



# Our Lady of Mt. Carmel

## CATHOLIC CHURCH

www.olmcfssp.org + 5612 S. Hickory St. Littleton, CO 80120 + (303) 703-8538



A parish of the Archdiocese of Denver, CO served by the Priestly Fraternity of St. Peter (FSSP) dedicated to the Traditional Latin Mass and Sacraments according to the 1962 Missal of Pope St. John XXIII.

PASTOR  
**REV. MATTHEW J. MCCARTHY, FSSP**

ASST. PASTOR  
**REV. JOSEPH LOFTUS, FSSP**  
father.loftus@olmcfssp.org

ASST. PASTOR  
**REV. PADRAIC STACK**  
father.stack@olmcfssp.org

IN RESIDENCE  
**REV. JOSEPH DALIMATA, FSSP**  
father.dalimata@olmcfssp.org

OFFICE HOURS  
**MON - FRI: 9:15 AM - 4:15 PM**

**OFFICE MANAGER:** Bruce Muhe, III  
office.manager@olmcfssp.org

**SECRETARY:** Kaleigh Sims  
secretary@olmcfssp.org

**DIRECTOR OF MUSIC:** David Hughes  
music.director@olmcfssp.org

SACRAMENTAL EMERGENCIES  
**303-241-2946**

SUNDAY LOW MASS  
**6:30 AM | 8:00 AM | 9:30 AM | 1:00 PM**

SUNDAY HIGH MASS  
**11:00 AM**

DAILY MASS  
**8:30 AM MON - SAT**  
**Also 7:00 PM FRI**

CONFESSIONS  
**30 MINUTES BEFORE EACH MASS**  
**SAT: 8 AM until the line is gone.**  
**SAT: 3 - 4 PM**

DAILY MASS  
**6:30 AM SUN - SAT**  
Carmelite Monastery  
6138 S. Gallup St. Littleton, CO 80120

## Fourth Sunday of Lent

### Laetare Sunday

### March 15, 2026



*Accépit ergo Iesus panes, et cum grátias egisset, distribuit discumbéntibus.*

**From Fr. Loftus**

*An excerpt from The Consoling Thoughts of St. Francis De Sales  
Gathered and Arranged by Rev. Pere Huguet*

#### WE SHOULD DRAW PROFIT FROM OUR FAULTS

The faults and infidelities of which we are guilty every day should indeed bring us shame and confusion when we approach Our Lord; and thus we read of great saints, like St. Catherine of Siena and St. Teresa, that, when they had fallen into any fault, they experienced much confusion. Hence it is very reasonable that, having offended God, we should retire from Him for a little by humility, and remain confused; for if we had offended only a friend, we should be ashamed to go near him.

But we must not remain away always; for the virtues of humility

(Continued on page 2)

abjection, and confusion are medium virtues, through which we must ascend to the union of our soul with God. It would be no great matter to annihilate and confound oneself, which is done by an act of humiliation, if it were not to give oneself to God, as St. Paul teaches us when he says: "divest yourselves of the old man and put on the new." For we are not to remain naked, but to clothe ourselves with God. This little retirement is made only the better to rush into God by an act of love and confidence.

We must not confound sadness with inquietude: it is self-love that raises a good deal of this confusion, because we are offended at not being perfect, less through love for God than love for ourselves; and though you do not feel confidence, you should not cease to make acts thereof, saying to Our Lord: "My Lord! though I have no sentiment of confidence in Thee, yet I know that Thou art my God, I am all Thine, and I have no hope but in Thy goodness; hence I abandon myself entirely into Thy hands."

It is always in our power to make these acts, and though we may have some difficulty, yet there is no impossibility in the way, and it is on such occasions that we show our fidelity to Our Lord; for though we make them without relish or satisfaction, still we have no need to be in pain on that account, since Our Lord prefers them so: and do not say that you utter them only from the mouth; for if the heart did not wish it, the mouth would not say a word.

Having acted thus, remain in peace, and without attending to your trouble, speak to Our Lord of something else. To conclude this point, it is good to have confusion when we have a knowledge and feeling of our misery and imperfection; but we must not rest there, or fall therefrom into discouragement, but lift our heart to God by a holy confidence, the foundation of which should be in Him, and not in ourselves, inasmuch as we change, but He never changes: always remaining the same, and as good and merciful when we are weak and imperfect, as when we are strong and perfect. I am accustomed to say that our misery is the throne of God's mercy; we must, therefore, as our misery is great, have so much the greater confidence.

To be a good servant of God is not to be always consoled, always in sweetness, always without aversion or repugnance for virtue; if it were, then neither St. Paul, nor St. Angela, nor St. Catherine of Siena, would have properly served God. To be a good servant of God is to be charitable towards our neighbor, to possess an inviolable resolution in the superior part of the soul to follow the will of God, to have such a profound humility and simplicity as will make us confide entirely in God and rise again when we fall, to endure patiently ourselves and our abjections, and to endure tranquilly our neighbors and their imperfections.

Certainly, when we take occasion from the sight of our imperfections to become humble, we gain considerably by our loss; inasmuch as the profit we make by advancing in the excellent virtue of humility is a rich reparation for the damage sustained by our frailty.

## LITURGICAL SCHEDULE

### SUNDAY, MARCH 15

#### Fourth Sunday of Lent

6:30 am Celebrant's Intention  
8:00 am Susan Martin+ by 6:30am Breakfast Club  
9:30 am For an End to Abortion  
**11:00 am (High Mass)** Pro Populo  
1:00 pm Adam Sigler+  
5:00 pm Solemn Vespers and Compline

### MONDAY, MARCH 16

#### Feria of Lent

**8:30 am (High Mass)** Meagan Baker by Mary Baker

### TUESDAY, MARCH 17

#### Feria of Lent

8:30 am Brigid Seltzer by Jack Turney

### WEDNESDAY, MARCH 18

#### Feria of Lent

8:30 am Sodality of the BVM by Mrs. Medlin

### THURSDAY, MARCH 19

#### St. Joseph, Spouse of the BVM

**8:30 am (High Mass)** Zerwig Family by Mary Juran

### FRIDAY, MARCH 20

#### Feria of Lent

8:30 am Pam Johnson by Dani Lindholm  
6:00 pm Stations of the Cross  
**7:00 pm (High Mass)** Conversion of Sinners by Mary Juran

### SATURDAY, MARCH 21

#### Feria of Lent

8:30 am FSSP Seminarians by Sodality of the BVM

### SUNDAY, MARCH 22

#### Passion Sunday

6:30 am Beth Wolf by Mary Hanson  
8:00 am Paul Barrett+ by Susan Barrett  
9:30 am Linda Rivera+ by Anthony and MaryAnn Dixon  
**11:00 am (High Mass)** Pro Populo  
1:00 pm Daniel Fields by Brenda Wolf  
5:00 pm Solemn Vespers and Compline

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#### Fr. Stack's Private Intentions

**14** Monica Smith by Dustin and Gabrielle Werner  
**16** Ira Mabel Muerer by Mary Baker  
**17** Seltzer Family by Jack Turney  
**18** Increase in Religious Vocations  
**19** Michael Hathaway by Susan Martin  
**21** Erin Mallory by Dani Lindholm

## ANNOUNCEMENTS

**Fr. Loftus** will be away from 3/15-3/21 inclusive.

**2026 Holy Week Schedule** is now available on our website. Please note that no confessions will be heard during any of the solemn liturgies. There will not be a 1pm Mass on Palm Sunday or Easter Sunday.

**All Triduum Liturgies** will be livestreamed (Masses and Tenebrae). The link will be sent out via Flocknote.

### Carmelite Monastery Holy Week Schedule:

- **Palm Sunday:** 6:30am High Mass and Blessing of Palms
- **Holy Thursday:** 4:30pm High Mass
- **Good Friday:** 3:00pm Liturgy
- **Easter Vigil:** 8:30pm
- **Solemn Easter Vigil Easter Sunday:** 8:00am High Mass

**Easter Flower Donation Envelopes** are available outside the office or in the vestibule. The 8:00am Mass on Easter morning will be offered for donors' intentions. Return to the office by Mar 29.

**All Fridays in Lent** are days of Abstinence by law, not pious custom.

**Fridays in Lent - Vegetarian Potluck** starting at 4:45pm in the parish hall and ending right before Stations of the Cross. All are welcome to attend. Please bring a dish to share.

**The Knights of Columbus** wish to thank all those who participated in the Blood Drive last weekend, as well as those who attempted to participate, but were unable to be accommodated due to staffing. Your charity may very well save a life.

**This Tue, Mar 17 - Men's Group:** All men of the parish are invited to our continuing series of talks on Pope Leo XIII's social encyclicals. We will start with a 6:00pm rosary.

**This Sat Mar 21 - Planned Parenthood Prayer Vigil:** Join us for our monthly parish prayer vigil starting at 10:15am. The abortuary is located at 7155 E 38th Ave. in Denver.

**Next Sun, Mar 22 - K of C Burrito Breakfast** after all morning Masses.

**Sat, Mar 28 - Young Adult Group:** Join the OLMC Young Adults (18-35) on a day trip pilgrimage to the Shrine of the Stations of the Cross in San Luis, CO! Fr. Loftus will lead the stations of the cross at the shrine at 2pm followed by Mass at the historic chapel at 3pm. If you are interested in carpooling and/or grabbing lunch beforehand, please reach out to [young.adults@olmcfssp.org](mailto:young.adults@olmcfssp.org).

**Sat, Apr 4 - Easter Basket Blessing:** The traditional Easter basket blessing is for foods that have Easter blessings tied to them. Check the Flocknote for a list of common food items. Please bring your basket of food to the parish hall by 10am. The blessing takes about 10 minutes.

**Sat, Apr 4 - Easter Celebration** after the Easter Vigil in the parish hall. All are welcome. Desserts & drinks provided.

**Sun, Apr 5 - Easter Egg Hunt:** Come to the parish hall immediately after the 11am High Mass. For children 12 and under. Remember to bring a basket or bag.

## ANNOUNCEMENTS

### Parish Spring Outing

Sun, Apr 26 - Save the date! FSSP seminarians will be visiting our parish and joining us for a parish spring outing at Gallup Park after the 1pm Mass. Food and games will be provided. Details & signup to come!

**Sat, Apr 25 - OLMC Father Daughter Dance** from 6-8:30pm. The event is open to all ages and will include games, crafts, prizes, and refreshments. All excess proceeds will go to Sodality of the Blessed Virgin Mary. To RSVP scan code or email [angie.flees@gmail.com](mailto:angie.flees@gmail.com) or call/text 720-936-5315 Angie Flees.



**Baby Bottle Drive:** The K of C is hosting their second baby bottle drive in support of our Aid and Support After Pregnancy (ASAP) program, which helps women who choose life through pregnancy resource centers. Starting today, pick up a bottle from the parish hall and return it filled with loose change or bills by March 31. Contact James Cook at [jamescook1295@gmail.com](mailto:jamescook1295@gmail.com) with questions.

**OLMC Online Parish Calendar** is available via the website or the code to the right. Please check there for upcoming events.



### DAILY PRAYER LINE REQUESTS

Contact Jane Brennan: [jmbrennan555@gmail.com](mailto:jmbrennan555@gmail.com)

### Please Pray for the Sick

David Williamson, Jamie Jimenez, Jacob Jaxson, Indigo Williamson, Jeff McBride, Shannon Coffey, Miriam Halazon, John Filipczak, Cristina Vigil, Maria McKinley, Rebecca Noël Moser, Joanne Leary, Ronald Rider, Robert Tancredi, Pat Bergman, Maria Lonardo.

### Please Pray for the Repose of the Souls of

James Hamm, Tony Morley, Susan Martin, Joyce Doherty, Keith Hoyt, Loye Bussey, Mary Spreier, Bill Bowling

### HOMEBOUND

Any parishioner confined to home who would like to receive the sacraments or the bulletin, please contact the parish office.

### Sanctuary Flower Intentions

Feast		Intention
Laetare Sunday	Main Altar	Purcell Family
	Our Lady of Guadalupe	JoeAnn Katheren Parrott+ By Dave Parrott
St Joseph, Spouse of the BVM	Main Altar	Francisco and Mabait Lopez+ By Claire Pinto
	St Joseph Altar	Antonio Rodrigues Ferreiva+ By Maria Thereza Ferreiva

Electronic Giving via Faith Direct



# THANK YOU TO OUR PARISHIONERS

Dear Parishioners of Our Lady of Mount Carmel,

With your contributions the Altar & Rosary Society has been able to provide:

- **Sanctuary Enhancements:** Proceeds from the 2023 Jumble Sale funded the statue of Our Lady of Mount Carmel that now adorns the high altar.
- **Custom Craftsmanship:** Provided a proper home for the parish hall statue of Our Lady, crafted by one of our own talented parishioners.
- **Liturgical Vestments:** Through your support in 2025, we raised funds for a new set of Solemn High Mass vestments.

Your support also allows beloved traditions like the St. Joseph Table to flourish and continues to encourage our parish community to live a liturgical life! The Altar and Rosary Society thanks you wholeheartedly. We pray for you each month and may God reward you!

God bless,  
Our Lady of Mount Carmel Altar & Rosary Society



**Queridos Feligreses de Nuestra Señora del Monte Carmelo:**

Con sus contribuciones, la Sociedad del Altar y del Rosario ha podido:

**Mejoras en el Santuario:**

Las ganancias de la Venta de Jumble de 2023 financiaron la estatua de Nuestra Señora del Monte Carmelo que ahora adorna el altar mayor.

**Trabajo Artesanal Personalizado:**

Proporcionamos un hogar adecuado para la estatua de Nuestra Señora en el salón parroquial, elaborada por uno de nuestros talentosos feligreses.

**Vestiduras Litúrgicas:**

Gracias a su abrumador apoyo en 2025, recaudamos fondos para un nuevo juego de vestiduras para la Misa Solemne.

Su apoyo también permite que tradiciones tan queridas como la Mesa de San José prosperen y continúa animando a nuestra comunidad parroquial a vivir una vida litúrgica. ¡La Sociedad del Altar y del Rosario les agradece de todo corazón! Oramos por ustedes cada mes y ¡que Dios les recompense!

Dios los bendiga,  
La Sociedad del Altar y del Rosario de Nuestra Señora del Monte Carmelo