides shelter and a supportive community for men on parole, but also helps them accept God's love and discover new purpose in their lives.

**Apr 14-16 - Retrouvaille** helps couples through difficult times in their marriages. It is designed to provide the tools to help get your marriage back on track. This program has helped many couples experiencing marital difficulty at all levels including disillusionment and deep misery. For confidential information about or to register for the program, call (303) 317-5111, email [retrouvaille.co@gmail.com](mailto:retrouvaille.co@gmail.com), or visit the website at [www.HelpOurMarriage.com](http://www.HelpOurMarriage.com).

## ANNOUNCEMENTS

### Online Parish Calendar

Introducing our new online interactive calendar on the OLMC website! Please utilize it as a resource for information on all upcoming events at the parish.

#### **How to Access the Calendar:**

Visit [olmcfssp.org](http://olmcfssp.org) > Parish Events > Calendar

**OLMC Chapter Leader** needed for the 2023 Three Hearts Pilgrimage in Oklahoma, Oct 12-14. Duties include planning fundraisers, organizing payments, being the chapter leader during the pilgrimage, etc. This is a fantastic volunteer opportunity for a man with strong leadership skills and an active prayer life. If interested, please contact Fr. Nolan.

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### DAILY PRAYER LINE REQUESTS

Contact Jane Brennan: [jmbrennan555@gmail.com](mailto:jmbrennan555@gmail.com)

### **Please Pray for the Sick**

Mac McCord, Martin Radocha, Michael Johnson, Florentia Knoell, David Williamson, Lane Reagan, Joanne Leary, Jamie Jimenez, Alexis Daly, Kim Poletto

### **Please Pray for the Repose of the Souls of**

Jaime Benites, Gabriel Zuniga, Joanne Baker, Margie Meis, Marles Nicholls, Shirley Oxforth, Bryan Dobak, Tom Crum, Bryan Dobak, Emily, Ruth Mullarkey

### **ALTAR FLOWERS**

Lent is a penitential season, so there are no altar flowers this week.

### **HOMEBOUND**

Any parishioner confined to home who would like to receive the sacraments or the bulletin, please contact the parish office.

### **MONTHLY COLLECTION** - January:

Offertory: \$ 315,231.46

Capital: \$ 2,472.10

Poor Box: \$ 3,753



**Electronic Giving via Faith Direct**



# March

Please check the website calendar for more information and updates.

[olmcfssp.org/calendar](http://olmcfssp.org/calendar)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> <div> <p>This Month's Calendar is Sponsored by:</p>   <p><b>MATT MANSFIELD</b> REALTOR® Cell: 303-725-8484 mattmansfield@remax.net mattmansfieldrealestate.com 6020 Greenwood Plaza Blvd #100 Greenwood Village, CO 80111 <small>Each Office Independently Owned And Operated</small></p> </div>  </div>						
<b>5</b> 7:30-1pm FNE Butter Braid Sale 1pm (off site) Seminarian Visit 5pm Vespers	<b>6</b> 6:30am low Mass 8:30am high Mass both at OLMC 6-7pm Legion of Mary	<b>7</b> 6:30am solemn Mass at OLMC 9:30 - 11am Tues Book Club 5-6pm Shepherds of Christ	<b>1</b> 9:30 - 11am Legion of Mary 6-9pm SJBV + Hibernia 6:30 - 8:30pm Safety Team Meeting 7-8:30pm Choir Practice	<b>2</b> 5:45 - 7pm Art of Dying Well Class 7-8:30pm God Within Class by In Ipso	<b>3</b> 9:30am - 8am Sat 1st Friday Adoration 4:45 - 6pm Soup Potluck 6-6:45pm Stations of the Cross	<b>4</b> 9:30 - 11:45am Liturgical Music Conference 9:30-1pm St. Teresa Association
<b>12</b> 12:30 - 2pm Knights of Columbus 5pm Vespers	<b>13</b> 6-7pm Legion of Mary	<b>14</b> 9:30 - 11am Tues Book Club 9:30-10:30am Holy Face Devotion 5-6pm Shepherds of Christ	<b>15</b> 9:30 - 11am Legion of Mary 7-8:30pm Choir Practice 6-9pm SJBV Youth Group	<b>16</b> 7-8:30pm God Within Class by In Ipso	<b>17</b> 7pm high Mass 5-6pm Soup Potluck 6-6:45pm Stations of the Cross	<b>18</b> 9:30 - 12pm ARS 6-6:45pm Stations of the Cross
<b>19</b> Coffee & Donuts Hosted by the ARS 12:30 - 2pm Creation Study Group 2-5pm Young Ladies of OLMC 5pm Vespers	<b>20</b> 8:30am high Mass 6-7pm Legion of Mary	<b>21</b> 9:30 - 11am Tues Book Club 5-6pm Shepherds of Christ 6-9pm Men's Group	<b>22</b> 9:30 - 11am Legion of Mary 6-9pm Hibernia Music Group 7-8:30pm Choir Practice	<b>23</b> 5:45 - 7pm Art of Dying Well Class 7-8:30pm God Within Class by In Ipso	<b>24</b> 5-6pm Soup Potluck 6-6:45pm Stations of the Cross	<b>25</b> 8:30am high Mass 9:30 - 10:30am Holy Face Devotion 10:15 - 11am (off site) P.P. Prayer Vigil 6:30-10pm Women's Group
<b>26</b> 12:30 - 2pm Chess Club 5pm Vespers	<b>27</b> 6-7pm Legion of Mary	<b>28</b> 9:30 - 11am Tues Book Club 5-6pm Shepherds of Christ	<b>29</b> 9:30 - 11am Legion of Mary 6-9pm SJBV Youth Group 7-8:30pm Choir Practice	<b>30</b> 7-8:30pm God Within Class by In Ipso	<b>31</b> 5-6pm Soup Potluck 6-6:45pm Stations of the Cross	<b>1</b>