



Our Lady of Mt. Carmel

CATHOLIC CHURCH

www.olmcfssp.org + 5612 S. Hickory St. Littleton, CO 80120 + (303) 703-8538



A parish of the Archdiocese of Denver, CO served by the Priestly Fraternity of St. Peter (FSSP) dedicated to the Traditional Latin Mass and Sacraments according to the 1962 Missal of Pope St. John XXIII.

PASTOR

REV. MATTHEW J. MCCARTHY, FSSP

ASST. PASTOR

REV. JOSEPH LOFTUS, FSSP

father.loftus@olmcfssp.org

ASST. PASTOR

REV. PADRAIC STACK

father.stack@olmcfssp.org

IN RESIDENCE

REV. JOSEPH DALIMATA, FSSP

father.dalimata@olmcfssp.org

OFFICE HOURS

MON - FRI: 9:15 AM - 4:15 PM

OFFICE MANAGER: Bruce Muhe, III

office.manager@olmcfssp.org

SECRETARY: Kaleigh Sims

secretary@olmcfssp.org

DIRECTOR OF MUSIC: David Hughes

music.director@olmcfssp.org

SACRAMENTAL EMERGENCIES

303-241-2946

SUNDAY LOW MASS

6:30 AM | 8:00 AM | 9:30 AM | 1:00 PM

SUNDAY HIGH MASS

11:00 AM

DAILY MASS

8:30 AM MON - SAT

Also 7:00 PM FRI

CONFESSIONS

30 MINUTES BEFORE EACH MASS

SAT: 8 - 9:30 AM

SAT: 3 - 4 PM

DAILY MASS

6:30 AM SUN - SAT

Carmelite Monastery

6138 S. Gallup St. Littleton, CO 80120

Ninth Sunday after Pentecost

August 10, 2025



*Circumdabunt te inimici tui vallo... et coangustabunt te
undique: et ad terram prosternent te... et non relinquent in
te lapidem super lapidem: eo quod non cognoveris tempus
visitationis tuas.*

From Fr. Loftus

An excerpt from *The Consoling Thoughts of St. Francis De Sales* Gathered and Arranged by Rev. Pere Huguet

TO ATTAIN PERFECTION WE MUST PATIENTLY ENDURE OUR IMPERFECTION (Part 1)

We must have our mind settled on two points: one, to expect the growth of weeds in our garden; the other, to have courage to witness their removal, and to lend a hand ourselves. For self-love will not die as long as we live, and it is the origin of all those unwelcome productions. Man carries himself everywhere about with him, finds himself everywhere, and misery is attached to him as a shadow to the body. According to the general opinion of good people, you

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should suspect all those desires which cannot be followed by their effects. Such are the desires of a certain Christian perfection which may be imagined, but cannot be practiced, and of which many can give lessons, but none a specimen.

Know that the virtue of patience is that which secures us the greatest perfection; and if we must have patience with others, we must also have it with ourselves. Those who aspire to the pure love of God, have more need of patience with themselves than with others. To attain perfection, we must endure our imperfection. I say: we must suffer it with patience, not love or cherish it; humility is fortified in suffering. We must acknowledge the truth: we are miserable creatures, who can scarcely do any good; but God, who is infinitely good, is content with our little works, and the preparation of our heart is agreeable to Him. (Psalm 9:38).

To travel well, we should apply ourselves to the present day's journey and not concern ourselves about the final one before we have finished the first. Remember this: we sometimes amuse ourselves so much about being good angels, that we hardly labor to become good men. Our imperfection will accompany us to the grave. We cannot walk without touching the ground. It is not necessary to lie or wallow there; neither is it necessary to think of flying; for we are so small, that we have not yet got wings. We die little by little; so we must also die to our imperfections day by day. O precious imperfections! Which show us our misery, exercise us in humility and self-contempt, in patience and diligence, and in spite of which, God has regard to the preparation of our heart, that it may be perfect.

You complain of the many imperfections and defects to be found in your life, contrary to your desire of perfection, and to the purity of the love of God. I answer that anything else is impossible here below. We must carry ourselves about with us until God carries us to Heaven; and so long as we carry ourselves, we shall have nothing to boast of. O God, how great a blessing it is to know our weakness and our misery! This knowledge will serve us for the remainder of our days. "What does he know" says the Holy Scripture, "who has not been tempted?" My God, how much I desire to be humbled and confounded!"

Live joyful: Our Lord looks upon you, and looks upon you with love, and with tenderness in proportion to your weakness. Never permit your mind to willingly entertain thoughts to the contrary, and when they come, regard them not; turn your eyes away from their iniquity, and turn them towards God with a courageous humility, to speak to Him of His ineffable goodness, by which He loves our poor, abject, fallen nature, notwithstanding all its misery.

LITURGICAL SCHEDULE

SUNDAY, AUGUST 10

Ninth Sunday after Pentecost

6:30 am Laura Garcia by Jaime Garcia
8:00 am Celebrant's Intention
9:30 am Jose Servin+ by Benita Sanchez
11:00 am (High Mass) Pro Populo
1:00 pm FSSP and Preservation of the TLM
5:00 pm Vespers and Compline

MONDAY, AUGUST 11

Feria

8:30 am (High Mass) Nancy Lang by Gwyn Duke

TUESDAY, AUGUST 12

St. Clare, Virgin

8:30 am (High Mass) Special Intentions
by Stacie Eggemeyer

WEDNESDAY, AUGUST 13

Feria

8:30 am (High Mass) Gabriel Goodnight
by Steve and Danielle Goodnight

THURSDAY, AUGUST 14

Vigil of the Assumption

8:30 am (High Mass) Carmen Baca+ by Jaime Garcia
7:00 pm Adoration and Benediction

FRIDAY, AUGUST 15

Assumption of BVM

8:30 am Jose Servin+ by Benita Sanchez
12:00 pm (High Mass) Pope Leo XIV
7:00 pm (High Mass) Pro Populo

SATURDAY, AUGUST 16

St. Joachim, Father of BVM, Confessor

8:30 am Special Intentions by James Eggemeyer

SUNDAY, AUGUST 17

Tenth Sunday after Pentecost

6:30 am Thania LaMere Ruiz by Laurel Sanchez
8:00 am Archbishop Aquila
9:30 am Preservation of the TLM by Helen Kish
11:00 am (High Mass) Pro Populo
1:00 pm Armel Greve+ by Reinhold and Barbara Greve
5:00 pm Vespers and Compline

ANNOUNCEMENTS

Appropriate Dress: Please show respect for Our Divine Lord and fellow parishioners at Mass. Men should be in collared shirts (no T-shirts with graphics etc.) and long pants. Ladies should be in opaque clothing coming up to the neckline front and back, covering the torso and shoulders/upper arms, skirts coming down to at least the knees.

Fr. Loftus will be away Aug 11 - Sep 6 inclusive.

Parish Office is closed this Fri, Aug 15.

Blessed Items Table: Please remember to pick up the items you drop off. Items are blessed every Saturday.

High Masses this Week at 8:30am, Mon-Thu.

This Thu, Aug 14 - Holy Face Hour of Public Reparation: Please join us on the second Thursday of each month at 5:45pm for a time of prayer where we offer the Holy Face of Jesus in reparation for our sins and blasphemies against Almighty God, especially those of the state of Colorado. Come and venerate Jesus' Holy Face on a relic image of the Veil of Veronica and console Him.

This Fri, Aug 15 - Assumption of BVM is a Holy Day of Obligation. Mass times are at 6:30am (High Mass at Carmelite Monastery), 8:30am, 12pm (High Mass), and 7pm (High Mass).

This Sat, Aug 16 - Leisure and Culture Night from 6-9pm in the parish hall for adults 21+, to connect adults from all walks of life in an enriching environment. Come in your Sunday best or teatime attire. Contact Hope (h2jcxavier@gmail.com) with any questions.

Next Sun, Aug 17 - Burrito Breakfast after all morning Masses sponsored by the Knights of Columbus.

Fri-Sat, Aug 22-23 - Restore Tradition Women's Conference: Registration is open for our fourth annual conference held at OLMC. Register soon as space is limited. Please go to restoretradition.com for more details or to register.

Sun, Aug 24 - Holy Family Media will be in the parish hall selling items after every Mass. There will also be exquisite religious art (oil on canvas) for sale from Fr. Navarro.

Sep 5-7 - Retrouvaille Marriage Weekend: No matter how close or far apart you may feel, the Retrouvaille program offers a path to reconnect and heal. You are not alone. Many couples have found renewed love, deeper communication, and lasting peace. Take the first step toward rediscovering the relationship you once cherished. Call 720-257-9106 or visit retrouvailleofdenver.org to learn more or to register.

Sat, Sep 13 - ARS Jumble Sale Donations: Save the date for our 4th annual parish jumble sale! We are accepting your clean, unbroken, useful, & beautiful treasures! Drop-off times are Sat, Aug 30 and Sat, Sep 6 from 9:30-11:30pm at the rectory garage. Last drop off day is Wed, Sep 10 at the parish hall.

Sun, Sep 14 - 11th Annual Nun Run for Sisters of Life: The race includes a 1/2 marathon, 5k and a 1-mile Family Fun Walk. As each race finishes, games, snacks, and fellowship are enjoyed in deKoevend Park, Centennial. The morning will conclude with an outdoor Mass at 11am in the park. Register at NunRunSistersofLife.com.

ANNOUNCEMENTS

Parish Assumption Cookout

This Fri, Aug 15 - All are welcome to join us for our second annual cookout after the 12pm High Mass. Cake and drinks provided by the parish. Please bring burgers, condiments, and sides as this is an entirely volunteer-run event. Sign up in the Flocknote. Email Kevin@KevinMcCarty.org with any questions

Sun Sep 21 - Annual Parish Picnic at deKoevend Park in Centennial after the 1pm Mass. Mark your calendars! More details to come.

Thu-Sat, Oct 9-11 - Three Hearts' Pilgrimage (THP): Join the OLMC Chapter for the 2025 THP! Register soon as space is limited! This is a 35-mile sacrificial trek in Hulbert, OK. Visit olmcthreehearts.com to register. Transportation is available from the parish to the pilgrimage and back. For further information, please contact Aaron Robinson at olmc3hearts2025@gmail.com.

OLMC Online Parish Calendar is available via the website or the code to the right. Please check there for upcoming events.



DAILY PRAYER LINE REQUESTS
Contact Jane Brennan: jmbrennan555@gmail.com

Please Pray for the Sick
David Williamson, Jamie Jimenez, Jacob Jaxson, Indigo Williamson, Jeff McBride, Shannon Coffey, Miriam Halazon, John Filipczak, Cristina Vigil, Maria McKinley, Rebecca Noël Moser, Joanne Leary, Ronald Rider, Susan Martin, Nicholas Trandem, Phil Webb.

Please Pray for the Repose of the Souls of
Mary Robles, William Luetticke, Elvie Proto, Kim Poletto, Fr. Salgado FSSP, Michael Anderson, Fr. James B. Doran, John & Eugenia Casbergue, Ronald & Dorothy Seybert, Blake Bratcher

HOMEBOUND
Any parishioner confined to home who would like to receive the sacraments or the bulletin, please contact the parish office.

Sanctuary Flower Intentions		
Feast		Intention
IX Sunday after Pentecost	Main Altar	In Thanksgiving by Dunsford Family
	Our Lady of Guadalupe	For Our Anniversary by Jeff & Donna Monroe
Assumption of the BVM	Main Altar	Deceased Members of Corey, Johnson, Jaeger, Cobai, Rozman, & Halazon Families+ by Fred and Miriam Halazon
	Our Lady of Guadalupe	Zia Pueblo by Rebecca Thompson

Electronic Giving via Faith Direct

OUR LADY OF...

O W U M O U N T C A R M E L O
O D D T T E T S T A A K N A O
T U E L M T O N S N O W S G P
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L U N R E T T E L A S A L A L

AKITA

FATIMA

GRACE

GUADALUPE

KNOCK

LASALETTE

LORETTO

LOURDES

MIRACULOUS
MEDAL

MOUNT
CARMEL

SNOWS

SORROWS