



Our Lady of Mt. Carmel

CATHOLIC CHURCH

www.olmcfssp.org + 5612 S. Hickory St. Littleton, CO 80120 + (303) 703-8538



A parish of the Archdiocese of Denver, CO served by the Priestly Fraternity of St. Peter (FSSP) dedicated to the Traditional Latin Mass and Sacraments according to the 1962 Missal of Pope St. John XXIII.

PASTOR

REV. MATTHEW J. MCCARTHY, FSSP

ASST. PASTOR

REV. JOSEPH LOFTUS, FSSP
father.loftus@olmcfssp.org

ASST. PASTOR

REV. PADRAIC STACK
father.stack@olmcfssp.org

IN RESIDENCE

REV. JOSEPH DALIMATA, FSSP
father.dalimata@olmcfssp.org

OFFICE HOURS

MON - FRI: 9:15 AM - 4:15 PM

OFFICE MANAGER: Bruce Muhe, III
office.manager@olmcfssp.org

SECRETARY: Kaleigh Sims
secretary@olmcfssp.org

DIRECTOR OF MUSIC: David Hughes
music.director@olmcfssp.org

SACRAMENTAL EMERGENCIES
303-241-2946

SUNDAY LOW MASS

6:30 AM | 8:00 AM | 9:30 AM | 1:00 PM

SUNDAY HIGH MASS

11:00 AM

DAILY MASS

8:30 AM MON - SAT
Also 7:00 PM FRI

CONFESSIONS

30 MINUTES BEFORE EACH MASS
SAT: 8 AM until the line is gone.
SAT: 3 - 4 PM

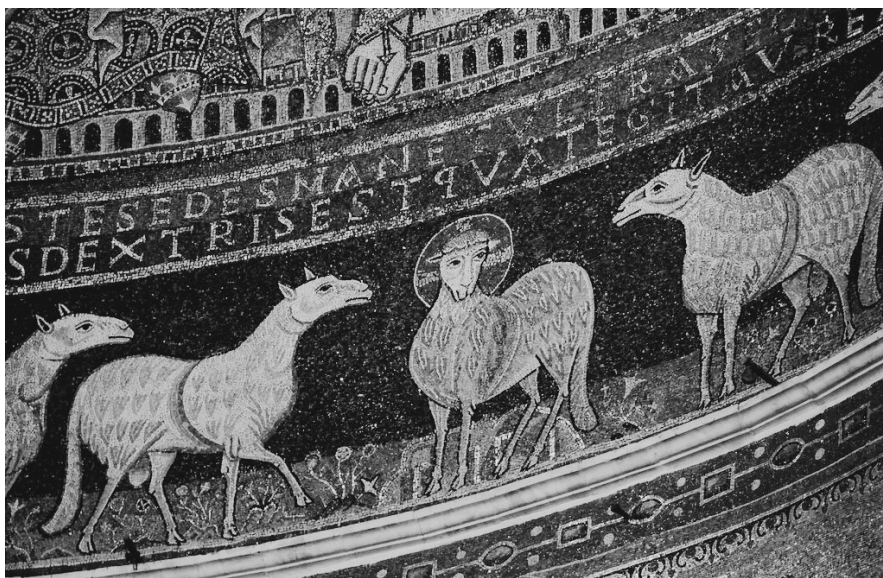
DAILY MASS

6:30 AM SUN - SAT

Carmelite Monastery
6138 S. Gallup St. Littleton, CO 80120

Twenty-fourth and Last Sunday after Pentecost

November 23, 2025



*Orante Sancto Cleménte, appáruit ei Agnus Dei
de sub cujus pede fons vivus emánat*

From Fr. Loftus

We Must Labor at Our Perfection Without Uneasiness

An excerpt from The Consoling Thoughts of St. Francis De Sales
Gathered and Arranged by Rev. Pere Huguet

There are two very different chords, yet equally necessary to be tuned, before playing on the lute, namely, the treble and the bass. It would seem, at first sight, that nothing could be more discordant than a high note and a low note; yet, by their harmony, the most agreeable music is produced, and, in the absence of either, the lute would be unattractive. In like manner, on our spiritual lute, there are two things naturally contrary, and of necessity to be tuned, before evoking any sweet sounds: these are,

(Continued on page 2)

to have a great care of perfecting ourselves, and to have no care of our perfection, but to leave it entirely to God; I mean to say that we must have the care which God wishes us to have of perfecting ourselves, and, nevertheless, leave to Him the care of our perfection. God wishes us to have a peaceful and tranquil care, such as will make us perform what is judged proper by those who guide us, and that we go faithfully forward in the way marked out by the rules and directions given us; as for the rest, to repose on His paternal bosom, endeavoring, as far as possible, to keep our soul at peace; for the abode of God is in Himself and in the peaceful heart.

You know that on a serene night, when the lake is calm, its waters unrippled by a breath of wind, the sky is so well shadowed in it, with all the stars, that, looking down, we see the beauty of the heavens there as well as if we raised our eyes on high. In like manner, when our soul is tranquil, unagitated by the winds of superfluous care, unevenness of disposition, or inconstancy of mind, it is well suited to bear an image of Our Lord. But when it is troubled and disquieted by divers gusts and squalls of passions, and we allow ourselves to be blown about by them, and are not governed by reason, which makes us like to God, we are then incapable of representing in ourselves the beautiful and holy image of Our Crucified Lord, or the diversity of His excellent virtues, or of presenting our soul as a nuptial bed worthy of Him. We must, then, leave the care of ourselves to the mercy of Divine Providence, and, nevertheless, do plainly and simply what lies in our power to amend and perfect ourselves, always taking the greatest care not to trouble or disquiet our souls.

There is no weariness so weary as that which arises from the annoyance of many little but pressing and continual importunities. Our Lord sometimes permits us to fall short in those little encounters, that we may be humbled, and learn that if we have at any time surmounted great temptations, it was not by our own strength we did so, but by the assistance of His divine goodness.

Do not waste time in combating the temptations that happen to you, by contests and disputes with them; only cast some simple glances of love towards Jesus Christ crucified, as if you would wish to kiss His sacred side or feet. Cast many times a day your whole heart, mind, and care on God, with the utmost confidence, saying to Him, in the words of David: "I am Thine, O Lord; save me." Live entirely for God, and for the love He has borne to you, endure yourself with all your miseries. I do not mean to say by this, that you should continually be tying up your mind in order to hold it in peace; for you must do everything with the simplicity of a loving heart, keeping near Our Lord as a little child near its father, and when you happen to fall into some faults, whatever they may be, ask pardon meekly, saying to Him that you are certain He loves you well, and will forgive you, and this always simply and sweetly.

LITURGICAL SCHEDULE

SUNDAY, NOVEMBER 23

Twenty-fourth and Last Sunday after Pentecost

6:30 am Celebrant's Intention

8:00 am Paul Barrett+ by Susan Barrett

9:30 am Mary Ammerman by Brett and Maria Ammerman

11:00 am (High Mass) Pro Populo

1:00 pm Mr. Patrick Heffernan+

5:00 pm Solemn Vespers and Compline

MONDAY, NOVEMBER 24

St. John of the Cross, Confessor and Doctor

8:30 am Archbishop Aquila

TUESDAY, NOVEMBER 25

St. Catherine of Alexandria, Virgin and Martyr

8:30 am Matt Dalton by Brett and Maria Ammerman

WEDNESDAY, NOVEMBER 26

St. Sylvester, Abbot

8:30 am 35th Wedding Anniv. of Wayne and Janet Wojniak

THURSDAY, NOVEMBER 27

Feria

8:30 am Susan Martin+ by Dave Parrott

No Adoration and Benediction this week

FRIDAY, NOVEMBER 28

Feria

8:30 am Pope Francis+ by Lucy Arnold

7:00 pm Diann C. Chambers by Susan and Therese Martin

SATURDAY, NOVEMBER 29

Saturday of Our Lady

8:30 am Sean Martin by Alexander and Jessica Morton

SUNDAY, NOVEMBER 30

First Sunday of Advent

6:30 am Beth Ampleman by Sarah Ampleman

8:00 am OLMC Volunteers

9:30 am Celebrant's Intention

11:00 am (High Mass) Pro Populo

1:00 pm Colleen Kilman by Laura Summers

5:00 pm Solemn Vespers and Compline

Fr. Stack's Private Intentions

23 Nathaniel Schust by Eileen Pulse

24 A Soul of St. Anthony's Choice by Michael & Megan Dowd

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26 Linda Rivera+ by Anthony and MaryAnn Dixon

27 Milo Wascher by Beaulieu Family

29 Philip, Regina, and Stanley Wojniak by Janet Wojniak

Fr. Dalimata's Private Intentions

24 Hazel Pulse by Eileen Pulse

25 Suzanne Quemere+

26 Michael S. Anderson+ by Maguire Family

27 Pope Francis+ by Lucy Arnold

28 Garcia Family by Alexander and Jessica Morton

29 Jane Brennan and OLS Prayer Group by Janet Wojniak

ANNOUNCEMENTS

Fr. Stack returns tomorrow, Nov 24.

Lost and Found Please check the table in the parish hall to collect any lost property. Items left after today will be donated

The Parish Office will be closed this Thu and Fri, 11/28-29.

Thursday Adoration is cancelled this week for Thanksgiving.

St. Andrew Christmas Novena begins next Sun, 11/30.

Tomorrow, Nov 24 - High Mass at 6:30am at the Carmelite Monastery for the feast of St. John of the Cross.

Keep Christ in Christmas Poster Contest: Are you ready to spread some holiday cheer? Show us your creativity by designing an 11x17 poster! Open to students in Grades K-8. Pick up an entry sheet in the parish hall and return by Dec 7 to be in the running for some amazing prizes.

Knights of Columbus Essay Contest: The KofC is hosting a contest for students in grades 8-12. All entries due no later than Sun, Nov 30. All essays must be submitted by emailing Matt Perkins at jmattperkins@gmail.com with the name, grade level, and contact information included (including parents' names and phone number). Each grade winner will be forwarded to the next level. Parish winners will receive a cash prize of \$300 for 1st, \$200 for 2nd, & \$100 for 3rd place.

Prompt: The office of the papacy was established by Jesus Christ nearly 2,000 years ago when He chose St. Peter to lead His Church on earth. In an essay of 500-750 words, out of the 267 popes that have led the Catholic Church, who are your three favorite popes and why? Entrants will be judged on grammar, style, and how clearly they present the theme in a way that showcases creativity, imagination and overall development of the topic.

Next Sun, Nov 30 and Dec 7 - ARS Advent Candle Sale in the parish hall after all Masses. The ARS will also be accepting donations for a new set of Solemn Mass vestments as well as entries for a draw to win the BVM/Child statue which formerly adorned the high altar. You must be 18 or older and a registered parishioner to enter. Drawing will take place at the Lessons and Carols on Dec 14. You must be present to win.

Sat, Dec 6 - Rorate Mass at 6am OLMC. The 'Rorate' Mass is the Saturday Mass of the BVM in Advent, sung before dawn by candlelight recalling the darkness which shrouded the earth before the Incarnation, well worth making the effort to attend.

Sat, Dec 6 - Rorate Mass at 6am at the Carmelite Monastery.

Mon, Dec 8 - Immaculate Conception of the BVM is a Holy Day of Obligation. Masses will be at 6:30am (Monastery), 8:30am, 12pm, and 7pm (High Mass).

Sat, Dec 13 - 4th Annual Advent Evening: Our annual Advent evening of spiritual reflection and merriment for women is returning! Interested in hosting a table? We are currently filling hostess spots. You can sign up via QR code or Flocknote to host More details about attending will come soon!



ANNOUNCEMENTS

Thanksgiving Feast

This Thu, Nov 27 - All parishioners and friends are invited to celebrate Thanksgiving at the parish with a potluck dinner from 2-5pm. OLMC will provide Turkeys for those willing to cook them. Sign up via the QR code or the Flocknote to bring a dish to share. More info on the sign-up.



Sun, Dec 14 - 2nd Annual Advent Lessons, Carols & Vespers: Please join us at 4:15pm in the church for this service centering around readings from Sacred Scripture prophesying the birth of our Lord, interspersed with chants, motets, and congregational hymns. The OLMC Parish Choir, St. Cecilia & St. Gregory Student Scholæ, & Our Lady of Good Counsel Cooperative schola will sing. Please note that this is an earlier hour than last year's Lessons & Carols, and that it leads directly into 5pm Solemn Vespers & Compline of Gaudete Sunday. A festive reception will follow.

Jan 7-13 - In Montem Winter Backcountry Adventure with Bosco Ministries for men aged 18-25 and located in Rocky Mountains Backcountry, Colorado. Cost: \$1095. Application Deadline: Dec 7th, 2025. Visit www.boscoministries.org/in-montem for more info and to apply.

OLMC Online Parish Calendar is available via the website or the code to the right. Please check there for upcoming events.



DAILY PRAYER LINE REQUESTS
Contact Jane Brennan: jmbrennan555@gmail.com

Please Pray for the Sick
David Williamson, Jamie Jimenez, Jacob Jaxson, Indigo Williamson, Jeff McBride, Shannon Coffey, Miriam Halazon, John Filipczak, Cristina Vigil, Maria McKinley, Rebecca Noël Moser, Joanne Leary, Ronald Rider, Robert Tancredi, Pat Bergman, Mac McCord.

Please Pray for the Repose of the Souls of
Michael Anderson, Fr. James B. Doran, John & Eugenia Casbergue, Ronald & Dorothy Seybert, Blake Bratcher, James Hamm, Tony Morley, Susan Martin, Joyce Doherty.

HOMEBOUND
Any parishioner confined to home who would like to receive the sacraments or the bulletin, please contact the parish office.

Sanctuary Flower Intentions		
Feast		Intention
Twenty-fourth & Last Sunday after Pentecost	Main Altar	FSSP Priests & Seminarians by Pasquale & Joann DePalma
	Our Lady of Guadalupe	Jack & Elaine Connolly+ by Connolly Family

Electronic Giving via Faith Direct



Altar & Rosary Advent Candles



Purchase candles for Advent!

Where: Altar & Rosary Table
(hall after Mass)

When: Nov. 30 (Sunday)

Payments: Cash or Credit Card



Our Lady's Statue



Registered Parishioners of Our Lady of Mount Carmel can enter to take home the former High Altar statue. Must be 18 years or old to submit your name.

Entries accepted Nov 30 & Dec 7 in the social hall after each Mass

Must be present at Lessons and Carols on Dec 14 for the drawing

Solemn Mass Vestment Donation



Please consider making a donation towards the purchase of new vestments for Solemn Mass.

Where: Social Hall after Mass

When: Nov. 30 & Dec 7 (Sundays)

Donations: Cash or Credit Card



OUR LADY OF MOUNT CARMEL, PRAY FOR US!

