



# Our Lady of Mt. Carmel

## CATHOLIC CHURCH

[www.olmcfssp.org](http://www.olmcfssp.org) + 5612 S. Hickory St. Littleton, CO 80120 + (303) 703-8538



A parish of the Archdiocese of Denver, CO served by the Priestly Fraternity of St. Peter (FSSP) dedicated to the Traditional Latin Mass and Sacraments according to the 1962 Missal of Pope St. John XXIII.

PASTOR  
**REV. MATTHEW J. MCCARTHY, FSSP**

ASST. PASTORS  
**REV. DANIEL NOLAN, FSSP**  
[asst.pastor1@olmcfssp.org](mailto:asst.pastor1@olmcfssp.org)  
**REV. ERIC KRAGER, FSSP**  
[father.krager@olmcfssp.org](mailto:father.krager@olmcfssp.org)

OFFICE HOURS  
**MON - FRI: 9:15 AM - 4:15 PM**  
[office.manager@olmcfssp.org](mailto:office.manager@olmcfssp.org)  
[secretary@olmcfssp.org](mailto:secretary@olmcfssp.org)

SACRAMENTAL EMERGENCIES  
**303-241-2946**

SUNDAY LOW MASS  
**6:30 AM | 8:00 AM | 9:30 AM | 1:00 PM**

SUNDAY HIGH MASS  
**11:00 AM**

DAILY MASS  
**8:30 AM MON - SAT**  
**Also 7:00 PM FRI**

CONFESSIONS  
**30 MINUTES BEFORE EACH MASS**  
**SAT: 8 - 9:30 AM**  
**SAT: 3 - 4 PM**

DAILY MASS  
**6:30 AM SUN - SAT**  
Carmelite Monastery  
6138 S. Gallup St. Littleton, CO 80120

## Second Sunday After Epiphany

### January 14, 2024



*Hoc fecit initium signorum Iesus in Cana Galilææ:  
et manifestavit glóriam suam.*

**From Fr. Krager**

What is the most published and disseminated book in history? The Bible, that is easy. It is a bit trickier to determine which book comes in second place, though. Some will say the Quran, others will say it is Mao Zedong's "Little Red Book." One solid competitor, though, is the Imitation of Christ. It was completed just before the advent of the printing press, but even then, it was republished and translated at an unbelievable rate. Before the year 1900, it had gone through over 6000 republications. The popularity of this work is still high today. When I

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was in an airport not too long ago, a Protestant approached me, determined to convert me. After some conversation, he brought up that he was reading a great book called “Imitation of Christ.” I thought that was pretty amazing, so I took it and tried to open up to the parts where it talks about the Eucharist. Unfortunately, it was an abridged edition that had been sanitized of all Catholic elements.

The Saints have loved the Imitation of Christ. Ignatius of Loyola constantly read it, saying that “he would open it at random and he always came across something that was close to his heart at that time and which he needed.” Saint Therese of Lisieux cites it 14 times in her writings. Saint Thomas More said it is a book everyone should own. It was also beloved by Saint Dominic Savio.

Here are some extracts from this classic of Christian spirituality:

“If God were our one and only desire we would not be so easily upset when our opinions do not find outside acceptance.”

“At the Day of Judgement, we shall not be asked what we have read, but what we have done.”

“All men desire peace, but very few desire those things that make for peace.”

“Jesus has now many lovers of the heavenly kingdom, but few bearers of his cross.”

“As long as you live, you will be subject to change, whether you will it or not - now glad, now sorrowful; now pleased, now displeased; now devout, now undevout; now vigorous, now slothful; now gloomy, now merry. But a wise man who is well taught in spiritual labor stands unshaken in all such things, and heeds little what he feels, or from what side the wind of instability blows.”

“[The priest, on his vestments,] wears the cross before him that he may mourn his own sins, behind him, that in pity he may mourn the sins of others, and know that he is appointed to stand between God and the sinner, never to become weary of prayer and the holy offering until it is granted him to obtain grace and mercy. When the priest celebrates Mass, he honors God, gladdens the angels, strengthens the Church, helps the living, brings rest to the departed, and wins for himself a share in all good things.”

“Do not let your peace depend on the words of men. Their thinking well or badly of you does not make you different from what you are. Where are true peace and glory? Are they not in Me? He who neither cares to please men nor fears to displease them will enjoy great peace, for all unrest and distraction of the senses arise out of disorderly love and vain fear.”

## LITURGICAL SCHEDULE

### SUNDAY, JANUARY 14

#### Second Sunday After Epiphany

6:30 am Robert E. Dalton+

8:00 am Holy Souls in Purgatory+ by Seybert Family

9:30 am Holy Souls in Purgatory+ by Brad Farr

**11:00 am (High Mass)** Pro Populo

1:00 pm My Parents+ by Brad Farr

5:00 pm Vespers and Compline

### MONDAY, JANUARY 15

#### St. Paul the First Hermit, Confessor

8:30 am Mary Grace McCool

### TUESDAY, JANUARY 16

#### St. Marcellus I, Pope and Martyr

8:30 am Eleanor McCarthy

### WEDNESDAY, JANUARY 17

#### St. Anthony, Abbot

8:30 am Salvatore Sala+ by Pasquale C. DePalma

### THURSDAY, JANUARY 18

#### Feria

8:30 am My Brother+ by Brad Farr

### FRIDAY, JANUARY 19

#### Feria

8:30 am Private Intention by James Enright

7:00 pm Private Intention by James Enright

### SATURDAY, JANUARY 20

#### Ss. Fabian, Pope, and Sebastian, Martyrs

8:30 am Jamie Tafoya Jimenez by Ramiro Jimenez, Jr

### SUNDAY, JANUARY 21

#### Third Sunday After Epiphany

6:30 am Private Intention by Ramiro Jimenez, Jr

8:00 am Parker Levesque by Peter and Sarah Levesque

9:30 am Donna Seibert by Charles and Angie Gurule

**11:00 am (High Mass)** Pro Populo

1:00 pm Seibert Family by Charles and Angie Gurule

5:00 pm Vespers and Compline

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#### Fr. Nolan's Private Intentions

**15** Mary Stemper+ by John Christian

**16** Michael Gundzik+ by John Christian

**17** Betsy Bolduc+ by George and Carolyn Brown

**18** Private Intention by James Enright

**20** Private Intention by Ramiro Jimenez, Jr

## ANNOUNCEMENTS

**Tomorrow, Mon, Jan 15 - The Parish Office** will be closed.

**First Sacraments:** If you have a child in the 3rd grade of religion class in school, they are eligible to receive First Holy Communion/Confirmation in 2024. For more info, please go to [olmcfssp.org](http://olmcfssp.org) > sacraments > first holy communion/confirmation. Classes will be on Sundays at 2:15pm beginning on Jan 28. Registration ends Jan 14.

**Next Sun, Jan 21 - First Sacraments Parent Meeting** will be at 2:15pm in the St. Albert room. Only parents who have never attended a First Communion & Confirmation Parent Meeting before are required to attend.

**Children's Music Program:** Fr Krager would like to thank the hard work and dedication of the parents and children involved in the music program this past semester. The spring semester will be Feb-May on Tue from 6-7:15pm, beginning Feb 13. Tuition is \$100 per family and is due by Feb 4. Make checks to "OLMC", with "Children's Choir" in the memo.

This semester, the program is expanding to two classes, one for beginners and another for advanced. Fr Krager will continue to work with the beginners. The advanced instructor will be fellow parishioner Carrie Nolan, a professional children's music teacher currently working at Notre Dame Catholic School in Denver. She brings a wealth of educational and musical knowledge that will help to develop our music program and teach our children how to glorify God with the rich musical traditions of the Church. Please email Fr Krager to register or with any questions.

**K of C Essay Contest Winners:** Thank you to all who participated in our first annual essay contest. This year's prompt was "Evangelizing in the Digital Age". Congratulations to our winners 1st: Veronica Igielinski, 2nd: Sophia Medlin, 3rd: Cecilia Trandem.

**This Sat, Jan 20 - Benefit Concert** for Our Lady of Victory Academy at 12pm and 7pm at St Thomas More parish in Centennial. Refreshments to follow. Concert will feature Beethoven Waldstein Sonata, Bizet Carmen piano duo, Ave Maria ensemble, and more! Recommended donation \$50 per family. Call 303-506-2944 with questions.

**This Sat, Jan 20 - Laeta Vita Movie Night** from 5-9pm in the St. Elijah room. All single women (18-35) of the parish are invited!

**Next Sun, Jan 21 - Blood Drive** from 9am-1pm in the St. Albert room. This event is sponsored by the K of C. Vitalant will be running the drive. Sign-up in Flocknote or the QR code.



**Sun, Jan 28 - Burrito Breakfast:** The Knights of Columbus will be selling burritos after all morning Masses.

**Sun, Jan 28 - Basics of Gut Health Talk** in the conference room beginning at 1pm. The talk will present some basic strategies for keeping your gut healthy through modifications to your diet. Come find out why gut health matters!

## ANNOUNCEMENTS

### Bethlehem Handicrafts

Next Sun, Jan 21 - Stop by the parish hall to see a collection of beautiful olive wood carvings & gifts from the Holy Land following each Mass. Wood carving allows us to pass the faith on to generations of Christians, ensuring that the faith is alive and well in the Holy Land. By purchasing our items, you are supporting the future of Christians in the Holy Land!

**Sun, Feb 4 - Marriage Preparation Class:** "What Do You Expect? - Practical Aspects of Living Together as Newlyweds" from 12:45-2pm in the St. Teresa Room. This informative and entertaining class focuses on Communication and Expectations new couples will bring into their marriage from their Family of Origin. Bring a T-Shirt and a pair of socks. RSVP is requested to Elizabeth at [ejcelli@gmail.com](mailto:ejcelli@gmail.com).

**Sat, Feb 10 - 4th Annual Winter Dance** open to parishioners, 18+, no dance experience required, starts 7pm. Refreshments provided. Goodwill donations will be accepted at the door. If you are a newlywed, please wear your wedding attire! Contact Mary Morley at [mecasalazar22@gmail.com](mailto:mecasalazar22@gmail.com) if you are willing to volunteer.

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**OLMC Online Parish Calendar** is available via the website or the code to the right. Please check there for upcoming events.



### DAILY PRAYER LINE REQUESTS

Contact Jane Brennan: [jmbrennan555@gmail.com](mailto:jmbrennan555@gmail.com)

### Please Pray for the Sick

David Williamson, Lane Reagan, Joanne Leary, Jamie Jimenez, Kim Poletto, Jacob, Jaxson, Joan Anselmi, Esther Garcia, Indigo Williamson

### Please Pray for the Repose of the Souls of

Peter Doran, Jackie Briggs, Thomas Morley, Patricia Jambor, JoAnn Ice, Geraldine Marie Pellant, Lydia Ferran, Francis Smith, James Sohmer, Fr. James Buckley, FSSP,

### ALTAR FLOWERS

The altar flowers this Sunday are for Jack Mulligan donated by Carolyn Mulligan

### HOMEBOUND

Any parishioner confined to home who would like to receive the sacraments or the bulletin, please contact the parish office.

**Electronic Giving via Faith Direct**







*You are cordially invited to participate in the OLMC*

*Altar and Rosary Society's*

## **Annual Altar Flower Donation Drive**

*Sunday, January 21, 2024*

**in the parish hall after all masses**

**(or until all slots are filled)**

This is your opportunity to make a donation toward the purchase of flowers to beautify the altar on specific Sundays and Feast days throughout the year. These donations will be publicized in the weekly parish bulletin with the intention and the name(s) of the donors, as well as on the Altar Flower poster in the hallway between the church and hall.

Particular days are assigned numbers of vases:

**2 Vases - \$40 (2<sup>nd</sup> and 3<sup>rd</sup> class feasts, i.e., most Sundays)**

**4 Vases - \$70 (1<sup>st</sup> class feasts)**

**6 Vases - \$100 (Solemnities)**

**1 Vase weekly in front of Our Lady of Guadalupe - \$20**

Please bring cash, check or credit card. Payment must be made at time of sign up.

