



Our Lady of Mt. Carmel

CATHOLIC CHURCH

www.olmcfssp.org + 5612 S. Hickory St. Littleton, CO 80120 + (303) 703-8538



A parish of the Archdiocese of Denver, CO served by the Priestly Fraternity of St. Peter (FSSP) dedicated to the Traditional Latin Mass and Sacraments according to the 1962 Missal of Pope St. John XXIII.

Third Sunday after Pentecost

June 9, 2024

PASTOR
REV. MATTHEW J. MCCARTHY, FSSP

ASST. PASTORS
REV. DANIEL NOLAN, FSSP
asst.pastor1@olmcfssp.org
REV. ERIC KRAGER, FSSP
father.krager@olmcfssp.org

OFFICE HOURS
MON - FRI: 9:15 AM - 4:15 PM
office.manager@olmcfssp.org
secretary@olmcfssp.org

SACRAMENTAL EMERGENCIES
303-241-2946

SUNDAY LOW MASS
6:30 AM | 8:00 AM | 9:30 AM | 1:00 PM

SUNDAY HIGH MASS
11:00 AM

DAILY MASS
8:30 AM MON - SAT
Also 7:00 PM FRI

CONFESSIONS
30 MINUTES BEFORE EACH MASS
SAT: 8 - 9:30 AM
SAT: 3 - 4 PM

DAILY MASS
6:30 AM SUN - SAT
Carmelite Monastery
6138 S. Gallup St. Littleton, CO 80120



Quis ex vobis homo, qui habet centum oves: et si perdidit unam ex illis, nonne dimittit nonaginta novem in deserto, et vadit ad illam, quæ perierat, donec inveniat eam?

From Fr. Krager

Cast all your anxiety upon God, because He cares for you. (1 Pt. 5)

We are richer and more secure than 99% of human beings have been for 99% of human history, and yet we are more anxious than ever. Glowing screens pump rage inducing news into our minds and offer ten thousand products we don't need to buy and keep us busy with endless entertainment. We are anxious because we have all these things that should make us happy, but by possessing them, we find that they do no such thing. We are anxious because we lack a right relationship with God and a right understanding of our purpose in life. That purpose is to pursue that right relationship with God by practicing virtue,

(Continued on page 2)

holiness, and charity. When we are anxious, let us recall what Holy Scripture says on the subject:

“Be nothing solicitous [anxious]; but in everything, by prayer and supplication, with thanksgiving, let your petitions be made known to God. And the peace of God, which surpasseth all understanding, keep your hearts and minds in Christ Jesus.” (Phil. 4)

“Peace I leave with you, my peace I give unto you: not as the world giveth, do I give unto you. Let not your heart be troubled, nor let it be afraid.” (John 14)

“For God hath not given us the spirit of fear: but of power, and of love, and of sobriety.” (2 Tim. 1)

St. Francis de Sales in his wonderful book “Introduction to the Devout Life” says the following about anxiety:

“Anxiety arises from an unregulated desire to be delivered from any pressing evil, or to obtain some hoped-for good. Nevertheless, nothing tends so greatly to enhance the one or retard the other as over-eagerness and anxiety.”

Birds that are captured in nets and snares become inextricably entangled therein, because they flutter and struggle so much. Therefore, whensoever you urgently desire to be delivered from any evil, or to attain some good thing, strive above all else to keep a calm, restful spirit, - steady your judgment and will, and then go quietly and easily after your object, taking all fitting means to attain thereto.

By easily I do not mean carelessly, but without eagerness, disquietude or anxiety; otherwise, so far from bringing about what you wish, you will hinder it, and add more and more to your perplexities. "My soul is always in my hand, yet do I not forget Thy Law," David says. Examine yourself often, at least night and morning, as to whether your soul is "in your hand;" or whether it has been wrested thence by any passionate or anxious emotion. See whether your soul is fully under control, or whether it has not in anywise escaped from beneath your hand, to plunge into some unruly love, hate, envy, lust, fear, vexation or joy. And if it has so strayed, before all else seek it out, and quietly bring it back to the Presence of God, once more placing all your hopes and affections under the direction of His Holy Will.

Just as one who fears to lose some precious possession holds it tight in his hand, so, like King David, we ought to be able to say, "My soul is always in my hand, and therefore I have not forgotten Thy Law."

Elsewhere, St. Francis de Sales writes as follows:

“Be at peace. Do not look forward in fear to the changes of life; rather look to them with full hope as they arise. God, whose very own you are, will deliver you from out of them. He has kept you hitherto, and He will lead you safely through all things; and when you cannot stand it, God will bury you in his arms. Do not fear what may happen tomorrow; the same everlasting Father who cares for you today will take care of you then and every day. He will either shield you from suffering or will give you unfailing strength to bear it. Be at peace and put aside all anxious thoughts and imagination.”

LITURGICAL SCHEDULE

SUNDAY, JUNE 9

Third Sunday after Pentecost

6:30 am Peter Doran+ by Debra Wachsmuth
8:00 am FSSP and Preservation of the TLM
9:30 am Tom Morley+ by Anthony Morley
11:00 am (High Mass) Pro Populo
1:00 pm Tom Morley+ by Anthony Morley
5:00 pm Vespers and Compline

MONDAY, JUNE 10

St. Margaret, Queen of Scotland

8:30 am Peter Doran+ by Kathy Peyton

TUESDAY, JUNE 11

St. Barnabas, Apostle

8:30 am Jacquelyn Briggs+ by Field Family

WEDNESDAY, JUNE 12

St. John of San Facundo, Confessor

8:30 am Michael McCarthy

THURSDAY, JUNE 13

St. Anthony of Padua, Confessor & Doctor

8:30 am Peter Doran+ by Kathy Peyton

FRIDAY, JUNE 14

St. Basil the Great, Bishop, Confessor & Doctor

8:30 am Isabelle Medlin

7:00 pm Peter Stur by Christina Stur

SATURDAY, JUNE 15

Saturday of Our Lady

8:30 am Fr. Nathan Roberts by Emma Roberts

SUNDAY, JUNE 16

Fourth Sunday after Pentecost

6:30 am Andrew Stur by Christina Stur
8:00 am Miguel Sanchez Servin+ by Benita Sanchez
9:30 am Rev. Frs. Mattew McCarthy, Daniel Nolan, Eric Krager and Daniel Kluge by Wojniak Family
11:00 am (High Mass) Pro Populo
1:00 pm Japheth Stur by Christina Stur
5:00 pm Vespers and Compline

Fr. Nolan's Private Intentions:

10 Juana Saturos Laping+ by Wojniak Family
11 Peter Doran+ by Kathy Peyton
12 Fernando Boschini by Campbell Family
13 Miguel Sanchez Servin+ by Benita Sanchez

ANNOUNCEMENTS

This Tue, Jun 11 - St. Joseph Business Club: Join us from 11:30-1pm for our next lunch and networking event featuring Michael Lavrisha who will be speaking on *The Near Occasion of Charity: Distributism*. Sign up in the Flocknote.

This Sat, Jun 15 - Laeta Vita Mass and Hike: Single women ages 18-35 are invited to join us for a hike at the Carson Nature Center following the 8:30am Mass. Please contact Mary at marybeth02@comcast.net or 720-527-9511 to RSVP or with any questions. Hope to see you there!

Sat, Jun 22 - Leisure and Culture Game Night from 6-9pm in the parish hall for adults 21+, to connect adults from all walks of life in an enriching environment. Come in your Sunday best or teatime attire. Contact Hope Hecker (h2jcxavier@gmail.com) with any questions.

Sat, Jul 13 - Denver Catholic Special Needs Summer Potluck: Join us for our 3rd annual summer potluck from 4:30-6:30pm! Come meet other families for food, fun and fellowship. RSVP to Kate at kateanderson360@gmail.com.

Sat, Jul 20 - Respect Life 5k Run/Walk 2024: Race starts at 8am at Light of the World parish in Littleton. Join last year's winning team, Our Lady of Hope Medical Clinic, by signing up with "OLMC & OLHMC". Entry due by July 17. Scan QR to sign up. Contact Laura Anselmi with questions at 720-880-8248.

Jul 29-Aug 1 - OLMC Girls' Summer Camp for parishioners ages 6-18. Two weeks left to register! Register via the Flocknote or the parish office. All forms & payment are due by June 28. Adults interested in helping can contact the business manager and olmcsummercamp2024@gmail.com.

Mon-Thu, Aug 12-15 - OLMC Chant Camp: Registration is now open for children aged 7-14. Camp will be 8:30am-3pm each day and include Mass, classes, games, and musical drills. The camp will culminate in the choristers' singing for a high Mass on the feast of the Assumption. Register by emailing music.director@olmcfssp.org, on Flocknote, or at the office. Cost is \$100/child and \$50/child for the third child and after.

Aug 23-24 - Return to Tradition Women's Conference: Registration is now open! The conference is over half full; please sign up soon to reserve your spot as space is limited. Visit restoretradition.com for more info and to register.

Sat, Sep 28 - 8th Denver Women's Conference at the DCSD Legacy Campus in Lone Tree. Parishioner Daniel Campbell is a guest speaker. More info in the Flocknote or at denvercatholicconference.com.

ANNOUNCEMENTS

Youth Group Bonfire

This Sat, Jun 15 - Youth aged 13-17 are invited to a bonfire at 205 Rangeview Dr., Littleton, 6-9pm. There will also be basketball, spikeball, frisbee, food, refreshments, and a spiritual talk by Fr. Krager. Sign-up with QR code or Flocknote.



Appropriate Dress: Please show respect for Our Divine Lord and fellow parishioners at Mass. Men should be in collared shirts (no T-shirts with graphics etc.) and long pants. Ladies should be in opaque clothing coming up to the neckline front and back, covering the torso and shoulders/upper arms, skirts coming down to at least the knees.

OLMC Online Parish Calendar is available via the website or the code to the right. Please check there for upcoming events.



DAILY PRAYER LINE REQUESTS

Contact Jane Brennan: jmbrennan555@gmail.com

Please Pray for the Sick

David Williamson, Jamie Jimenez, Kim Poletto, Jacob, Jaxson, Indigo Williamson, Jeff McBride, Shannon Coffey, Miriam Halazon, John Filipczak, Mary Robles, Evelyn Petty

Please Pray for the Repose of the Souls of

Fr. James Buckley FSSP, Tom Rogus, Irene Cornish, Mary Carter, John Lange

ALTAR FLOWERS

The altar flowers for the feast of the Sacred Heart were donated for Peter+, Donald+, and Doris Nalty+ by Helen Kish

The altar flowers this Sunday are donated for a Private Intention by the Fleischer family

The flowers before Our Lady of Guadalupe this Sunday are donated in honor of Fr. Daniel Nolan, FSSP by Kim Anderson

HOMEBOUND

Any parishioner confined to home who would like to receive the sacraments or the bulletin, please contact the parish office.

Electronic Giving via Faith Direct



Sacred Heart of Jesus

Word Search

Can you find the words hidden in the puzzle?

R	Y	P	H	G	E	Y	Y	Z	I	Z	M
S	T	R	U	S	T	O	A	Y	N	E	D
L	P	Y	M	V	X	T	U	O	C	X	E
Y	O	K	B	P	T	N	I	Z	O	E	V
E	O	V	L	Z	A	T	K	O	S	G	O
T	S	V	E	E	A	E	N	I	F	A	T
M	A	R	G	R	E	T	M	A	R	Y	I
I	D	E	A	M	U	O	M	N	X	R	O
Y	T	P	N	Z	R	T	O	N	A	P	N
E	E	R	X	P	G	R	T	A	O	J	R
R	S	A	C	R	I	F	I	C	E	N	Z
I	I	R	A	Z	R	X	T	T	T	A	O

DEVOTION

HUMBLE

TRUST

SACRIFICE

LOVE

REPARATION

PROMISE

MEEK

MARGARET MARY