



Our Lady of Mt. Carmel

CATHOLIC CHURCH

www.olmcfssp.org • 5612 S. Hickory St. Littleton, CO 80120 • (303) 703-8538



A parish of the Archdiocese of Denver, CO served by the Priestly Fraternity of St. Peter (FSSP) dedicated to the Traditional Latin Mass and Sacraments according to the 1962 Missal of Pope St. John XXIII.

PASTOR
REV. MATTHEW J. MCCARTHY, FSSP

ASST. PASTOR
REV. JOSEPH LOFTUS, FSSP
father.loftus@olmcfssp.org

ASST. PASTOR
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IN RESIDENCE
REV. JOSEPH DALIMATA, FSSP
father.dalimata@olmcfssp.org

◆
OFFICE HOURS
MON - FRI: 9:15 AM - 4:15 PM

OFFICE MANAGER: Bruce Muhe, III
office.manager@olmcfssp.org

SECRETARY: Kaleigh Sims
secretary@olmcfssp.org

DIRECTOR OF MUSIC: David Hughes
music.director@olmcfssp.org

SACRAMENTAL EMERGENCIES
303-241-2946

◆
SUNDAY LOW MASS
6:30 AM | 8:00 AM | 9:30 AM | 1:00 PM

SUNDAY HIGH MASS
11:00 AM

DAILY MASS
8:30 AM MON - SAT
Also 7:00 PM FRI

CONFESIONS
30 MINUTES BEFORE EACH MASS
SAT: 8 AM until the line is gone.
SAT: 3 - 4 PM

◆
DAILY MASS
6:30 AM SUN - SAT
Carmelite Monastery
6138 S. Gallup St. Littleton, CO 80120

Sexagesima Sunday

February 8, 2026



*Per fenestram in sporta dimissus sum per murum,
et sic effugi manus eius. (2 Cor 11:33)*

From the Press

Without a Safety Net (Mark Haas, Crisis Magazine)

Recently, world-renowned climber Alex Honnold made headlines again by free-climbing Taipei 101, one of the tallest skyscrapers in the world... In free solo climbing, the climber ascends massive structures or rock faces without ropes, harnesses, or protective equipment. There is no safety net. No backup plan. One slip, one moment of fatigue, one

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miscalculation - and death is horrifically instant... The free climber lives, quite literally, seconds away from catastrophe at all times...

Spiritually speaking, many Catholics today are living in a similar way... Some Catholics knowingly live in a state of mortal sin while telling themselves, "I'll go to confession on Saturday" or "I'll deal with this later." They continue in serious sin, assuming that they will always have time to repent. This attitude is known in the Church as the sin of presumption.

Presumption says, "God will forgive me later"; "I'll stop someday"; "I'm fine for now." It is spiritual free soloing. It is choosing to climb the mountain of life without ropes... *presuming* nothing will go wrong.

But something can always go wrong.

Our Lord warned us repeatedly about this danger: "Therefore, stay awake! For you do not know on what day your Lord is coming" (Mt 24:42). And again: "You also must be ready, for the Son of Man is coming at an hour you do not expect" (Mt 24:44).

We do not know the day or the hour when our life will end. No one is guaranteed tomorrow. Accidents happen. Illness strikes suddenly. Hearts stop without warning. Every funeral is a reminder: life is fragile. To knowingly remain in mortal sin is to live every day spiritually exposed - one heartbeat away from eternity.

Jesus never minimized this danger. In fact, He spoke about Hell more than anyone else in Scripture—not to frighten us unnecessarily but to save us...

St. Augustine once wrote: "God who created you without you, will not save you without you."

Grace is freely given, but we must cooperate with it. To live in the state of grace is to climb with safety. It is to acknowledge our weakness and rely on God's strength...

St. Alphonsus Liguori warned: "Many live as if they were never to die, and die as if they had never lived."

We are not called to live in fear but in vigilance, humility, and trust. If we are in mortal sin, now is the time to return. Not tomorrow. Not "someday." Now. God's mercy is endless. But time is not.

Vatican to meet with SSPX (Victoria Cardiel, EWTN News)

The Vatican will receive representatives of the Priestly Society of St. Pius X (SSPX) following the traditionalist group's announcement that it plans to consecrate new bishops without permission from Rome — a move that could incur automatic excommunication of all bishops involved and deepen the group's rupture with the Catholic Church. The Vatican meeting will take place Feb. 12 at the Dicastery for the Doctrine of the Faith and will be led by Cardinal Víctor Manuel Fernández, prefect of the dicastery. (1)

1. One recalls Kamala Harris explaining the war in Ukraine: "So, Ukraine... exists next to another country called Russia. Russia is a bigger country. Russia is a powerful country. Russia decided to invade a smaller country... So, basically, that's wrong, and it goes against everything that we stand for..." and one journalist's comment: "We're doomed."

LITURGICAL SCHEDULE

SUNDAY, FEBRUARY 8

Sexagesima Sunday

6:30 am James Hamm+ by George and Judith Lenormand
8:00 am FSSP and Preservation of the TLM

9:30 am Fr. Juan Bautista by Katerina Vetrovec

11:00 am (High Mass) Pro Populo

1:00 pm Tess Camara

5:00 pm Solemn Vespers and Compline

MONDAY, FEBRUARY 9

St. Cyril, Bishop of Alexandria

8:30 am Roger Williams by Katerina Vetrovec

TUESDAY, FEBRUARY 10

St. Scholastica, Virgin

8:30 am Maria Ann Lang by Gwyn Duke

WEDNESDAY, FEBRUARY 11

Our Lady of Lourdes

8:30 am (High Mass) Layla Camara by Shawn Maisen

THURSDAY, FEBRUARY 12

Seven Holy Founders of the Order of Servants of the BVM

8:30 am James Hamm+ by Stacie Eggemeyer

FRIDAY, FEBRUARY 13

Feria

8:30 am God Children of Josh and Brooke Field
by Josh and Brooke Field

7:00 pm Henry Blum by Jim Blum

SATURDAY, FEBRUARY 14

Saturday of Our Lady

8:30 am Michael McCarthy I by James Eggemeyer

SUNDAY, FEBRUARY 15

Quinquagesima Sunday

6:30 am OLMC Volunteers

8:00 am Quintero Family by David Martinez

9:30 am Private Intention by Josh and Brooke Field

11:00 am (High Mass) Pro Populo

1:00 pm JoAnn Ice+ by JoLene DeNardo

5:00 pm Solemn Vespers and Compline

Fr. Stack's Private Intentions

9 Bruce McBride by Seybert Family

10 Thomas and Nancy Bryne+ by Mary Maguire

11 Fr. Matthew McCarthy, FSSP

12 Maria Ann Lang by Gwyn Duke

14 JP and Melissa Piché and Family by James Enright

ANNOUNCEMENTS

2025 Tax Statements are available for you to pick up outside the parish office. If you wrote checks from multiple addresses or names, please pick those up as well. These statements are for cash & check contributions put in the Sunday offertory. If you donated through Faith Direct or Flocknote, we will email you that statement. If you have any questions, please contact the business manager. Thank you for your generous support throughout the year!

Fr. Dalimata is away until Feb 21 inclusive.

Current Canon Law on Abstinence, Penance and Fasting:

Days of Abstinence:

- Begins on one's 14th birthday
- Ash Wednesday and the Fridays of Lent
- Obliges abstention from flesh meat

Days of Penance:

- Applies to all the Faithful
- Lent and Fridays outside of Lent
- Obligation is lifted on days celebrated as Solemnities

Days of Fast:

- Applies to everyone aged 18 to 59, inclusive
- One full meal permitted and two other meals may be taken which, when combined, are less than a full meal
- Ash Wednesday and Good Friday

Ash Wednesday is a day of Fast and Abstinence by law, not pious custom.

All Fridays in Lent are days of Abstinence by law, not pious custom.

Fridays in Lent - Vegetarian Potluck starting at 4:45pm in the parish hall and ending right before Stations of the Cross. All are welcome to attend. Please bring a dish to share.

Fridays in Lent - Stations of the Cross starting at 6pm in the church. Booklets will be provided. High Mass will begin directly afterwards at 7pm.

Fridays in Lent - The Friday Evening Mass will be a high Mass. This is a good opportunity to hear the beautiful chant for the penitential Masses of Lent.

This Tue, Feb 10 - Colorado Catholic Business Network invites you to join them for their lunch-n-learn from 11:30-1pm. Brad Pike will deliver a talk entitled *Mission Aligned AI: Practical technology for your Catholic business.* Scan QR to register or see Flocknote



This Thu, Feb 12 - Holy Face Prayer Group: Join us on the second Thursday of each month at 5:30pm in the church, for a time of prayer in reparation for our sins and blasphemies against almighty God.

Thu, Feb 26 - Adult Catechesis: Fr. Dalimata will be giving a presentation of what is commonly known as 'The Preventative Method' of youth formation. The talk will focus specifically on how this method forms the youth in a close relationship with God through the church and on how to implement this today in our families and communities. Open to all adults.

ANNOUNCEMENTS

Young Adult Event

This Tue, Feb 10 - Theology on Tap at 6:30pm in the parish hall for ages 18-35. Fr. Loftus will be giving a talk about the virtue of Fortitude. Wine and beer will be provided for those over 21. Feel free to bring a snack to share.

Bosco Ministries 2026 Summer Camps registration is now open. Visit www.boscoministries.org to register or for more information. The camp dates are as follows:

Camp St. Isaac Jogues (boys 13-15): June 12-23

Camp St. Peter Session 1 (boys 13-15): July 10-21

Camp St. Peter Session 2 (boys 13-15): July 24- August 4

Sursum Corda (boys 13-15): June 30- July 12

Peru Mission Trip (men 17-24): August 6 - Aug 22

Sun, Feb 15 and 22 - FNE Butter Braid Sale after all Masses. Delivery will be the evening of Thu, Mar 26. Please help the Explorers earn their Summer Camp funds!

OLMC Online Parish Calendar is available via the website or the code to the right. Please check there for upcoming events.



DAILY PRAYER LINE REQUESTS

Contact Jane Brennan: jmbrennan555@gmail.com

Please Pray for the Sick

David Williamson, Jamie Jimenez, Jacob Jaxson, Indigo Williamson, Jeff McBride, Shannon Coffey, Miriam Halazon, John Filipeczak, Cristina Vigil, Maria McKinley, Rebecca Noël Moser, Joanne Leary, Ronald Rider, Robert Tancredi, Pat Bergman, Maria Lonardo.

Please Pray for the Repose of the Souls of

Michael Anderson, Fr. James B. Doran, John & Eugenia Casbergue, Ronald & Dorothy Seybert, Blake Bratcher, James Hamm, Tony Morley, Susan Martin, Joyce Doherty.

HOMEBOUND

Any parishioner confined to home who would like to receive the sacraments or the bulletin, please contact the parish office.

Sanctuary Flower Intentions		
Feast		Intention
Sexagesima Sunday	Main Altar	Jerome Leising+ by Liam Maguire
	Our Lady of Guadalupe	Our 1 Year Wedd. Anniv. by Tia and Sterling Webb
First Friday	Main Altar	In Memory of the Leinheiser Family by Doug and Jody Loomis

Electronic Giving via Faith Direct





Join us

March 7th from 4:30-8:30PM @ the Hudson Gardens, Littleton, CO

For:

Building Beautiful

An Evening of Experiencing Beauty

Building Beautiful is a unique cultural event that extends Bosco Ministries' mission into the families and communities of the boys and men it serves. Bosco Ministries is igniting the hearts of boys and men to authentic masculine joy through adventurous Catholic experiences led by FSSP priests and seminarians. This joy is rooted in Christ, informed by beauty, and formed through virtue. This event provides both an experience and understanding of beauty, while giving articulate expression to the truth contained in well-ordered sounds and spaces.

The Evening Includes:

Gourmet Hors d'oeuvre and Charcuterie Tables

Fine Artisan Wines

Cello House Concert and the Foundations of Beauty in Music

Keynote on St. Peter and the Foundations of Catholicism

Dessert and Coffee Social

Reserve Your FREE Ticket for this Event

To reserve your spot and learn more about the details of this event, scan the QR code or visit:

boscoministries.org/building-beautiful

