



# Our Lady of Mt. Carmel

## CATHOLIC CHURCH

[www.olmcfssp.org](http://www.olmcfssp.org) • 5612 S. Hickory St. Littleton, CO 80120 • (303) 703-8538



A parish of the Archdiocese of Denver, CO served by the Priestly Fraternity of St. Peter (FSSP) dedicated to the Traditional Latin Mass and Sacraments according to the 1962 Missal of Pope St. John XXIII.

PASTOR  
**REV. MATTHEW J. MCCARTHY, FSSP**

ASST. PASTOR

**REV. JOSEPH LOFTUS, FSSP**  
father.loftus@olmcfssp.org

ASST. PASTOR

**REV. PADRAIC STACK**  
father.stack@olmcfssp.org

IN RESIDENCE

**REV. JOSEPH DALIMATA, FSSP**  
father.dalimata@olmcfssp.org

◆ OFFICE HOURS

**MON - FRI: 9:15 AM - 4:15 PM**

**OFFICE MANAGER:** Bruce Muhe, III  
office.manager@olmcfssp.org

**SECRETARY:** Kaleigh Sims  
secretary@olmcfssp.org

**DIRECTOR OF MUSIC:** David Hughes  
music.director@olmcfssp.org

**SACRAMENTAL EMERGENCIES**  
**303-241-2946**

◆ SUNDAY LOW MASS

**6:30 AM | 8:00 AM | 9:30 AM | 1:00 PM**

◆ SUNDAY HIGH MASS  
**11:00 AM**

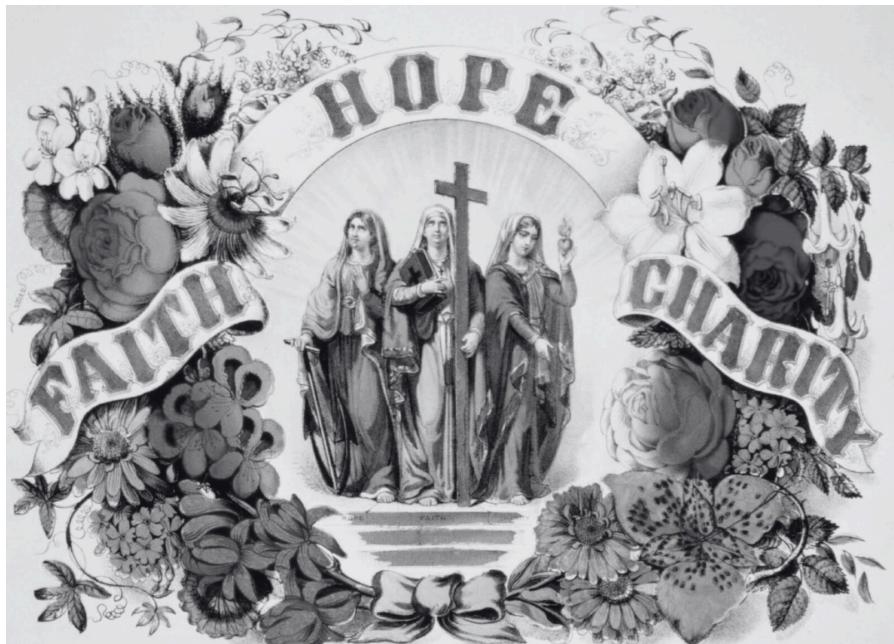
◆ DAILY MASS  
**8:30 AM MON - SAT**  
**Also 7:00 PM FRI**

◆ CONFESSIONS  
**30 MINUTES BEFORE EACH MASS**  
**SAT: 8 AM until the line is gone.**  
**SAT: 3 - 4 PM**

◆ DAILY MASS  
**6:30 AM SUN - SAT**  
Carmelite Monastery  
6138 S. Gallup St. Littleton, CO 80120

## Quinquagesima Sunday

### February 15, 2026



*Nunc autem manent fides, spes, caritas, tria haec:  
maior autem horum est caritas.*

### From Fr. Loftus

An excerpt from The Consoling Thoughts of St. Francis De Sales  
Gathered and Arranged by Rev. Pere Huguet  
INDIFFERENCE ABOUT OUR ADVANCEMENT IN VIRTUE (Part 2)

"Tremble, and sin not," where our sacred version has it: "be angry, and sin not;" which is in fact the same thing; for the prophet only means to say, that if anger surprises us, exciting in our hearts those first flutterings, we must take care not to allow ourselves to be carried further, or we shall commit "sin." But though these tremblings are no sin, yet the poor afflicted soul is often troubled and disquieted by them, and thinks it does well to be sad, as if it were the love of God that could produce this sadness. Heavenly love does not produce this sadness, for it is offended only with sin; it is our self-love, which would have us

(Continued on page 2)

exempt from the pain and labour attached to those assaults. It is not the fault that displeases us in those bursts of anger, for there is no sin therein; it is the pain of resisting them that annoys us. The rebellions of the sensual appetite, in regard to anger as well as to concupiscence, are left in us for our exercise, that we may display spiritual valour in overcoming them. This appetite is the Philistine whom the true Israelite must ever combat, without ever conquering; we may weaken him, but cannot destroy him. He dies only with us, and lives as long as we live. He is, indeed, an execrable and detestable enemy, being the fruit of sin, and tending only to sin. On which account, as we are called "dust," because taken from the earth and returning to the earth, so this rebellion is called "sin" by the great Apostle, because it comes from sin and leads to sin, though it does not render us guilty of sin, unless we obey it. Whence the same Apostle warns us to act in such a manner that this evil "may not reign in our mortal body, to obey its concupiscence." It is not to feel sin, but to consent to sin, he forbids; he does not order us to prevent sin from entering into us, and being there, but he commands that it shall not "reign" there. It is in us when we perceive the rebellion of the sensual soul; but it does not reign in us, unless we consent to its dominion.

"The sting of the flesh," "the angel of Satan," roughly tried the great St. Paul, to precipitate him into sin. The poor Apostle suffered it as a shameful and infamous injury: wherefore, he called it a "buffeting," and besought God to be pleased to deliver him from it; but God answered him: "O Paul! my grace is sufficient for thee, for my power is made perfect in infirmity." To which this great saint, acquiescing, said: "then willingly will I glory in my infirmities, that the power of Jesus Christ may dwell in me." But, if you please, remark that the sensual rebellion is found even in this admirable vessel of election, who, by having recourse to the remedy of prayer, teaches us the means of overcoming the temptations we experience; remark also, that if Our Lord permits those cruel revolts in man, it is not always to punish him for some sin, but it is to manifest the power and energy of the divine grace and assistance; remark, in fine, that we should not only be untroubled about our temptations and infirmities, but should even glory in them, that the divine strength may appear in us, supporting our frailty against the attacks and suggestions of temptation. For the glorious Apostle calls the stings and darts of impurity which he felt, his infirmities, and says that he gloried in them, because if by his misery he endured them, yet, by the mercy of God, he did not consent to them.

God wishes that we should have enemies; God wishes that we should repel them. Let us, then, live courageously in the accomplishment of the divine will, suffering with patience to be assaulted, and with bravery resisting the assaults.

## LITURGICAL SCHEDULE

### SUNDAY, FEBRUARY 15

#### Quinquagesima Sunday

6:30 am OLMC Volunteers

8:00 am Quintero Family by David Martinez

9:30 am Private Intention by Josh and Brooke Field

#### 11:00 am (High Mass) Pro Populo

1:00 pm JoAnn Ice+ by JoLene DeNardo

5:00 pm Solemn Vespers and Compline

### MONDAY, FEBRUARY 16

#### Feria

8:30 am Muecke Family by Stacie Eggemeyer

### TUESDAY, FEBRUARY 17

#### Feria

8:30 am Tyler Enright by James Enright

### WEDNESDAY, FEBRUARY 18

#### Ash Wednesday

8:30 am Mindy Dalton by Brett Ammerman Family

12:00 pm James Hamm+ by Quispe Family

#### 7:00 pm (High Mass) End of Abortion

### THURSDAY, FEBRUARY 19

#### Thursday after Ash Wednesday

8:30 am Brett Ammerman

### FRIDAY, FEBRUARY 20

#### Friday after Ash Wednesday

8:30 am Alice Nicholas by Quispe Family

6:00 pm Stations of the Cross

#### 7:00 pm (High Mass) Antônio Rodrigues Ferreira+ by Maria Ferreira

### SATURDAY, FEBRUARY 21

#### Saturday after Ash Wednesday

8:30 am Kalmar Family by James Eggemeyer

### SUNDAY, FEBRUARY 22

#### First Sunday of Lent

6:30 am Pope Leo XIV

8:00 am Susan Martin by 6:30am Breakfast Club

9:30 am Jason Ogden by Ann Glaser

#### 11:00 am (High Mass) Pro Populo

1:00 pm Allen and Judith Murphy by Allen Murphy

5:00 pm Solemn Vespers and Compline

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#### Fr. Stack's Private Intentions

**16** Mei Talakai

**17** Toree and Aaron Ogden by Ann Glaser

**19** Addison Enright by James Enright

**21** Confraternity of St. Peter by Allen Murphy

## ANNOUNCEMENTS

**2025 Tax Statements** have been mailed out to you.

**Parish Office** will be closed tomorrow, Mon, Feb 16.

**Fr. Dalimata** is away until Feb 21 inclusive.

### Current Canon Law on Abstinence, Penance and Fasting:

#### **Days of Abstinence:**

- Begins on one's 14th birthday
- Ash Wednesday and the Fridays of Lent
- Obliges abstention from flesh meat

#### **Days of Penance:**

- Applies to all the Faithful
- Lent and Fridays outside of Lent
- Obligation is lifted on days celebrated as Solemnities

#### **Days of Fast:**

- Applies to everyone aged 18 to 59, inclusive
- One full meal permitted and two other meals may be taken which, when combined, are less than a full meal
- Ash Wednesday and Good Friday

#### **Today and next Sun Feb 22 - FNE Butter Braid Sale**

after all Masses. Delivery will be the evening of Thu, Mar 26. Please support them as they earn their Summer Camp dues. Scan QR code to order online.



**This Tue, Feb 17 - Men's Group:** The men of the parish are invited to a series of talks from parishioner Thomas Whisenant on Pope Leo XIII's social encyclicals. The first talk will be on 2/17 with the Rosary starting at 6:00pm.

**This Wed, Feb 18 - Ash Wednesday:** Mass times will be at 8:30am, 12:00pm, and 7pm (High Mass). Ashes will be distributed promptly at the beginning of Mass.

**Ash Wednesday** is a day of Fast and Abstinence by law, not pious custom.

**All Fridays in Lent** are days of Abstinence by law, not pious custom.

**Fridays in Lent - Vegetarian Potluck** starting at 4:45pm in the parish hall and ending right before Stations of the Cross. All are welcome to attend. Please bring a dish to share.

**Fridays in Lent - Stations of the Cross** starting at 6pm in the church. Booklets will be provided. High Mass will begin directly afterwards at 7pm.

**Fridays in Lent - The Friday Evening Mass** will be a high Mass. This is a good opportunity to hear the beautiful chant for the penitential Masses of Lent.

**Sat, Feb 21 - Altar and Rosary Society (ARS):** Care for our priests and our altar! Come and meet the ARS! We come together to pray the Holy Rosary in the St. Albert Room following the 8:30am Mass every third Saturday of the month. Afterwards, enjoy fellowship and refreshments, followed by our monthly meeting. All women of the parish are welcome!

## ANNOUNCEMENTS

### **Triumph of the Heart Film Screening**

**Sat, Feb 28** - The parish will be hosting a private screening of the film The Triumph of the Heart, based on the life of St. Maximilian Kolbe in the Auschwitz concentration camp during World War II, on Saturday, 2/28 at 5pm. Due to space constraints in the parish hall, a sign-up will be sent out this coming week. It is an intense film and parents of younger children will need to exercise discernment and discretion in allowing their children to see it.

**Thu, Feb 26 - Adult Catechesis:** Fr. Dalimata will be giving a presentation of what is commonly known as 'The Preventative Method' of youth formation. The talk will focus specifically on how this method forms the youth in a close relationship with God through the church and on how to implement this today in our families and communities. Open to all adults.

**OLMC Online Parish Calendar** is available via the website or the code to the right. Please check there for upcoming events.



#### **DAILY PRAYER LINE REQUESTS**

Contact Jane Brennan: jmbrennan555@gmail.com

#### **Please Pray for the Sick**

David Williamson, Jamie Jimenez, Jacob Jaxson, Indigo Williamson, Jeff McBride, Shannon Coffey, Miriam Halazon, John Filipczak, Cristina Vigil, Maria McKinley, Rebecca Noël Moser, Joanne Leary, Ronald Rider, Robert Tancredi, Pat Bergman, Maria Lonardo.

#### **Please Pray for the Repose of the Souls of**

Michael Anderson, Fr. James B. Doran, John & Eugenia Casbergue, Ronald & Dorothy Seybert, Blake Bratcher, James Hamm, Tony Morley, Susan Martin, Joyce Doherty, Keith Hoyt

#### **HOMEBOUND**

Any parishioner confined to home who would like to receive the sacraments or the bulletin, please contact the parish office.

#### **MONTHLY OFFERTORY - January:**

Offertory: \$127,305.45

Poor Box: \$990

Capital: \$7,020.46

Sanctuary Flower Intentions		
Feast		Intention
Quinquagesima Sunday	Main Altar	William Sneeringer+ by Bill and Megaan Morkes
	Our Lady of Guadalupe	John and Robert Connolly by Kurt & Mary Connolly

#### **Electronic Giving via Faith Direct**



