



# Our Lady of Mt. Carmel

## CATHOLIC CHURCH

[www.olmcfssp.org](http://www.olmcfssp.org) + 5612 S. Hickory St. Littleton, CO 80120 + (303) 703-8538



A parish of the Archdiocese of Denver, CO served by the Priestly Fraternity of St. Peter (FSSP) dedicated to the Traditional Latin Mass and Sacraments according to the 1962 Missal of Pope St. John XXIII.

PASTOR

**REV. MATTHEW J. MCCARTHY, FSSP**

ASST. PASTOR

**REV. JOSEPH LOFTUS, FSSP**  
[father.loftus@olmcfssp.org](mailto:father.loftus@olmcfssp.org)

ASST. PASTOR

**REV. PADRAIC STACK**  
[father.stack@olmcfssp.org](mailto:father.stack@olmcfssp.org)

IN RESIDENCE

**REV. JOSEPH DALIMATA, FSSP**  
[father.dalimata@olmcfssp.org](mailto:father.dalimata@olmcfssp.org)

OFFICE HOURS

**MON - FRI: 9:15 AM - 4:15 PM**

**OFFICE MANAGER:** Bruce Muhe, III  
[office.manager@olmcfssp.org](mailto:office.manager@olmcfssp.org)

**SECRETARY:** Kaleigh Sims  
[secretary@olmcfssp.org](mailto:secretary@olmcfssp.org)

**DIRECTOR OF MUSIC:** David Hughes  
[music.director@olmcfssp.org](mailto:music.director@olmcfssp.org)

**SACRAMENTAL EMERGENCIES**  
**303-241-2946**

SUNDAY LOW MASS

**6:30 AM | 8:00 AM | 9:30 AM | 1:00 PM**

SUNDAY HIGH MASS

**11:00 AM**

DAILY MASS

**8:30 AM MON - SAT**  
**Also 7:00 PM FRI**

CONFESSIONS

**30 MINUTES BEFORE EACH MASS**  
**SAT: 8 AM until the line is gone.**  
**SAT: 3 - 4 PM**

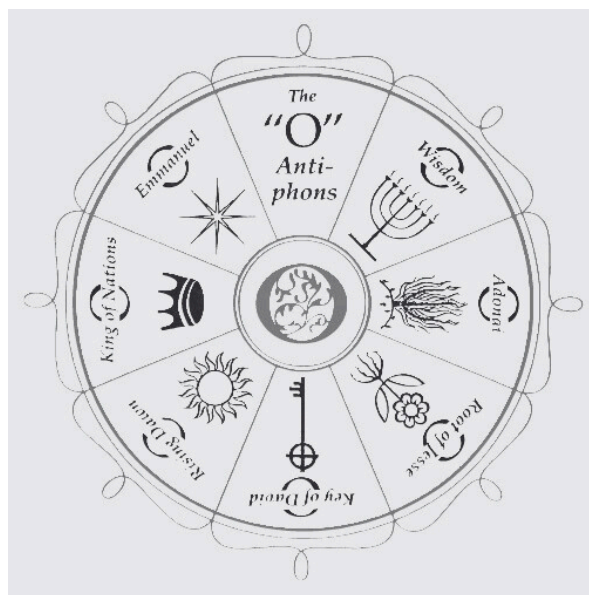
DAILY MASS

**6:30 AM SUN - SAT**

Carmelite Monastery  
6138 S. Gallup St. Littleton, CO 80120

## Third Sunday of Advent

### December 14, 2025



*Veni, veni Emmanuel*

### From the Pastor

For seven days prior to the vigil of Our Lord's Nativity (i.e., from Dec 17), the Church celebrates the Greater Ferias of Advent, days which foster a growing sense of expectation of the Messiah's coming. On these days, the Vespers' Magnificat 'O' antiphons address Our Lord by several titles from the sacred scriptures.

The first antiphon begins: *O Wisdom who proceeds from the mouth of the Most High, reaching from end to end mightily, disposing all things with strength and prudence...* recalling from the book of Sirach hints at the forthcoming Incarnation: *I came out of the mouth of the most High, the firstborn before all creatures...* Then the creator of all things said to me... *Let your dwelling be in Jacob and your inheritance in Israel... From the beginning and before the world I was created, and unto the world to come I shall not cease to be,* imagery recalled in the prologue of John's gospel.

(Continued on page 2)

The second antiphon begins: *O Adonai and leader of the house of Israel, who appeared to Moses in the burning bush and gave him the Law on Sinai*, recalling Israel's Exodus from Egypt when Moses was given the first and greatest commandment: *I am the Lord your God... you shall not have strange gods before me*, which would be appropriated to Our Lord. Prefiguring the virginal conception and birth, God appeared to Moses in a bush aflame and yet not consumed and revealed His name: *I am who am*, the divine name which Our Lord took for Himself: *Before Abraham was, I am*.

The third antiphon begins: *O root of Jesse... before whom kings shall not open their lips...* recalling Isaiah's prophesy of the Messiah's Davidic descent: *There shall come forth a branch out of the root of Jesse, and a flower shall rise up out of his root. And the spirit of the Lord shall rest upon him*.

The fourth antiphon begins: *O Key of David and Scepter of the house of Israel*, recalling the Messiah's descent through David from the tribe of Judah, according to Jacob's prophesy at the dawn of history: *The scepter shall not be taken away from Judah, nor a ruler from his thigh, till he comes who is to be sent, and he shall be the expectation of the nations*. St Matthew records: *When Jesus therefore was born in Bethlehem of Judah in the days of King Herod*, Herod not of the tribe of Judah, but an Edomite, telling that the allotted time had run its course.

The fifth antiphon begins: *O Orient splendor of eternal light and sun of justice: come and enlighten them who sit in darkness and in the shadow of death*, recalling Isaiah's prophesy that the Messiah would be a light to the world. St Matthew recalls: *And leaving the city Nazareth, he came and dwelt in Capernaum on the sea coast, in the borders of Zabulon and of Nephthali; that it might be fulfilled which was said by Isaiah the prophet: Land of Zabulon and land of Nephthali, the way of the sea beyond the Jordan, Galilee of the Gentiles: The people which sat in darkness, has seen great light: and to them who sat in the region of the shadow of death, light has sprung up*.

The sixth antiphon begins: *O King of nations and their desired one, and the corner stone who makes both one*, recalling St Peter's words: *Wherefore it is said in the scripture: Behold, I lay in Sion a chief corner stone, elect, precious. And he that shall believe in him shall not be confounded. To you therefore who believe, he is honor: but to them that believe not, the stone which the builders rejected, the same is made the head of the corner*.

The seventh antiphon which begins: *O Emmanuel, our King and Lawgiver, the Expectation and Savior of the nations*, is a summary: the Messiah who is the expectation of the nations, who is the Davidic King descended from Judah through the root of Jesse, who is the I am who gave the Law to Moses on Sinai, who came out of the mouth of the most High, the firstborn before all creatures, the ruler in Israel [whose] going forth is from the beginning, a light to the world, whose name shall be called Wonderful, Counselor, God the Mighty, the Father of the world to come, the Prince of Peace, of whom Isaiah prophesied: *Behold a virgin shall conceive, and bear a son and his name shall be called Emmanuel*, a name which means 'God with us'.

Such was the infant born in a stable, lying in a manger.

## LITURGICAL SCHEDULE

### SUNDAY, DECEMBER 14

#### Third Sunday of Advent

6:30 am Fr James Buckley, FSSP+  
8:00 am FSSP and Preservation of the TLM  
9:30 am Americus Kalmar+ by Gabriel and Holly Kalmar  
**11:00 am (High Mass)** Pro Populo  
1:00 pm Sean & Graciela and Family by WCC  
5:00 pm Solemn Vespers and Compline

### MONDAY, DECEMBER 15

#### Feria of Advent

8:30 am Nancy Miller+ by Rebecca Miller

### TUESDAY, DECEMBER 16

#### St. Eusebius, Bishop and Martyr

8:30 am Mary Idone+ by Madelyn Leonardi

### WEDNESDAY, DECEMBER 17

#### Ember Wednesday of Advent

8:30 am Michael Aderson+ by VanderWeele Family

### THURSDAY, DECEMBER 18

#### Greater Feria of Advent

8:30 am Lee Family by Laura Lee  
7:00 pm Adoration and Benediction

### FRIDAY, DECEMBER 19

#### Ember Friday of Advent

8:30 am Palmer/Maxine Enockson+ by Hugh/Gerrie Enockson  
7:00 pm Michael Anderson+ by VanderWeele Family

### SATURDAY, DECEMBER 20

#### Ember Saturday of Advent

8:30 am Diane Schwach+ by Marc Schwach

### SUNDAY, DECEMBER 21

#### Fourth Sunday of Advent

6:30 am Baby Gabriel Michael Schafer by Anna Coffey  
8:00 am For an End to Abortion  
9:30 am Milly Ritter and Family by Diane Veazie  
**11:00 am (High Mass)** Pro Populo  
1:00 pm Kim Poletto+  
5:00 pm Solemn Vespers and Compline

#### Fr. Loftus' Private Intentions

15 Americus Kalmar+ by Gabriel and Holly Kalmar  
16 Lee Family by Laura Lee  
17 Mary Idone+ by Madelyn Leonardi  
18 Kate Schwach by Marc Schwach  
19 Dan Gevara+ by David Wilson  
20 Esteban/Tillie Mosqueda+ by Hugh/Gerrie Enockson

#### Fr. McCarthy's Private Intentions

15 Peter McCarthy+  
16 Brian Martell+ by Martina Casey  
17 Holy Souls in Purgatory+ by Martina Casey  
18 Personal Intention of Casey Family by Martina Casey  
19 Michael Schafer by Anna Coffey  
20 Roberto, Mario, Jose Saucedo+ by Rosario Cichos

ANNOUNCEMENTS

**Today - 2nd Annual Advent Lessons, Carols & Vespers:** Please join us at 4:15pm in the church for this service centering around readings from Sacred Scripture prophesying the birth of our Lord, interspersed with chants, motets, and congregational hymns. The OLMC Parish Choir, St. Cecilia & St. Gregory Student Scholæ, & Our Lady of Good Counsel Cooperative schola will sing. Please note that this is an earlier hour than last year's Lessons & Carols, and that it leads directly into 5pm Solemn Vespers & Compline of Gaudete Sunday. A festive reception will follow.

**Fr McCarthy** will be away Dec 16-20 inc. on retreat.

**Fr Loftus** will be away Dec 17-23 inc. providing coverage in OK.

**Today - Usher Recruiting:** The Usher Team will be recruiting today after the 8am, 9:30am, 11:00am, and 1:00pm Masses. They are in urgent need of men to volunteer to usher especially at the 9:30am Low Mass and the 11:00am High Mass. Please stop by their table outside if you would be interested in serving the parish in this way.

**Thu, Dec 25 - Christmas Day Mass Schedule:**

12am Solemn High Mass. Carols begin at 11pm in the church.  
6:30am (Low), 8am (High), 9:30am (Low), 11am (High)

**Christmas Day Mass Schedule at the Carmel:**

Wed, Dec 25: 12:00am (High)

Wed, Dec 25: 8:00am (High)

Note that the Christmas Day Mass is not at the regular time

**First Sacraments 2026:** If you have a child in the 3rd grade of religion class in school (or age 8), they are eligible to receive First Holy Communion/Confirmation in spring of 2026. For more info, please go to [olmcfssp.org](http://olmcfssp.org) > sacraments > first holy communion/confirmation. Classes will be on Sundays at 2:15pm beginning on Jan 25. Registration ends Jan 11.

**OLMC Christmas Giving Tree:** OLMC Knights of Columbus invite you to help parish families have a Merry Christmas by providing gifts for those in need of help this season. There is a tree in the parish hall for collecting gifts. Take a tag, buy a gift and return wrapped gifts by next Sunday, Dec 21.

**Christmas Poinsettia Donations:** There are envelopes in the vestibule and outside the office for Christmas Poinsettia donations. The 8am high Mass on Christmas morning will be offered for the donors' intentions. Return by Sun, Dec 21.

**Yearly Donation Statements** will be sent out at the end of January. The deadline for tax-deductible donations for 2025 is Dec 28, 2025. Any donations that come in after 12/28 will be counted for the 2026 tax year.

**This Tue, Dec 16 - Men's Group:** The men of the parish are invited on to pray the rosary at 6:00pm. A talk from parishioner Richard Shaw on ham radios will follow.

**Legion of Mary:** All active and auxiliary members of the Legion of Mary are invited to the annual reunion on Saturday December 20 at OLMC beginning at 1pm in the church with a rosary and legion prayers followed by refreshments in the social hall.

**Sun, Jan 11 - OLMC's Annual Christmas Party** after the 1pm Mass. Save the Date! More information to come!

ANNOUNCEMENTS

**Dec. 18-19: Beatitudes with Fr Dalimata**

Fr. Dalimata is conducting a monthly series of conferences for adults with the purpose of understanding practical ways to grow in the spiritual life and to enter into a deeper relationship with Christ.

**Part I: Poor in Spirit - Knowing What You Need**  
**Thu, Dec 18, 5:45-6:45pm**

**Part II: Knowing What You Desire**  
**Fri, Dec 19, 5:45-6:45pm**

**Dec 17-31 - The Travelling Our Lady of Fatima Statue** will be at OLMC. Due to the Christmas Creche being in the church, the statue will be hosted in the conference room where parishioners will be able to visit it.

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**OLMC Online Parish Calendar** is available via the website or the code to the right. Please check there for upcoming events.



**DAILY PRAYER LINE REQUESTS**

Contact Jane Brennan: [jmbrennan555@gmail.com](mailto:jmbrennan555@gmail.com)

**Please Pray for the Sick**

Matt Dunlap, Jon & Alexa Brascetta, Phil Web, Diana Tuesta, Leona Watson, Deanna, Dominga Zuniga, Kevin, Francisca Tsukazan, Deb H, Stefan Holl, John Christian, Karen Barrett, Robin Howe, Brenda DeHerrera, Marie Whatley, Lisa Lynch

**Please Pray for the Repose of the Souls of**

Michael Anderson, Fr. James B. Doran, John & Eugenia Casbergue, Ronald & Dorothy Seybert, Blake Bratcher, James Hamm, Tony Morley, Susan Martin, Joyce Doherty.

**HOMEBOUND**

Any parishioner confined to home who would like to receive the sacraments or the bulletin, please contact the parish office.

Sanctuary Flower Intentions		
Feast		Intention
Gaudete Sunday	Main Altar	Whisenant Family by Thomas Whisenant
	Our Lady of Guadalupe	In Honor of the BVM by Matthew Dvornak

**Electronic Giving via Faith Direct**



# Legion of Mary NEWSLETTER



Issue 03

## Come, Holy Spirit

One of the most precious gifts in the legacy of Frank Duff to the Legion of Mary is his teaching and encouragement on devotion to the Holy Spirit. His first reference to this doctrine is found in his pamphlet 'Can We Be Saints?' He begins by speaking almost lyrically about the presence of God in his works, what we call the omnipresence of God and then he moves from the presence of God in everything around us to His presence within us. He writes: "You are the Temple of the Holy Spirit who is in you (2 Cor. 6.16). In considering God in his works around us, we are not to forget His presence in ourselves. It is of Catholic doctrine that the Holy Spirit makes a dwelling in anyone who is free from mortal sin. Life would be greatly brightened if we could bring home to ourselves this wonderful truth."

- Frank Duff and True Devotion to the Holy Spirit - 2020 Allocutio given by Fr Bede McGregor O.P

## Legionary Highlight

Bringing Christ to an otherwise secular sphere like talking to random people about God outside a grocery store or praying the rosary at a nursing home really defines what it means to be an active legionnaire for me. Because this is done for the love of God and in honor of Our Lady, I am certain that even if what I do does not necessarily bear visible fruit the grace of God is being planted no matter what. Still, many people have been thankful for our work. Even one non-Catholic Christian admitted to me that he was going to go home that night pondering the work we do as legionnaires and what he is not doing for God.

- Elbert, Legionary since Dec 2024

### THE PROMISE TO THE HOLY SPIRIT

Those Legionaries  
who made their  
Promise!

Evening Presidium  
Daniel - August 2025

## What is the Legion Vexillum?

The Legion Vexillum is an adaptation of the standard of the Roman Legion. The eagle which surmounted the standard is replaced by the Dove, the emblem of the Holy Spirit

The image of the **Miraculous Medal** representing the Immaculate Conception

The Legion Vexillum which bears the inscription "**Legio Mariae**" (**Legion of Mary**) leads to a rose and a lily surrounding Our Lady's medal.

The whole design conveys the idea that the **world is to be conquered by the Holy Spirit** acting through Mary and her children.



## Prison Ministry

**Thursday afternoons or Saturday mornings** are given times to assist. Inquire how to join the prison ministry. Email: [legionofmaryOLMC@gmail.com](mailto:legionofmaryOLMC@gmail.com)



OUR LADY OF MOUNT CARMEL LEGION OF MARY



MEETINGS: MONDAYS AT 6 PM  
OR THURSDAYS AT 9:15 AM