



Our Lady of Mt. Carmel CATHOLIC CHURCH

www.olmcfssp.org + 5612 S. Hickory St. Littleton, CO 80120 + (303) 703-8538



A parish of the Archdiocese of Denver, CO served by the Priestly Fraternity of St. Peter (FSSP) dedicated to the Traditional Latin Mass and Sacraments according to the 1962 Missal of Pope St. John XXIII.

PASTOR
REV. MATTHEW J. MCCARTHY, FSSP

ASST. PASTOR
REV. JOSEPH LOFTUS, FSSP
father.loftus@olmcfssp.org

ASST. PASTOR
REV. PADRAIC STACK
father.stack@olmcfssp.org

IN RESIDENCE
REV. JOSEPH DALIMATA, FSSP
father.dalimata@olmcfssp.org

OFFICE HOURS
MON - FRI: 9:15 AM - 4:15 PM

OFFICE MANAGER: Bruce Muhe, III
office.manager@olmcfssp.org

SECRETARY: Kaleigh Sims
secretary@olmcfssp.org

DIRECTOR OF MUSIC: David Hughes
music.director@olmcfssp.org

SACRAMENTAL EMERGENCIES
303-241-2946

SUNDAY LOW MASS
6:30 AM | 8:00 AM | 9:30 AM | 1:00 PM

SUNDAY HIGH MASS
11:00 AM

DAILY MASS
8:30 AM MON - SAT
Also 7:00 PM FRI

CONFESSIONS
30 MINUTES BEFORE EACH MASS
SAT: 8 AM until the line is gone.
SAT: 3 - 4 PM

DAILY MASS
6:30 AM SUN - SAT
Carmelite Monastery
6138 S. Gallup St. Littleton, CO 80120

Third Sunday after Easter April 26, 2026



*Regina coeli, laetare, alleluia.
Quia quem meruisti portare, alleluia.
Resurrexit sicut dixit, alleluia.*

From the Press

On Conscience (Fr Francesco Giordiano, Catholic Exchange)

Consciences oftentimes are used as an excuse for moral relativism or subjectivism... Consciences, and our duty to form them in truth for the sake of our freedom, are an integral task of the moral life.

For St. Thomas, conscience is never detached from the larger moral life... it requires that reason rightly order the will toward the good. That is why conscience must be joined to virtue, especially prudence. Prudence is not timidity or caution, but the virtue which judges rightly about what must be done in concrete cases.

(Continued on page 2)

More deeply, prudence depends upon love of the good and the just. One of the great truths modern man resists is precisely this: we do not only sin because we think badly; we also think badly because we sin.

A person who is morally compromised will not see clearly. Vice clouds judgment, bends perception, and makes reality harder to recognize. A man ruled by lust will not see chastity clearly. A man ruled by ambition will not judge justice clearly. A man who lies habitually will lose the ability to recognize truthfulness with ease. The problem, then, is not merely intellectual but moral and spiritual. St. Thomas says as much when he asks whether blindness of mind is a sin and whether folly is caused by lust... Vice, then, does not merely lead us to choose badly; it can make us see badly... This is why conscience is not formed by information alone, but through conversion...

St. Augustine in the Confessions... shows that the human person is not healed all at once. We live stretched in time, and conversion ordinarily unfolds within that condition rather than outside it. We do not become truthful in a single instant simply because we have heard the truth; we must be converted to it gradually... Even after conversion, the pull of old temptations does not simply vanish. The disordered habits of the old life continue to linger, and the soul must be patiently purified.

In that sense, his experience stands close to St. Paul's account in Romans 7: man can delight in the law of God and yet still experience within himself the resistance of sin... Bad habits take time to unlearn, and good habits take time to acquire...

Conscience, then, is formed not only by instruction, but by repentance, grace, prayer, and the patient reordering of the heart. St. John Henry Newman... did not understand conscience as a permission slip for private judgment against truth or doctrine. He understood it as the inward witness to moral obligation, sacred precisely because it binds the person to the truth before God... In conscience man discovers a law "which he does not impose upon himself, but which holds him to obedience." That is decisive. Conscience is not the source of moral truth. It is the place where the person hears and responds to truth... Its dignity lies in its openness to the truth. Freedom of conscience, then, does not mean freedom from truth. It means freedom in truth.

This is not just a debate for moral theologians, nor is it simply about moralism. At stake is communion with God. To be cut off from God is not only a moral issue; it is an ontological one. Sin does not merely break a rule. It wounds our relationship with the living God and deforms the soul...

If conscience is reduced to personal sincerity, then confession becomes little more than therapeutic self-expression. But in the sacrament of Penance, the matter of the sacrament is not the sin but the contrition... We must be sorry before God for the sin we have done. We cannot offer something bad to God. What we offer to Him is the good of contrition for the sins we have committed. To be contrite, my well-formed conscience must tell me it is.

LITURGICAL SCHEDULE

SUNDAY, APRIL 26

Third Sunday after Easter

6:30 am Georgianne Martinez+ by Barbara Ceurvels
8:00 am Jorge Valdez Ortiz+ by Valdes Family
9:30 am Bella Villasista+ by Michael and Michelle Felipe
11:00 am (High Mass) Pro Populo
1:00 pm Richard Shaw by Brett Ammerman Family
5:30 pm Solemn Vespers and Compline

MONDAY, APRIL 27

St. Peter Canisius, *Doctor*

8:30 am Bella Villasista+ by Michael and Michelle Felipe

TUESDAY, APRIL 28

St. Paul of the Cross, *Confessor*

8:30 am Mary Weinstein by Elvira Weinstein

WEDNESDAY, APRIL 29

St. Peter, *Martyr*

8:30 am Charelene Geek+ by Kristin Prewitt

THURSDAY, APRIL 30

St. Catherine of Siena, *Virgin*

8:30 am Edna Edmondson by Kristin Prewitt

FRIDAY, MAY 1

St. Joseph the Workerman, *Spouse of the BVM, Confessor*

8:30 am Members of SOMD+
7:00 pm David Laurel

SATURDAY, MAY 2

St. Athanasius, *Bishop and Doctor*

8:30 am (High Mass) JoAnn Ice+ by Jolene DeNardo

SUNDAY, MAY 3

Fourth Sunday after Easter

6:30 am OLMC Volunteers
8:00 am Paul Wencko+ by Georgeann Wencko
9:30 am Cecile L'Angelle-Brady+ by Rick Mudd
11:00 am (High Mass) Pro Populo
1:00 pm John+
5:00 pm Solemn Vespers and Compline

----- Fr. Loftus' Private Intentions

27 Elizabeth Dobbs by Dave Parrott
28 Kevin Garcia+ by Valdes Family
29 Geraldine Dowd+ by Mick and Megan Dowd
30 Personal Intention by Tom Chavez
2 Forgotten Souls in Purgatory+ by Mary Juran

ANNOUNCEMENTS

The Archbishop's Catholic Appeal is a way to give to parishes, schools, seminarians and Catholic charities in the Denver diocese. Learn more at archden.org/givetoday.

The Archbishop's Appeal - From Archbishop Golka: *One truth has always guided me: Everything we have is a gift from God... When we recognize this, our response is prayer and gratitude... The Archbishop's Catholic Appeal... is an invitation to put our faith into action, sharing God's gifts with others and bringing Christ's love to those most in need. I ask all members of our parish communities to commit to this year's appeal... I humbly ask for your prayers for our archdiocese, as you can be assured of mine for you and your families.* To make a gift, visit archden.org/givetoday or call 303-867-0614.

Appropriate Dress: Please show respect for Our Divine Lord and fellow parishioners at Mass. Men should be in collared shirts (no T-shirts with graphics etc.) and long pants. Ladies should be in opaque clothing coming up to the neckline front and back, covering the torso and shoulders/upper arms, skirts coming down to at least the knees.

Borrowed Church Veils: The veils in the vestibule are for parishioner and guest use. Please make sure to return them. They are washed regularly. Thank you.

Mass Intention Requests can again be submitted. A new program allows submitting requests online and for a specific date. Intentions can still be submitted in person at the parish office. There is a limit of 6 intentions per household per year. That number may increase or decrease as needed. Please see the Flocknote for more info or see the website tab for link.

This Sat - Public Rosary at Bega Park: Join the Legion of Mary at 12pm for public reparation to the Immaculate Heart of Mary. We hope to pray with you then. 2250 Main Street Littleton, CO 80120 (additional parking at Train Station).

Thu, May 14 - Ascension Day is not a Day of Obligation in this diocese. Masses will be at 8:30am, 12pm, and 7pm (High Mass).

Sun May 24 - Make Pentecost Great Again - Pentecost is the second most important feast of the liturgical year. Please join the various parish groups coordinating to celebrate this blessed day and give glory to God.

- After the 1pm Mass in the social hall and parish grounds.
- All are invited and encouraged to attend. Wear red.
- Potluck-style food, Irish dance performances, live music, decorating of a maypole made by our own FNE scouts and more.
- All recent converts are invited to wear white, as was traditionally worn on Pentecost Sunday, also known as Whitsunday, or White Sunday. Please help us welcome our new converts!
- More details to come. Reach out to Rebecca Miller with ideas or inquiries at RebMill@protonmail.com

Holy Land Pilgrimage - Jan 25-Feb 4, 2027 organized by George Bannoura, the proprietor of Bethlehem Handicrafts whose extended family still lives in Bethlehem. Fr McCarthy will be the chaplain for the pilgrimage. Scan QR Code for more info and to register online. Informational brochures are available outside the parish office.

Please Note: The Pilgrimage will not happen unless it is safe to travel. If the pilgrimage has to be cancelled, a full refund will be given.



ANNOUNCEMENTS

May Crowning Potluck:

This Sat - Join fellow parishioners for a Marian Breakfast Potluck and Lemonade Bar hosted by the Sodality of the Blessed Virgin Mary, in the parish hall after the 8:30 AM Mass & Procession. Bring a dish to share. All are welcome! Sign up via Flocknote or QR code.



Girls' Summer Camp Registration is now open! Camp will be July 27-30 at Mullen High School for OLMC parishioners ages 7-18, run by the Slaves of the Immaculate Heart. Camp begins each day with Mass. Activities include catechism, arts and crafts, music, and outdoor games. Space is limited! Direct questions about registration and payment to msc.girlscamp@olmcfssp.org



OLMC Online Parish Calendar is available via the website or the code to the right. Please check there for upcoming events.



DAILY PRAYER LINE REQUESTS

Contact Jane Brennan: jmbrennan555@gmail.com

Please Pray for the Sick

David Williamson, Jamie Jimenez, Jacob Jaxson, Indigo Williamson, Jeff McBride, Shannon Coffey, Miriam Halazon, John Filipezak, Cristina Vigil, Maria McKinley, Rebecca Noël Moser, Joanne Leary, Ronald Rider, Robert Tancredi, Pat Bergman, Maria Lonardo, Theresa Dalimata.

Please Pray for the Repose of the Souls of

Tony Morley, Susan Martin, Joyce Doherty, Keith Hoyt, Loye Bussey, Mary Spreier, Bill Bowling, Br Ignatius Maria.

HOMEBOUND

Any parishioner confined to home who would like to receive the sacraments or the bulletin, please contact the parish office.

Sanctuary Flower Intentions		
Feast		Intention
III Sunday after Easter	Main Altar	Gary Leibl+ By Felipe Prado
	Our Lady of Guadalupe	In Thanksgiving By Mary Baker
St. Joseph the Worker	Main Altar	Rizal Family By Claire Pinto
	St. Joseph Altar	Agustin and Leonor Torrez By Cordelia Peterson
First Friday	Main Altar	The Brown Family By George & Carolyn Brown
May Crowning	Our Lady's Bier	Donors' Intentions

Electronic Giving via Faith Direct



✠

The Confraternity of Christian Mothers

Our Lady of Mount Carmel Parish



Our Lady of Sorrows, pray for us!

You are warmly invited to our next meeting and enrollment!

Date: Thursday, April 30, 2026 — Feast of St. Catherine of Siena
Time: 5:00 – 9:00 p.m.
Place: St. Albert Room (parish basement)

Schedule for the Evening

5:00 p.m. Potluck Dinner — please bring a dish to share!
Officer Elections
Talk on the **Mother Love** Books

7:00 p.m. Adoration of the Blessed Sacrament

8:00 p.m. Enrollment Ceremony

Childcare will be available for the duration of the evening.

The Aim of the Confraternity

“The Confraternity of Christian Mothers is a pious association intended for mothers, which has for its special object the promotion of the good Christian and Catholic education of their children. The members join their hearts in love with the Immaculate Heart of the Blessed Virgin, the Mother of Sorrows, and unite under her patronage in mutual prayer and solicitude for the welfare of their children and families.”

— *Mother Love*, the Prayerbook of the Confraternity of Christian Mothers

Who Is Invited?

All ladies aged 18 and older — married or single, with children or spiritual children — are welcome to attend. This is a wonderful opportunity to learn more about the Confraternity and to prayerfully consider enrolling, so that you may share in the valuable graces from the prayers and Masses offered for Confraternity members and their children.

For questions about enrollment or the CCM, please contact us at the meeting
or email: christianmothers.olmc@gmail.com

Our Lady of Sorrows, pray for us! ✠ St. Catherine of Siena, pray for us!