



Our Lady of Mt. Carmel

CATHOLIC CHURCH

www.olmcfssp.org • 5612 S. Hickory St. Littleton, CO 80120 • (303) 703-8538



A parish of the Archdiocese of Denver, CO served by the Priestly Fraternity of St. Peter (FSSP) dedicated to the Traditional Latin Mass and Sacraments according to the 1962 Missal of Pope St. John XXIII.

PASTOR

REV. MATTHEW J. MCCARTHY, FSSP

ASST. PASTOR

REV. JOSEPH LOFTUS, FSSP

father.loftus@olmcfssp.org

ASST. PASTOR

REV. PADRAIC STACK

father.stack@olmcfssp.org

IN RESIDENCE

REV. JOSEPH DALIMATA, FSSP

father.dalimata@olmcfssp.org

OFFICE HOURS

MON - FRI: 9:15 AM - 4:15 PM

OFFICE MANAGER: Bruce Muhe, III

office.manager@olmcfssp.org

SECRETARY: Kaleigh Sims

secretary@olmcfssp.org

DIRECTOR OF MUSIC: David Hughes

music.director@olmcfssp.org

SACRAMENTAL EMERGENCIES

303-241-2946

SUNDAY LOW MASS

6:30 AM | 8:00 AM | 9:30 AM | 1:00 PM

SUNDAY HIGH MASS

11:00 AM

DAILY MASS

8:30 AM MON - SAT

Also 7:00 PM FRI

CONFESSIONS

30 MINUTES BEFORE EACH MASS

SAT: 8 AM until the line is gone.

SAT: 3 - 4 PM

DAILY MASS

6:30 AM SUN - SAT

Carmelite Monastery

6138 S. Gallup St. Littleton, CO 80120

Holy Name of Jesus

January 4, 2026



*In nomine Iesu omne genu flectatur, caelestium, terrestrium
et infernorum: et omnis lingua confiteatur quia
Dominus Iesus Christus in gloria est Dei Patris. (Phil 2:10-11)*

From Fr Loftus

An excerpt from: *The Consoling Thoughts of St. Francis De Sales*
Gathered and Arranged by Rev. Pere Huguet

WE MUST LABOR AT OUR PERFECTION WITHOUT UNEASINESS (Part 2)

"There is no weariness so weary as that which arises from the annoyance of many little but pressing and continual importunities. Our Lord sometimes permits us to fall short in those little encounters, that we may be humbled, and learn that if we have at any time surmounted great temptations, it was not by our own strength we did so, but by the assistance of His divine goodness.

Do not waste time in combating the temptations that happen to you, by contests and disputes with them; only cast some simple glances of love

(Continued on page 2)

towards Jesus Christ crucified, as if you would wish to kiss His sacred side or feet. Cast many times a day your whole heart, mind, and care on God, with the utmost confidence, saying to Him, in the words of David: "I am Thine, O Lord; save me." Live entirely for God, and for the love He has borne to you, endure yourself with all your miseries. I do not mean to say by this, that you should continually be tying up your mind in order to hold it in peace; for you must do everything with the simplicity of a loving heart, keeping near Our Lord as a little child near its father, and when you happen to fall into some faults, whatever they may be, ask pardon meekly, saying to Him that you are certain He loves you well, and will forgive you, and this always simply and sweetly.

All the ancient religious were most admirable in the confidence which they possessed that God would always give them whatever they should require for the support of life; but I consider that we ought to repose on Divine Providence, not only for what concerns temporal things, but much more for what relates to our spiritual life and Perfection. It is only the too great care we have of ourselves that makes us lose our tranquility of mind, and leads us to odd and fantastic notions; for when we meet with some contradiction, and perceive a little of our immortification, or when we commit some fault, however trifling it may be, we immediately imagine that all is lost. Is it so great a wonder then to see you stumble occasionally? "But I am so miserable, so full of imperfections!" Are you well aware thereof? Bless God for having given you this knowledge, and do not lament it so much; you are very lucky in knowing that you are only misery itself. After having blessed God for the knowledge He has given you, remove that use- less tenderness which makes you mourn over your infirmities. We have some sympathies for our body that are very much opposed to perfection, and others for our soul that are incomparably more so. "I am unfaithful to Our Lord, and therefore I have no consolation in prayer." A great pity indeed! "But I am so often in aridity, that it makes me believe I am not well with God, who is so full of consolations!" Capittally said, as if God always gave consolations to His friends! Was there ever a pure creature so worthy of being loved by God, and in reality so loved by Him, as Our Lady or St. Joseph? And yet sorely they were tried! In a word, be not vexed, because you have been vexed; nor troubled, because you have been troubled; nor disquieted, because you have been disquieted by those annoying passions; but resume control over your heart, and place it lovingly in the hands of Our Lord, begging of Him to heal it: on your part, doing as much as you can for this purpose, by the renovation of your resolutions, perusal of good books, and other such means; and acting thus, you will gain considerably by your loss, and become much healthier by your sickness. At the birth of Jesus, while the shepherds enjoyed celestial music and a glorious heavenly vision, Mary and Joseph in the stable beheld only the tears of the Divine Infant through the obscurity of the night. Yet who would prefer the condition of the former to that of the latter? Or who would not prefer to be with Jesus, Mary, and Joseph, though in the darkness of obscurity, than to be enraptured with the shepherds, though their joys were angelic?"

LITURGICAL SCHEDULE

SUNDAY, JANUARY 4

Holy Name of Jesus

6:30 am Celebrant's Intention

8:00 am Matt/Peggy Tynan Family by Ammerman Family

9:30 am Chas/Grace Canfield by Seybert Family

11:00 am (High Mass) Pro Populo

1:00 pm Kayla Venzor Rivera by Francisca Rivera Ruiz

5:00 pm Solemn Vespers and Compline

MONDAY, JANUARY 5

Feria in Christmastide

8:30 am Tim and Miz Harrington by Adam Pippin

TUESDAY, JANUARY 6

The Epiphany of the Lord

8:30 am Guadalupe Lopez Cruz+ by Francisca Rivera Ruiz

7:00 pm (High Mass) Shane/Anna Coffey by Dustin Werner

WEDNESDAY, JANUARY 7

Feria of Epiphany

8:30 am Miguel Sanchez Servin+ by Laurel Sanchez

THURSDAY, JANUARY 8

Feria of Epiphany

8:30 am Mary Ammerman by Kerry Feist

FRIDAY, JANUARY 9

Feria of Epiphany

8:30 am Dennis Schneider Jeff and Donna Monroe

7:00 pm Josh/Vanessa Werner by Dustin Werner

SATURDAY, JANUARY 10

Saturday of Our Lady

8:30 am FSSP by Moser Family

SUNDAY, JANUARY 11

Holy Family of Jesus, Mary and Joseph

6:30 am David/Kerry Feist Family by Kerry Feist

8:00 am FSSP and Preservation of the TLM

9:30 am Private Intention by Tom Chavez

11:00 am (High Mass) Pro Populo

1:00 pm Cecilia Margarita Alba Sanchez

5:00 pm Solemn Vespers and Compline

Fr. McCarthy's Private Intentions

5 Yatzaret Munoz Rodriguez by Francisca Rivera Ruiz

7 FSSP by Moser Family

8 Thanksgiving by Diane Koehnke

10 Kayla and Antonio Cabrera by Dustin Werner

ANNOUNCEMENTS

The Parish Office opens tomorrow, Mon Jan 5.

Fr Dalimata is away until Jan 14.

Today - Second Collection: Retirement Fund for Religious.

Yearly Donation Statements will be sent out at the end of January.

First Sacraments 2026 - One week left to register! If you have a child in the 3rd grade of religion class in school (or age 8), they are eligible to receive First Holy Communion/Confirmation in spring of 2026. For more info, please go to olmcfssp.org > sacraments > first holy communion/confirmation. Classes will be on Sundays at 2:15pm beginning on Jan 25. **Registration ends next Sunday, Jan 11.**

Tomorrow Mon, Jan 5 - Epiphany Water Blessing at 5pm in the parish hall after 4:30pm Vespers. All are welcome to attend. There will be a table in the hall for water to-be-blessed beginning on Sun, Dec 28. Please only bring gallon size containers.

This Tue, Jan 6 - Epiphany of the Lord: There will be a high Mass at 7pm.

This Fri, Jan 9 - Mary's Budding Flowers is a parish group for women expecting and in early motherhood. Join us at 9:30am in the St. Albert Room. You are encouraged to bring a friend and dish to share. Toddlers and babies are welcome. Direct questions to Angela at angeladelcarmen@protonmail.com.

Next Sun, Jan 11 - OLMC's Annual Christmas Party: The Annual Parish Christmas Party will take place after the 1:00pm Mass. The parish will provide beverages, parishioners are asked to bring the following:

Last name begins with A-G: Main Dish

Last name begins with H-O: Side Dish

Last name begins with L-Z: Dessert

Keep Christ in Christmas Poster Contest: The winners in each grade are exhibited in the parish hall.

Legion of Mary: All are welcome to join our meetings held Mondays at 6pm and Thursdays after the 8:30am Mass. Please join us at either meeting once a week. The Legion is a sign of the Blessed Mother Mary's maternal love for the world and a means of enlisting all her children in the Church's Evangelizing work.

Legion of Mary: If you or someone you know is new to the Latin Mass and would appreciate guidance—whether learning the Mass, understanding the Missal, or proper etiquette—please email us at legionofmaryOLMC@gmail.com and we will gladly reach out to assist.

Tue Jan 13 - Young Adult Group: For ages 18-35. Join us at 6:30pm for talk by Fr. Loftus. Wine and beer will be provided for those 21+. Please bring a snack to share.

Tue Jan 13 - Colorado Catholic Business Network: 11:30 AM in the Parish Hall. Vince Jaramillo will present on Tax Planning for Catholic Business Owners. \$10 to pre-register and \$20 at the door. Register via the QR Code.



ANNOUNCEMENTS

Young Adult Group

Tue, Jan 20 - Young Catholic Professionals Denver Chapter will be hosting their Executive Speaker Series event here at OLMC, 6:30-9:00pm. More details to come.

Sun Jan 18 - Burrito Breakfast: The Knights of Columbus will be selling burritos after all morning Masses.

Sun, Jan 18 - Altar Flower Donation Drive: Your support will help adorn the altar with beautiful floral arrangements in honor of Our Lord and Our Lady of Guadalupe. Please visit the table in the parish hall after all Masses to select dates and request your intentions. Cash, checks and credit cards will be accepted.

Saint Teresa of Jesus Association (STJA): Have you been discerning Carmelite Spirituality? If so, come visit the STJA on the 2nd Saturday of the month in the St. Teresa Room after the 8:30 am Mass. (9:30am-1:00pm)

OLMC Online Parish Calendar is available via the website or the code to the right. Please check there for upcoming events.



DAILY PRAYER LINE REQUESTS

Contact Jane Brennan: jmbrennan555@gmail.com

Please Pray for the Sick

David Williamson, Jamie Jimenez, Jacob Jaxson, Indigo Williamson, Jeff McBride, Shannon Coffey, Miriam Halazon, John Filipczak, Cristina Vigil, Maria McKinley, Rebecca Noël Moser, Joanne Leary, Ronald Rider, Robert Tancredi, Pat Bergman, Jane Brennan.

Please Pray for the Repose of the Souls of

Michael Anderson, Fr. James B. Doran, John & Eugenia Casbergue, Ronald & Dorothy Seybert, Blake Bratcher, James Hamm, Tony Morley, Susan Martin, Joyce Doherty.

HOMEBOUND

Any parishioner confined to home who would like to receive the sacraments or the bulletin, please contact the parish office.

ALTAR FLOWERS

The Poinsettias will remain on the altar until the Commemoration of the Lord's Baptism (Jan 13).

Monthly Offertory - December

Offertory: \$135,480

Poor Box: \$2,980

Capitol: \$17.532

Electronic Giving via Faith Direct



Holy Face Eucharistic Miracles Italy Pilgrimage of Reparation October 4 - 17, 2026



Jule Lane



Father Frank Furman, FSSP

Led by Father Frank Furman and Jule Lane, this Italian pilgrimage of reparation, the Holy Face and Eucharistic Miracles features five Eucharistic miracles, Rome's four major basilicas, the Vatican Museums with the Sistine Chapel, and sites honoring Blessed Maria Pierina de Micheli, two Marian apparitions, St. Padre Pio and St. Michael's Cave, the Veil of Manoppello, the Holy House of Loreto, St. Rita and St. Carlo Acutis, St. Francis of Assisi and St. Clare, as well as St. Catherine of Siena and St. Gemma.

