



Our Lady of Mt. Carmel

CATHOLIC CHURCH

www.olmcfssp.org • 5612 S. Hickory St. Littleton, CO 80120 • (303) 703-8538



A parish of the Archdiocese of Denver, CO served by the Priestly Fraternity of St. Peter (FSSP) dedicated to the Traditional Latin Mass and Sacraments according to the 1962 Missal of Pope St. John XXIII.

PASTOR
REV. MATTHEW J. MCCARTHY, FSSP

ASST. PASTOR
REV. JOSEPH LOFTUS, FSSP
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IN RESIDENCE
REV. JOSEPH DALIMATA, FSSP
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OFFICE HOURS
MON - FRI: 9:15 AM - 4:15 PM

OFFICE MANAGER: Bruce Muhe, III
office.manager@olmcfssp.org

SECRETARY: Kaleigh Sims
secretary@olmcfssp.org

DIRECTOR OF MUSIC: David Hughes
music.director@olmcfssp.org

SACRAMENTAL EMERGENCIES
303-241-2946

SUNDAY LOW MASS
6:30 AM | 8:00 AM | 9:30 AM | 1:00 PM

SUNDAY HIGH MASS
11:00 AM

DAILY MASS
8:30 AM MON - SAT
Also 7:00 PM FRI

CONFESSIONS
30 MINUTES BEFORE EACH MASS
SAT: 8 AM until the line is gone.
SAT: 3 - 4 PM

DAILY MASS
6:30 AM SUN - SAT
Carmelite Monastery
6138 S. Gallup St. Littleton, CO 80120

Dedication of the Archbasilica of the Most Holy Savior November 9, 2025



Quam terribilis est locus iste!

From Fr. Dalimata

In my last few articles here, I have shared a bit about the FSSP and its spirituality. There is so much about the life of a priest that is fruitful for all of us to be aware of and think about! One of the most common questions I get on the street is: "What are you wearing?" In the rich tradition of the Roman Catholic priesthood, few practices reveal the depth of priestly spirituality as clearly as what we wear and what we pray as we put it on. There are special prayers attached to the priestly clothing, the cassock, the collar, and the fascia (belt) that priests of the FSSP wear as their normal "habit". These prayers, recited quietly as a priest puts on his daily clerical attire, transform a routine act into a renewal of vocation and a reminder of our purpose

For priests, the things we wear are living expressions and reminders of our complete consecration to the service of God and the church. They root us in detachment from the world, purity of life, and obedient service to the Church.

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The cassock, a long, black garment symbolizing the priest's death to self and mourning for sin, is put on with words drawn from Psalm 15:5: *Dominus pars hereditatis meae et calicis mei, tu es qui restitues hereditatem meam mihi.* ("The Lord is the portion of my inheritance and my cup: it is Thou that wilt restore my inheritance to me.") This prayer echoes the Levitical priests of the Old Testament, who received no earthly land inheritance—God Himself was their portion (Numbers 18:20). For the modern priest, it declares total reliance on divine providence, renouncing worldly ambitions, wealth, or familial legacies. In a secular age obsessed with material success, this vesting prayer reminds him that his true "inheritance" is Christ and the souls entrusted to him. Because it is so large and covers the priest completely it is a sign of his TOTAL dedication to God and to serving the people of God.

This resonates deeply with FSSP spirituality. Our priests embrace a life of simplicity and mobility, ready to pack up and go when our Superior asks us to. By praying these words each morning, the priest reaffirms his choice of God as sole heritage, fueling his zeal for the ancient rite and priestly life—a treasury we "inherit" from centuries of saints who have lived it before us. This prayer warns us against compromises, fostering the radical availability needed to serve God and his Church.

Next comes the fascia, the wide sash girding the waist over the cassock. Its prayer, shared with the liturgical cincture, is a plea for chastity: *Praecinge me, Domine, cingulo puritatis, et exstingue in lumbis meis humorem libidinis; ut maneat in me virtus continentiae et castitatis.* ("Gird me, O Lord, with the girdle of purity, and quench in my loins the movements of lust, that the virtue of continence and chastity may abide in me.") Rooted in Scripture (e.g., Ephesians 6:14, girding with truth), this prayer invokes the grace to extinguish concupiscence—the disordered desires inherited from original sin. The fascia thus becomes a reminder of the castity that binds the priest to celibate love for Christ and His Bride, the Church.

Priestly celibacy is a hallmark of the Latin Rite. Priests commit to this discipline not as a burden but as a liberation, enabling undivided devotion to his relationship with God and by extension to the altar and confessional, to the service of God and his Church. In an era plagued by scandals and cultural impurity, this prayer arms the priest with humility and vigilance.

Finally, the Roman collar—that stark white tab against black—completes the ensemble. It is a symbol of obedience and witness. The white evokes the purity of the baptized soul, while the collar's constricting fit recalls the "yoke of Christ" (Matthew 11:30) or even the slave's mark in antiquity, signifying the priest as *servus servorum Dei* (servant of the servants of God). We pray "*subjice me Domine, dulci jugo tuo dulcique jugo matris tuae.*" "Subject me O Lord to your sweet yoke, and the sweet yoke of your Mother." This prayer reminds him of readiness to submit to the demands of his calling, to preach, confess, and spend his life in obedience to Christ in the service of the Gospel.

The collar is a visible banner of their counter-cultural mission. In a world that mocks clerical distinctiveness, it proclaims: "I am set apart for sacred things." This obedience aligns perfectly with the FSSP's unwavering loyalty to the Church's heritage amid modern confusion.

These vesting prayers are a mini class in priestly spirituality: poverty (cassock), chastity (fascia), and obedience (collar). They transform dressing in the morning into a mini-liturgy, preparing the priest's soul and body to serve his mission. These prayers are uniquely fitting, nourishing a vocation centered on the Traditional Latin Mass's reverence, where every gesture echoes our call to eternal life and dedication to God. In our parish, seeing Father in cassock and collar is not mere uniform—it's a sacramental sign, born of prayerful consecration.

LITURGICAL SCHEDULE

SUNDAY, NOVEMBER 9

Dedication of the Archbasilica of the Most Holy Savior

6:30 am Children of the Tuttle Family by Tuttle Family

8:00 am FSSP and Preservation of the TLM

9:30 am Maura Walsh by Levesque Family

11:00 am (High Mass) Pro Populo

1:00 pm Rebecca and Jesus Perez

5:00 pm Solemn Vespers and Compline

MONDAY, NOVEMBER 10

St. Andrew Avellino, Confessor

8:30 am Rebecca and Jesus Perez

TUESDAY, NOVEMBER 11

St. Martin of Tours, Bishop and Confessor

8:30 am John R. Kleckner+ by Maguire Family

WEDNESDAY, NOVEMBER 12

St. Martin I, Pope and Martyr

8:30 am Conversion of Erie and Cyndee by Renee Pifer

THURSDAY, NOVEMBER 13

St. Frances Xavier Cabrini, Virgin

8:30 am (High Mass) God Children of Adam and

Cassie Pippin by Cassandra Pippin

7:00 pm Adoration and Benediction

FRIDAY, NOVEMBER 14

St. Josaphat, Bishop and Martyr

8:30 am Maximilian Szafor by Matt Szafor

7:00 pm Joeann Katherine Parrott by Dave Parrott

SATURDAY, NOVEMBER 15

St. Albert the Great, Bishop, Confessor, & Doctor

8:30 am Susan Lescznske+ by Richard Michel

SUNDAY, NOVEMBER 16

Twenty-third Sunday after Pentecost

6:30 am JoAnn Ice+ by JoLene DeNardo

8:00 am For an End to Abortion

9:30 am Talley Family by Michael and Megan Dowd

11:00 am (High Mass) Pro Populo

1:00 pm Celebrant's Intention

5:00 pm Solemn Vespers and Compline

Fr. Dalimata's Private Intentions (from last week)

3 Susan Lescznske+ by Richard Michel

Fr. Loftus' Private Intentions

10 Ron's Conversion by Julie Magolino

11 YeeSing Family by Catherine Douse

12 Pam Pippin and Family by Cassandra Pippin

13 Tom & Rita Sullivan by St. Teresa of Jesus Assoc.

15 FSSP by Paul Lacanto

Fr. McCarthy's Private Intentions

10 Geraldine Anderson+ by Brad Farr

11 Sr. Martina, OSB

12 Rebecca and Jesus Perez

13 Gemma Traugher by Matt Szafor

15 Eric Manuel and Family by Michael and Megan Dowd

ANNOUNCEMENTS

Keep Christ in Christmas Poster Contest: Are you ready to spread some holiday cheer? Show us your creativity by designing an 11x17 poster! Open to students in Grades K-8. Pick up an entry sheet in the parish hall and return by Dec 7 to be in the running for some amazing prizes.

Knights of Columbus Essay Contest: The KofC is hosting a contest for students in grades 8-12. All entries due no later than Sun, Nov 30. All essays must be submitted by emailing Matt Perkins at jmattperkins@gmail.com with the name, grade level, and contact information included (including parents' names and phone number). Each grade winner will be forwarded to the next level. Parish winners will receive a cash prize of \$300 for 1st, \$200 for 2nd, & \$100 for 3rd place.

Prompt: The office of the papacy was established by Jesus Christ nearly 2,000 years ago when He chose St. Peter to lead His Church on earth. In an essay of 500-750 words, out of the 267 popes that have led the Catholic Church, who are your three favorite popes and why? Entrants will be judged on grammar, style, and how clearly they present the theme in a way that showcases creativity, imagination and overall development of the topic.

FSSP Christmas Card Novena: Enroll yourself and your loved ones in the FSSP Christmas Mass Novena from Dec 17-25 and receive a beautiful set of Christmas cards. There are enrollment envelopes available outside the parish office or you can enroll by visiting fssp.com/ccm-p. Enroll by Dec 1.

This Tue, Nov 11 - Colorado Catholic Business Network: Join us for our next lunch and learn from 11:30am-1pm. Deacon Tim Kenny will present on *Investing in Eternal Impact: How Your Business Can Serve the Church*. Tickets are \$20.

This Thu, Nov 13 - Homeschool Prayer and Support Group: Join fellow OLMC homeschooling mothers for a "Moms' Night Out" featuring dinner, a talk, and Holy Hour, on the 2nd Thursday of the month in the St. Albert room from 5-7 pm. Our meetings aim to support and encourage parish homeschooling families through fellowship, discussion, and prayer. All OLMC homeschooling mothers are welcome to attend! Contact: family.medlin@gmail.com for more info.

This Sat, Nov 15 - Youth Group Meeting in the parish hall from 5-7pm for ages 13-17. We will pray the Rosary in the Church at 5pm, have games and activities in the parish hall, followed by a talk given by Fr. Loftus. Pizza and drinks will be provided.

Sun, Nov 16 and 23 - Federation of North American Explorers (FNE) will be holding their annual Mystic Monk Coffee fundraiser after all Masses. This year they're also selling St. Andrew Novena kits. If you would like to place an order outside of those days, please contact Carl at carl.bunderson@gmail.com.

Thu, Nov 27 - Thanksgiving Feast: All parishioners and friends are invited to celebrate Thanksgiving at the parish with a potluck dinner from 2-5pm. OLMC will provide Turkeys for those willing to cook them. Sign up via the QR code or the Flocknote to bring a dish to share. More info on the sign-up.



ANNOUNCEMENTS

Young Adult Group

This Tue, Nov 11 - Theology on Tap for young adults ages 18-35. Join us at 6:30pm for talk by Fr. Loftus on the moral virtue of Justice. Wine and beer will be provided for those 21+. Please bring a snack to share.

Sun, Nov 30 and Dec 7 - ARS Advent Candle Sale in the parish hall after all Masses. The ARS will also be accepting donations for a new set of Solemn Mass vestments as well as entries for a draw to win the BVM/Child statue which formerly adorned the high altar. You must be 18 or older and a registered parishioner to enter. Drawing will take place at the Lessons and Carols on Dec 14. You must be present to win.

Sat, Dec 13 - 4th Annual Advent Evening: Our annual Advent evening of spiritual reflection and merriment for women is returning! Interested in hosting a table? We are currently filling hostess spots. You can sign up via QR code or Flocknote to host More details about attending will come soon!



OLMC Online Parish Calendar is available via the website or the code to the right. Please check there for upcoming events.



DAILY PRAYER LINE REQUESTS
Contact Jane Brennan: jmbrennan555@gmail.com

Please Pray for the Sick
David Williamson, Jamie Jimenez, Jacob Jaxson, Indigo Williamson, Jeff McBride, Shannon Coffey, Miriam Halazon, John Filipeczak, Cristina Vigil, Maria McKinley, Rebecca Noël Moser, Joanne Leary, Ronald Rider, Robert Tancredi, Pat Bergman, Mac McCord.

Please Pray for the Repose of the Souls of
Michael Anderson, Fr. James B. Doran, John & Eugenia Casbergue, Ronald & Dorothy Seybert, Blake Bratcher, James Hamm, Tony Morley, Susan Martin, Joyce Doherty.

HOMEBOUND
Any parishioner confined to home who would like to receive the sacraments or the bulletin, please contact the parish office.

Sanctuary Flower Intentions		
Feast		Intention
Ded. of the Archbasilica of the Most Holy Savior	Main Altar	Teresa Updegraff by Sarah Wilson
	Our Lady of Guadalupe	In Thanksgiving by Dunsford Family

Electronic Giving via Faith Direct





THESE MEN NEED YOU.



On Mission: In Mexico and Beyond

Through an upcoming mission trip to Mexico, Bosco Ministries is on a mission to form men of prayer, work, and service. Guided by FSSP Priests and seminarians, missionaries will pray daily, build houses for the poor, and go on retreat in the mountains. Whether they will lead with concrete on their cassock or spit up on their shirt, these men are the future leaders of the Church.

And we need YOUR help to accomplish the mission.

Some Give By Going, Some Go by Giving

Forming the young men of the Church is a mission we all must take part in. Are you one of those young men? Are you ready to be holy, happy, and hazardous? Then explore the details of Bosco Ministries' Mexico Mission Trip below.

If not, consider going by giving. Give by praying and fasting for these men. Give by telling a young man in your life about the trips. And consider giving financially to support someone going or to cover mission costs (such as the material costs to build the houses for the poor).



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