



Our Lady of Mt. Carmel CATHOLIC CHURCH

www.olmcfssp.org + 5612 S. Hickory St. Littleton, CO 80120 + (303) 703-8538



A parish of the Archdiocese of Denver, CO served by the Priestly Fraternity of St. Peter (FSSP) dedicated to the Traditional Latin Mass and Sacraments according to the 1962 Missal of Pope St. John XXIII.

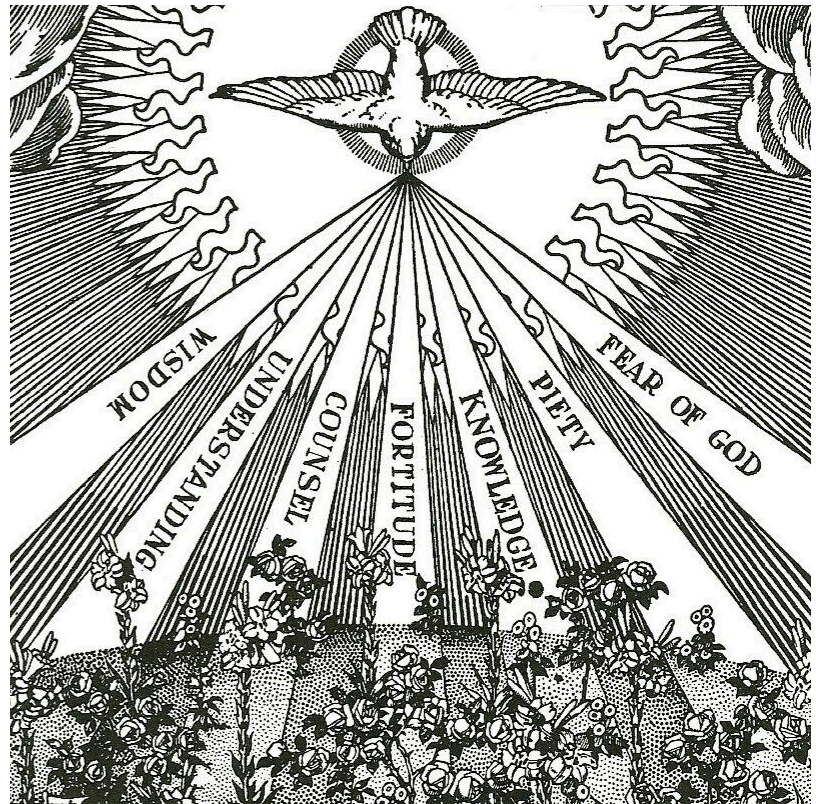
PASTOR
REV. MATTHEW J. MCCARTHY, FSSP

ASST. PASTOR
REV. JOSEPH LOFTUS, FSSP
father.loftus@olmcfssp.org

ASST. PASTOR
REV. PADRAIC STACK
father.stack@olmcfssp.org

IN RESIDENCE
REV. JOSEPH DALIMATA, FSSP
father.dalimata@olmcfssp.org

Sunday after the Ascension May 17, 2026



Veni, Sancte Spiritus, et emitte cælitus, lucis tuæ rādium.

From Fr. Stack

Last Thursday, we celebrated the Lord's Ascension and next Sunday we will celebrate Pentecost. In this interim time of Ascensiointide, I often consider what it may have been like for the Apostles as they waited in the upper room. Their Lord and God, Teacher and Friend, had been crucified, died, was buried, then rose again three days later and spent the next 40 days appearing to various people in the area before going to His Father. He had promised to send the Advocate who would teach them all truth and convict the world of sin (C.f. Jn 16:7-13).

(Continued on page 2)

OFFICE HOURS
MON - FRI: 9:15 AM - 4:15 PM

OFFICE MANAGER: Bruce Muhe, III
office.manager@olmcfssp.org

SECRETARY: Kaleigh Sims
secretary@olmcfssp.org

DIRECTOR OF MUSIC: David Hughes
music.director@olmcfssp.org

SACRAMENTAL EMERGENCIES
303-241-2946

SUNDAY LOW MASS
6:30 AM | 8:00 AM | 9:30 AM | 1:00 PM

SUNDAY HIGH MASS
11:00 AM

DAILY MASS
8:30 AM MON - SAT
Also 7:00 PM FRI

CONFESSIONS
30 MINUTES BEFORE EACH MASS
SAT: 8 AM until the line is gone.
SAT: 3 - 4 PM

DAILY MASS
6:30 AM SUN - SAT
Carmelite Monastery
6138 S. Gallup St. Littleton, CO 80120

He did not, however, tell them exactly when the Advocate would arrive. Presumably the Advocate would arrive soon, since the Lord had given them a final command to go out to all nations and to preach, teach, and baptize (Cf. Mt 28:19-20), albeit they must begin in Jerusalem (Lk 24:47).

Much like it was at the death of our Lord, the Apostles found themselves in Jerusalem waiting and perhaps deliberating on how to proceed. Once again, the Lord had departed from them and though they no longer mourned his death, still his absence must have been felt. The Lord had sent them out before, during His public ministry, to go from town to town and preach, but they knew they would soon come back to Him, regroup, talk things over; He could give them advice and assistance for their next venture. It wouldn't be like that this time. The proverbial training wheels had been removed and they were in need of a new depth of courage.

In the Acts of the Apostles, we are told that during their time in the upper room after the Ascension, the Apostles with the women and the Blessed Virgin Mary were of one mind in prayer. In his commentary on the Acts of the Apostles, St. John Chrysostom notes that they turned to prayer because, "this is a powerful weapon in temptations; and to this they had been trained. Besides, the present temptation directed them to this: for they exceedingly feared the Jews."

Thus, while all truth had been revealed to the Apostles during their three years of ministry with the Lord, fear was keeping them from proclaiming it publicly. While they had been given a command to baptize, power to forgive sins, and instruction to offer the Holy Mass, fear held them back from providing these Sacraments to the peoples of all nations. As such, while there was and is always need for an increase in all of the gifts of the Holy Ghost, it seems that fortitude was perhaps the one most needed in that moment. Could it be that this is what they were praying for in earnest those days between the Ascension and Pentecost?

Liturgically, we too have been given a time of waiting between the celebration of the Ascension and Pentecost. It can be for us a time of earnest prayer and self-examination. Of the seven gifts of the Holy Ghost, which would we say we need most at the moment? Is it fortitude, like it was for the Apostles; or, perhaps wisdom, or fear of the Lord, the first stage of wisdom? Since we have already received the Holy Ghost in Baptism and, for most of us, also in Confirmation, we can certainly ask Him to help illuminate our minds to see which gift may be most expedient. Then, we can pray that come Pentecost, we would receive the grace of an increase in that gift, so we can set to work utilizing it to continue to build up the Body of our One, Holy, Catholic, and Apostolic Church.

LITURGICAL SCHEDULE

SUNDAY, MAY 17

Sunday after the Ascension

6:30 am John La Breche+

8:00 am Esther Garcia Javier by Valdes Family

9:30 am Stephanie Beaulieu by Beaulieu Family

11:00 am (High Mass) Pro Populo

1:00 pm Priests of OLMC by Mary Juran

5:00 pm Solemn Vespers and Compline

MONDAY, MAY 18

St. Venantius, Martyr

8:30 am Geraldine Dowd+ by Mike and Megan Dowd

TUESDAY, MAY 19

St. Peter Celestine, Pope and Confessor

8:30 am Ethan and Isabel Carter by Kaleigh Sims

WEDNESDAY, MAY 20

St. Bernardine of Siena, Confessor

8:30 am Jonathan and Wendy Henry by Kaleigh Sims

THURSDAY, MAY 21

Feria after Ascension

8:30 am Kim Indovina by Bruce Muhe

FRIDAY, MAY 22

Feria after Ascension

8:30 am John Pelligeini

7:00 pm Geraldine Dowd+ by Mike and Megan Dowd

SATURDAY, MAY 23

Vigil of Pentecost

8:30 am Aaron Robinson by Mary Quinlan

10:00 am (Pentecost Vigil) OLMC Converts

SUNDAY, MAY 24

Pentecost Sunday

6:30 am Soul of St. Joseph's Choice

by Michael and Megan Dowd

8:00 am Pentecost Flower Donors' Intentions

9:30 am Gordon R. Farr+ by Brad Farr

11:00 am (High Mass) Pro Populo

No 1:00 pm Mass

5:00 pm Solemn Vespers and Compline

Fr. McCarthy's Private Intentions

19 Holly Cecilia Luczak by Barb Jaloway

20 Regina Kress by John Filipczak

21 Personal Intention by Tom Chavez

ANNOUNCEMENTS

Pentecost Altar Flowers: Donation envelopes are in the church vestibule and office. Please return by May 22. The 8am Mass on Pentecost Sunday will be offered for the donors' intentions.

Integrated Humanities Men's Reading Group: Read and discuss the great books of Western civilization, with other men. No outside reading required, we will read short works aloud at the meeting and discuss. 7:30-9PM, Every Monday, in the Library. Call or text Anthony, (720) 910-2004.

Girls' Summer Camp Registration is now open! Camp will be July 27-30 at Mullen High School for OLMC parishioners ages 7-18, run by the Slaves of the Immaculate Heart. Camp begins each day with Mass. Activities include catechism, arts and crafts, music, and outdoor games. Space is limited! Direct questions about registration and payment to msc.girlscamp@olmcfssp.org



Archbishop's Catholic Appeal is a way to give to parishes, schools, seminarians and Catholic charities in the Denver diocese. Learn more at archden.org/give.

Appropriate Dress: Please show respect for Our Divine Lord and fellow parishioners at Mass. Men should be in collared shirts (no T-shirts with graphics etc.) and long pants. Ladies should be in opaque clothing coming up to the neckline front and back, covering the torso and shoulders/upper arms, skirts coming down to at least the knees.

Next Sun, May 17 - Burrito Breakfast after all morning Masses hosted by the K of C. Proceeds will go towards the OLMC Girls' Summer Camp in July.

This Tue, May 19 - Men's Group will continue a series of talks on Pope Leo XIII's social encyclicals starting with a 6:00pm rosary & a discussion on *Libertas Praestantissimum*.

This Sat, May 23 - Planned Parenthood Prayer Vigil: Join us for our monthly parish prayer vigil starting at 10:15am. The abortuary is located at 7155 E 38th Ave. in Denver.

This Sat, May 23 - Vigil of Pentecost at 10am is an abridged version of the Easter vigil: the liturgy starts with six prophecies (rather than twelve), then the blessing of the Baptismal Water, the Litany of Saints and then the vigil Mass proper. This vigil was a casualty of the liturgical reforms begun under Pope Pius XII in the 1950s. This year, we will be welcoming 15 converts into the Church at the vigil.

Next Sun - Pentecost Sunday: There will not be a 1pm Mass.

Next Sun - Make Pentecost Great Again: Pentecost is the second most important feast of the liturgical year. Please join the various parish groups coordinating to celebrate this blessed day and give glory to God.

- After the 11am Mass in the social hall and parish grounds.
- All are invited and encouraged to attend. Wear red.
- Potluck-style food, Irish dance performances, live music, decorating of a maypole made by our own FNE scouts and more.
- All recent converts are invited to wear white, as was traditionally worn on Pentecost Sunday, also known as Whitsunday, or White Sunday. Please help us welcome our new converts!
- More details to come. Reach out to Rebecca Miller with ideas or inquiries at RebMill@protonmail.com

ANNOUNCEMENTS

OLMC Park Days

Today: Join your fellow OLMC parishioners in going to Ketring Park for games and community on Sundays starting at 1PM. Starting today, we will have volleyball, spike ball, frisbee, and more. Parishioners of all ages are welcome. Feel free to bring anything that might make our park days fun!

Fri, May 29 - 7pm Mass will be canceled

Mon, Jun 8 - Day Conference for Young Ladies: The Sodality of the Blessed Virgin Mary invites Catholic young ladies ages 13-18 to *Called to Radiance: Shining with Mary in Purity, Humility, and Grace*. This reverent and formative day conference will be 8:30 AM - 3:00 PM in the Denton/Lincoln, Nebraska area. Conference begins with Holy Mass and a tour of Our Lady of Guadalupe Seminary (FSSP), followed by brunch and talks by Dr. Peter Kwasniewski & Fr. Lawrence Carney. Scan the QR code to view the full schedule and register.



OLMC Online Parish Calendar is available via the website or the code to the right. Please check there for upcoming events.



DAILY PRAYER LINE REQUESTS

Contact Jane Brennan: jmbrennan555@gmail.com

Please Pray for the Sick

David Williamson, Jamie Jimenez, Jacob Jaxson, Indigo Williamson, Jeff McBride, Shannon Coffey, Miriam Halazon, John Filipczak, Cristina Vigil, Maria McKinley, Rebecca Noël Moser, Joanne Leary, Ronald Rider, Robert Tancredi, Pat Bergman, Maria Lonardo, Theresa Dalimata, Joan Anselmi.

Please Pray for the Repose of the Souls of

Joyce Doherty, Keith Hoyt, Loye Bussey, Mary Spreier, Bill Bowling, Br Ignatius Maria, Jim Lake, Patrick T. Dolan.

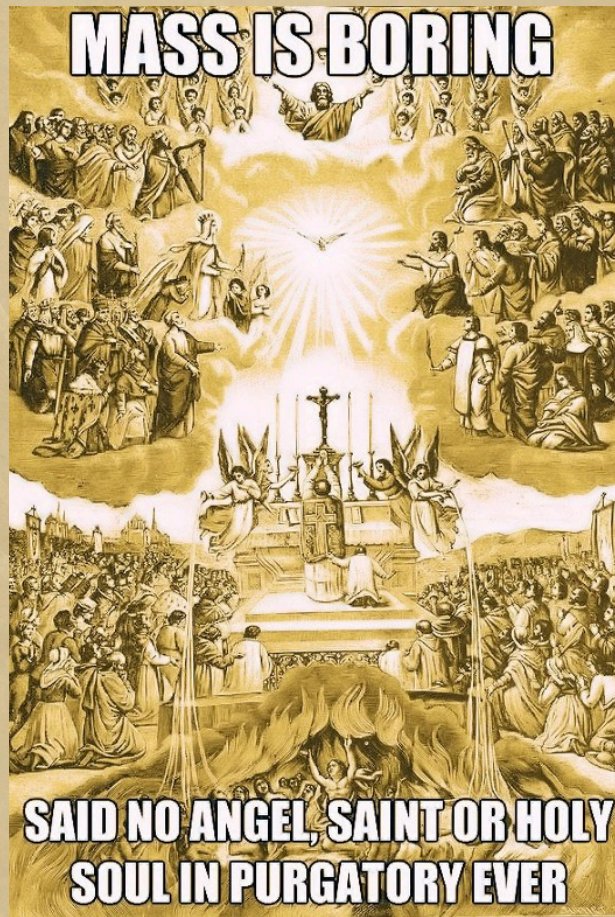
HOMEBOUND

Any parishioner confined to home who would like to receive the sacraments or the bulletin, please contact the parish office.

Sanctuary Flower Intentions		
Feast		Intention
Sunday after Ascension	Main Altar	End of Abortion By Mary Anderson
	Our Lady of Guadalupe	Cecilia Felipe By Michael & Michelle Felipe

Electronic Giving via Faith Direct





An Atheist's View on Life

I will live life according to these beliefs
God does not exist
It is just foolish to think
That there is a God with a cosmic plan
That an all-powerful God brings redemption and healing to the pain and suffering in the world
Is a comforting thought, however
It
Is only wishful thinking
People can do as they please without eternal consequences
The idea that
I am deserving of Hell
Because of sin
Is a lie meant to make me a slave to those in power
"The more you have, the happier you will be"
Our existence has no grand meaning or purpose
In a world with no God
There is freedom to be who I want to be
But with God
Everything is fine
It is ridiculous to think
I am lost and in need of saving

A Christian's View on Life
(read the above from bottom to top)