



# Our Lady of Mt. Carmel

## CATHOLIC CHURCH

[www.olmcfssp.org](http://www.olmcfssp.org) + 5612 S. Hickory St. Littleton, CO 80120 + (303) 703-8538



A parish of the Archdiocese of Denver, CO served by the Priestly Fraternity of St. Peter (FSSP) dedicated to the Traditional Latin Mass and Sacraments according to the 1962 Missal of Pope St. John XXIII.

PASTOR

**REV. MATTHEW J. MCCARTHY, FSSP**

ASST. PASTOR

**REV. JOSEPH LOFTUS, FSSP**  
[father.loftus@olmcfssp.org](mailto:father.loftus@olmcfssp.org)

ASST. PASTOR

**REV. PADRAIC STACK**  
[father.stack@olmcfssp.org](mailto:father.stack@olmcfssp.org)

IN RESIDENCE

**REV. JOSEPH DALIMATA, FSSP**  
[father.dalimata@olmcfssp.org](mailto:father.dalimata@olmcfssp.org)

OFFICE HOURS

**MON - FRI: 9:15 AM - 4:15 PM**

**OFFICE MANAGER:** Bruce Muhe, III  
[office.manager@olmcfssp.org](mailto:office.manager@olmcfssp.org)

**SECRETARY:** Kaleigh Sims  
[secretary@olmcfssp.org](mailto:secretary@olmcfssp.org)

**DIRECTOR OF MUSIC:** David Hughes  
[music.director@olmcfssp.org](mailto:music.director@olmcfssp.org)

**SACRAMENTAL EMERGENCIES**  
**303-241-2946**

SUNDAY LOW MASS

**6:30 AM | 8:00 AM | 9:30 AM | 1:00 PM**

SUNDAY HIGH MASS

**11:00 AM**

DAILY MASS

**8:30 AM MON - SAT**  
**Also 7:00 PM FRI**

CONFESSIONS

**30 MINUTES BEFORE EACH MASS**  
**SAT: 8 AM until the line is gone.**  
**SAT: 3 - 4 PM**

DAILY MASS

**6:30 AM SUN - SAT**  
Carmelite Monastery  
6138 S. Gallup St. Littleton, CO 80120

## Second Sunday of Advent

### December 7, 2025



*Tota pulchra es, María, et mácula originális non est in te.*

### From the Press

On Social Media (Tyler Katzenberger, Politico.com)

Top Meta staff allegedly compared Instagram to a drug and worked for years to obscure the social media platform's potential dangers from parents and children, even as they appeared to acknowledge their technology was harmful, according to... a... lawsuit alleging social media companies including Meta, TikTok, Snap and YouTube knowingly designed defective products which are addictive and harmful for teens... The filing includes a series of detailed reports from experts who... broadly concluded that the companies knew their platforms were

(Continued on page 2)

addictive but... prioritized user engagement over safety.

Scrolling Ourselves to Death (Marcus Peter, CW Report)

[Concerning] the recent revelation that Meta employees privately compared themselves to drug pushers... The story reads... like the belated acknowledgment of a cultural truth which parents, pastors, psychologists and weary teachers have been articulating for years. The digital platforms... have been engineered with an architecture of compulsion which aims for neurological capture rather than human flourishing... Psychologists have described for decades how adolescent development proceeds through impulsive identity formation and fluctuating emotional thresholds, which means environments heavy in stimuli will exacerbate insecurity, heighten anxiety, and distort self-concept... [This is] what happens when the promise of infinite novelty meets the neurobiology of a population whose prefrontal cortex remains in construction mode... Every design choice aims toward stimuli which can bypass the rational faculty and feed directly into the limbic system. Therefore, the young endure a cultural environment which rewards distraction, punishes stillness and conditions the mind to expect gratification at the speed of a swipe. Studies now reveal higher levels of anxiety, depression, body-image distortion and sleep erosion... Neil Postman observed in “Amusing Ourselves to Death” that societies will eventually trade intellectual seriousness for entertainment, and he suggested that the greater threat arises when citizens lose the capacity for sustained attention. Aldous Huxley... in “Brave New World” predicted that populations would surrender their freedom to technologies which provided pleasure so effortlessly... Huxley believed that amusement could become the architecture of control.<sup>(1)</sup> The fact that Meta engineers compared their product pipeline to narcotics reveals a convergence between fiction and reality which should cause even the most complacent observer to pause... Additionally, the phenomenon of infantilization emerges with striking consistency. Adults who grew up within these systems report diminished resilience, lower frustration tolerance and heightened emotional volatility. When children train their minds through constant reward cycles, they experience adulthood with weakened capacity for long-term projects, intellectual endurance or sacrificial commitments. The platforms contribute to a cultural environment which sustains adolescence far beyond its biologically appropriate boundaries. The intellectual muscles atrophy when deprived of challenge, and the result appears in classrooms, workplaces and households everywhere.

1. This was the case in ancient Rome with gladiatorial games.
2. From the Comments: *I think some of us came to expect entertainment at church [in the sermon?] & catechism classes also.*
3. From the Comments: *[The author] addresses therapeutic means of withdrawal - children require environments which encourage resilience, silence, imagination and conversation. His argument needless to say cites religion. Religious faith alone possesses the power to restore our humanness, the intelligence to regulate our day with things which matter - actual human contact, silent prayer, study [actually reading books], healthy physical activity, healthy spiritual activity... What is needed... most importantly is time made for silent prayer, to be alone with God.*

## LITURGICAL SCHEDULE

### SUNDAY, DECEMBER 7

#### Second Sunday of Advent

6:30 am OLMC 2025 Senior Graduates  
8:00 am Matt and Peggy Tynan Family  
by Brett Ammerman Family  
9:30 am Chris and Caitlin Jay and Family  
**11:00 am (High Mass)** Pro Populo  
1:00 pm Fr. James B. Doran, OMV+ by Bruno Family  
5:00 pm Solemn Vespers and Compline

### MONDAY, DECEMBER 8

#### Immaculate Conception of the BVM

8:30 am Monroe Children by Jeff and Donna Monroe  
12:00 pm Fr. James B. Doran, OMV+ by Bruno Family  
**7:00 pm (High Mass)** Pro Populo

### TUESDAY, DECEMBER 9

#### Feria of Advent

8:30 am Michael Anderson+ by Mary Anderson

### WEDNESDAY, DECEMBER 10

#### Feria of Advent

8:30 am Bishop James Conley

### THURSDAY, DECEMBER 11

#### St. Damasus I, Pope & Confessor

8:30 am Raymond R. DiLorenzo+  
by Larry and Lisa DiLorenzo  
7:00 pm Adoration and Benediction

### FRIDAY, DECEMBER 12

#### Our Lady of Guadalupe

**8:30 am (High Mass)** Fr. James B. Doran, OMV+  
by William and Theresa Dougherty  
7:00 pm June+ by Jule Salazar

### SATURDAY, DECEMBER 13

#### St. Lucy, Virgin and Martyr

8:30 am Emmett Storts

### SUNDAY, DECEMBER 14

#### Third Sunday of Advent

6:30 am Peter McCarthy+  
8:00 am FSSP and Preservation of the TLM  
9:30 am Americus Kalmar+ by Gabriel and Holly Kalmar  
**11:00 am (High Mass)** Pro Populo  
1:00 pm Sean and Graciela Milligan and Family  
5:00 pm Solemn Vespers and Compline

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#### Fr. Loftus' Private Intentions

**9** Robert E. Dalton+  
**10** Fr. James B. Doran, OMV+ by Anna Coffey  
**11** Fr. James B. Doran, OMV+ by Quispe Family  
**12** Susan J. Washenberger+ by Larry and Lisa DiLorenzo  
**13** Americus Kalmar+ by Gabriel and Holly Kalmar

#### Fr. McCarthy's Private Intentions

**9** Pfeifer Family  
**11** Fr. Jose Maria Salgado, FSSP+ by Jule Salazar  
**13** Susan LoSasso

## ANNOUNCEMENTS

**The Parish Office** is closed tomorrow, Mon Dec 8.

**Tomorrow - Immaculate Conception of the BVM** is a Holy Day of Obligation. Masses will be at 6:30am (Monastery), 8:30am, 12pm, and 7pm (High Mass).

### **Wed, Dec 25 - Christmas Day Mass Schedule:**

12am Solemn High Mass. Carols begin at 11pm in the church.  
6:30am (Low), 8am (High), 9:30am (Low), 11am (High)

### **Christmas Day Mass Schedule at the Carmel:**

Wed, Dec 25: 12:00am (High)

Wed, Dec 25: 8:00am (High)

Please note, Christmas Day Mass is not at the regular time

**First Sacraments 2026:** If you have a child in the 3rd grade of religion class in school (or age 8), they are eligible to receive First Holy Communion/Confirmation in spring 2026. For more info, please go to [olmcfssp.org](http://olmcfssp.org) > sacraments > first holy communion/confirmation. Classes will be on Sundays at 2:15pm beginning on Jan 25. Registration ends Jan 11.

**OLMC Christmas Giving Tree:** OLMC Knights of Columbus invite you to help parish families have a Merry Christmas by providing gifts for those in need of help this season. There will be a tree in the parish hall next Sunday for collecting gifts. Take a tag, buy a gift and return wrapped gifts by Dec 21.

**Christmas Poinsettia Donations:** There are envelopes in the vestibule and outside the office for Christmas Poinsettia donations. The 8am high Mass on Christmas morning will be offered for the donors' intentions. Return by Sun, Dec 21.

**Keep Christ in Christmas Poster Contest:** Are you ready to spread some holiday cheer? Show us your creativity by designing an 11x17 poster! Open to students in Grades K-8. Pick up an entry sheet in the parish hall and return by Dec 7 to be in the running for some amazing prizes.

**Today - The Altar and Rosary Society** will be in the parish hall after all Masses accepting donations for a new Solemn Mass vestments as well as entries for a draw to win the BVM/Child statue which formerly adorned the high altar. You must be 18 or older and a registered parishioner to enter. Drawing will take place at the Lessons and Carols on Dec 14. You must be present to win.

**Sat, Dec 13 - 4th Annual Advent Evening:** Our annual Advent evening of spiritual reflection and merriment for women is returning! Interested in hosting a table? We are currently filling hostess spots. You can sign up via QR code or Flocknote to host. More details about attending will come soon!



**Sun, Dec 14 - 2nd Annual Advent Lessons, Carols & Vespers:** Please join us at 4:15pm in the church for this service centering around readings from Sacred Scripture prophesying the birth of our Lord, interspersed with chants, motets, and congregational hymns. The OLMC Parish Choir, St. Cecilia & St. Gregory Student Scholæ, & Our Lady of Good Counsel Cooperative schola will sing. Please note that this is an earlier hour than last year's Lessons & Carols, and that it leads directly into 5pm Solemn Vespers & Compline of Gaudete Sunday. A festive reception will follow.

## ANNOUNCEMENTS

### Feast of Our Lady of Guadalupe

**This Fri, Dec 12** - High Mass at 8:30am followed by a procession with roses around the church while we sing Marian hymns. Join us for a festive breakfast provided by the parish in the social hall after Mass.

**Thu, Dec 11 - Holy Face Hour of Reparation:** Join us on the second Thursday of each month at 5:30pm for public reparation in front of a relic image of the Veil of Veronica, as we offer the Holy Face of Jesus in prayer for our sins and blasphemies against almighty God, especially those of the state of Colorado.

**Tue, Dec 16 - Men's Group:** The men of the parish are invited on to pray the rosary at 6:00pm. A talk from parishioner Richard Shaw on Ham Radios will follow.

**Dec 17-31 - Our Lady of Fatima Traveling Statue** will be at OLMC Dec 17-30.

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**OLMC Online Parish Calendar** is available via the website or the code to the right. Please check there for upcoming events.



### **DAILY PRAYER LINE REQUESTS**

Contact Jane Brennan: [jmbrennan555@gmail.com](mailto:jmbrennan555@gmail.com)

### **Please Pray for the Sick**

Darria Bailey, Dominga Zuniga, Kevin, Tom Sullivan, Lois, Francisca Tsukazan, Mary Therese Anton, Elizabeth, Deb H, Stefan Holl, John Christian, Karen Barrett, Robin Howe, Brenda DeHarrera, Marie Whatley, Lisa Lynch

### **Please Pray for the Repose of the Souls of**

Mac McCord, Doug Wagner, Sr Judith Hartford OCD, Maynard Wells

### **HOMEBOUND**

Any parishioner confined to home who would like to receive the sacraments or the bulletin, please contact the parish office.

### **ALTAR FLOWERS**

Advent is a penitential season, so there are no altar flowers.

Immaculate Conception: Woods Family by Sally Woods

Our Lady of Guadalupe: Ned & Barbara Murray+ by Connolly Family

### **Monthly Offertory - November**

Offertory: \$112,210.66

Poor Box: \$1,404.00

Building: \$4,722.80

### Electronic Giving via Faith Direct





# CCBN invites you to join us for Catholic Networking

- ✓ Build a trusted network
- ✓ Exchange ideas
- ✓ Grow your business
- ✓ Grow the Catholic economy

December 9<sup>th</sup> 11:30 am-1 pm  
Our Lady of Mount Carmel  
5612 S Hickory St

## Tickets:

\$10 EARLYBIRD registration thru 12/5  
\$20 thereafter



Register now!  
Scan the QR code

Contact us with any questions:  
[littleton@coloradocatholics.biz](mailto:littleton@coloradocatholics.biz)