



Our Lady of Mt. Carmel

CATHOLIC CHURCH

www.olmcfssp.org + 5612 S. Hickory St. Littleton, CO 80120 + (303) 703-8538



A parish of the Archdiocese of Denver, CO served by the Priestly Fraternity of St. Peter (FSSP) dedicated to the Traditional Latin Mass and Sacraments according to the 1962 Missal of Pope St. John XXIII.

PASTOR
REV. MATTHEW J. MCCARTHY, FSSP

ASST. PASTOR
REV. JOSEPH LOFTUS, FSSP
father.loftus@olmcfssp.org

ASST. PASTOR
REV. PADRAIC STACK
father.stack@olmcfssp.org

IN RESIDENCE
REV. JOSEPH DALIMATA, FSSP
father.dalimata@olmcfssp.org

OFFICE HOURS
MON - FRI: 9:15 AM - 4:15 PM

OFFICE MANAGER: Bruce Muhe, III
office.manager@olmcfssp.org

SECRETARY: Kaleigh Sims
secretary@olmcfssp.org

DIRECTOR OF MUSIC: David Hughes
music.director@olmcfssp.org

SACRAMENTAL EMERGENCIES
303-241-2946

SUNDAY LOW MASS
6:30 AM | 8:00 AM | 9:30 AM | 1:00 PM

SUNDAY HIGH MASS
11:00 AM

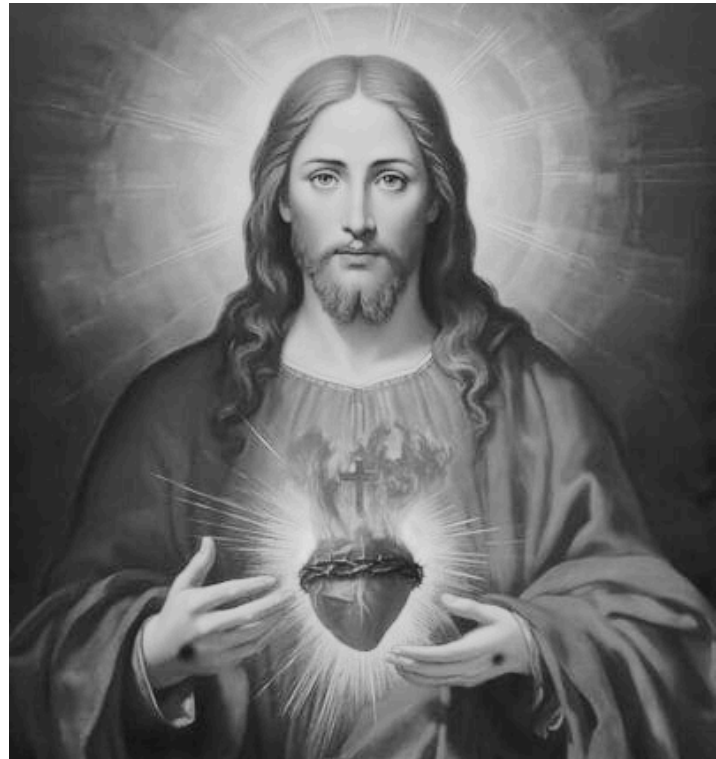
DAILY MASS
8:30 AM MON - SAT
Also 7:00 PM FRI

CONFESSIONS
30 MINUTES BEFORE EACH MASS
SAT: 8 AM until the line is gone.
SAT: 3 - 4 PM

DAILY MASS
6:30 AM SUN - SAT
Carmelite Monastery
6138 S. Gallup St. Littleton, CO 80120

Second Sunday after Pentecost

June 7, 2026



Cogitationes cordis eius: ut eruat a morte animas eorum.

From Fr. Loftus

Honoring the Sacred Heart

In the life of the Church, the month of June is set aside for the devotion to the Sacred Heart of Jesus. This practice invites us to look beyond the surface of our faith and engage with the central reality of Christ's mission: His profound and purposeful love for humanity. To honor the Sacred Heart is to enter into a contemplative relationship with the nature of Jesus Christ as both God and man.

Devotion to the Sacred Heart gained focus in the 17th century through the life and revelations of St. Margaret Mary Alacoque.

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Through these revelations from Our Lord, the image of Christ's heart was presented as a symbol of His love for humanity—a love that is often met with indifference.

The Sacred Heart represents the totality of Christ's love: His divine love as the Son of God and His human, sacrificial love as the Son of Mary. It serves as a physical reminder of the redemption and the mercy offered to those who seek it.

Devotion to the Sacred Heart is rooted in consistent, intentional actions to align our lives with the life and mission of Christ:

- Enthronement of an image of the Sacred Heart in the home acts as a reminder that Christ is the King of the family and Ruler of domestic life;
- The First Fridays' practice involves attending Mass and receiving Holy Communion on the first Friday of nine consecutive months, offered in a spirit of reparation for the indifference shown toward His love;
- The Litany of the Sacred Heart is traditionally recited throughout June, guiding the faithful to meditate on the attributes of Jesus, such as His patience, goodness, and mercy;
- Acts of Reparation centers on the idea of returning love for coldness through prayer and small acts of charity intended to demonstrate our devotion to Christ, making amends for the world's indifference.

The Promises of the Sacred Heart

Our Lord bestowed twelve promises upon those who honor His Sacred Heart. These promises illustrate the spiritual benefits associated with this commitment. Christ promised:

1. I will give them all the graces necessary for their state of life.
2. I will establish peace in their homes.
3. I will comfort them in all their afflictions.
4. I will be their secure refuge during life, and above all, in death.
5. I will bestow abundant blessings upon all their undertakings.
6. Sinners shall find in My Heart the source and infinite ocean of mercy.
7. Tepid souls shall become fervent.
8. Fervent souls shall quickly mount to high perfection.
9. I will bless every place in which an image of My Heart is exposed and honored.
10. I will give to priests the gift of touching the most hardened hearts.
11. Those who shall promote this devotion shall have their names written in My Heart, never to be blotted out.
12. I promise you in the excessive mercy of My Heart that My all-powerful love will grant to all those who receive Holy Communion on the First Fridays in nine consecutive months the grace of final penitence.

As we move through the month of June, we are invited to treat the Sacred Heart not merely as a symbol, but as a practical guide for daily living. Let us renew our devotion and love for Our Lord throughout this month whether through the frequent and devout reception of the Eucharist, the recitation of the Litany, or a renewed commitment to prayer. This month provides us an opportunity to center our priorities on the life of Christ: "O Sacred Heart of Jesus, I place all my trust in Thee."

LITURGICAL SCHEDULE

SUNDAY, JUNE 7

Second Sunday after Pentecost

- 6:30 am Thanksgiving for 43rd Anniversary
by Hugh and Gerrie Enockson
- 8:00 am June Rozman + by Halazon Family
- 9:30 am Sister Antonia, O.C.D. by Comstock Family
- 11:00 am (High Mass)** Pro Populo
- 1:00 pm Eparchy of the Holy Protection of the Theotokos
by Mark Paul Tamisiea
- 5:00 pm Solemn Vespers and Compline

MONDAY, JUNE 8

Feria

- 8:30 am Stacie Eggemeyer by A Friend

TUESDAY, JUNE 9

Feria

- 8:30 am Bella Villasista + by Michael and Michelle Felipe

WEDNESDAY, JUNE 10

St. Margaret, Queen of Scotland

- 8:30 am Dan and Barb Jaloway & Family
by Dan and Barb Jaloway

THURSDAY, JUNE 11

St. Barnabas, Apostle

- 8:30 am Don Ruhnke by Dan and Barb Jaloway
- 7:00 pm Adoration and Benediction

FRIDAY, JUNE 12

Sacred Heart of Jesus

- 8:30 am Joseph Gallagher by Faustina Blackwood
- 7:00 pm (Solemn Mass)** Jackson Lane

SATURDAY, JUNE 13

St. Anthony of Padua, Confessor & Doctor

- 8:30 am Yann Paol LeCostaouëc by Yann & Aurora
LeCostaouëc

SUNDAY, JUNE 14

Third Sunday after Pentecost

- 6:30 am Dymphna Johnson by Faustina Blackwood
- 8:00 am FSSP and Preservation of the TLM
- 9:30 am Regan Daley by Allen Murphy
- 11:00 am (High Mass)** Pro Populo
- 1:00 pm Odilo and Lucy Jaloway & Family
by Dan and Barb Jaloway
- 5:00 pm Solemn Vespers and Compline

Fr. Stack's Private Intentions

- 8 Celebrant's Intention
- 9 Celebrant's Intention
- 10 B. Christine Lubojacky + by Laurie Conder
- 11 Susan M. Martin + by Legion of Mary

Fr. McCarthy's Private Intentions

- 8 Personal Intention by Tom Chavez
- 9 Leonard Kadel + by John Filipczak
- 10 John Filipczak Sr + by John Filipczak
- 11 Soul of St. Joseph's Choice by Michael and Megan Dowd
- 12 Michael McCarthy

ANNOUNCEMENTS

Fr. Stack returns on Tuesday.

Fr. McCarthy will be away from June 7-12 inclusive.

Today - The 11am High Mass will be the External Solemnity of Corpus Christi.

OLMC Girls' Summer Camp will be July 27-30 at Mullen High School for OLMC parishioners ages 7-18, run by the Slaves of the Immaculate Heart. Camp begins each day with Mass. Activities include catechism, arts & crafts, music, & outdoor games. Space is limited! Direct questions about payment and registration to msc.girlscamp@olmcfssp.org



Children's Chant Camp: Registration is now open for children ages 7-14. Chant Camp will be Tue, Aug 11 to Sat, Aug 15 at OLMC, concluding with Solemn Mass for the Feast of the Assumption of Our Lady. Camp will be 8:30am-3:00pm each day and includes Mass, the Divine Office, classes, and games. The registration form and payment information is available at olmcfssp.org/chantcamp. Contact David Hughes at music.director@olmcfssp.org with questions. Early bird registration deadline is Wed, Jun 24; regular registration deadline is Wed, Jul 29.

Archbishop's Catholic Appeal is a way to give to parishes, schools, seminarians and Catholic charities in the Denver diocese. Learn more at archden.org/give.

Tue, Jun 9 - Theology on Tap at 6:30 pm in the parish hall for ages 18-35. Fr. Loftus will be giving a talk about the virtue of friendship. Wine and beer will be provided for those over 21. Feel free to bring a snack to share.

Thu, Jun 11 - Holy Face Hour of Reparation at 5:30pm. Join us as we offer the Holy Face of Jesus in reparation for our sins and blasphemies against the majesty of God. We also will venerate His Holy Face on a relic image of the Veil of Veronica.

Fri, Jun 12 - Sacred Heart of Jesus Enthronement: The Legion of Mary invites you to enthrone your home to the Sacred Heart! Join us at 6:00 PM for a talk in the St. Albert room by Father Stack followed by a public blessing of Sacred Heart Enthronement Kits. High Mass follows at 7:00 PM.

Fri, Jun 12 - Feast of the Sacred Heart of Jesus: High Mass at the Carmelite Monastery at 6:30am and Solemn Mass at OLMC at 7pm.

Tue, Jun 16 - Men's Group will continue a series of talks on Pope Leo XIII's social encyclicals starting with a 6:00pm rosary in the church followed by a discussion of "On Christian Marriage" in the parish hall. All men of the parish are welcome!

Jun 18 & 19 - Spiritual Conference: Fr. Dalimata will present two conferences on the Spirituality of the Sacred Heart and will provide scriptural context for the devotion in both the Old and the New Testaments. Conference 1: A Heart of Flesh: The Old Testament Foundation for the Sacred Heart Devotion. Conference 2: The Easy Yoke: Learning from the Meek and Humble Savior. Talks will be held in the parish hall each evening at 5:30 PM. All are welcome.

July 18th - Respect Life 5k: Our Lady of Hope / Our Lady of Mt. Carmel have a team for the Respect Life 5k at Light of the World Catholic Church located at 10316 W. Bowles Ave in Littleton. Race starts at 8:00 am. You can walk or run. Scan QR code to register and sign up under team Our Lady of Hope & Mt. Carmel.



ANNOUNCEMENTS

Business Lunch & Networking

This Tue, Jun 9 - Colorado Catholic Business Network - Join us in the parish hall from 11:30am-1pm for a lunch and learn event featuring Michael Tilden on the importance building a company with an intentional culture. Sign up on Flocknote or QR code. Direct questions to: littleton@coloradocatholics.biz



June 26-29 - OLMC Young Adults Pilgrimage to the Staircase of St. Joseph in Santa Fe, NM led by Fr. Loftus. The pilgrimage will feature daily Mass and prayer, historic churches, and fellowship. Ages 18-35. The trip will cost \$250 per person. Email young.adults@olmcfssp.org for more information.

Aug 21-23 - Wyoming Economic Forum: Join us in Story, WY, for a weekend of talks from consequential thinkers in American political philosophy and economy. Enjoy fishing and plunging in the creek, sauna, shooting, fine food & drink, and the discussions and connections that will, form the network of new economic and political realities. Register via QR code.



OLMC Online Parish Calendar is available via the website or the code to the right. Please check there for upcoming events.



DAILY PRAYER LINE REQUESTS

Contact Jane Brennan: jmbrennan555@gmail.com

Please Pray for the Sick

David Williamson, Jamie Jimenez, Jacob Jaxson, Indigo Williamson, Jeff McBride, Shannon Coffey, Miriam Halazon, John Filipczak, Cristina Vigil, Maria McKinley, Rebecca Noél Moser, Joanne Leary, Ronald Rider, Robert Tancredi, Pat Bergman, Maria Lonardo, Theresa Dalimata, Joan Anselmi.

Please Pray for the Repose of the Souls of

Joyce Doherty, Keith Hoyt, Loye Bussey, Mary Spreier, Bill Bowling, Br Ignatius Maria, Jim Lake, Patrick T. Dolan.

HOMEBOUND

Any parishioner confined to home who would like to receive the sacraments or the bulletin, please contact the parish office.

MONTHLY OFFERTORY - May

Offertory \$131,643.90

Capital \$5,935.28

Poor Box \$902.00

Sanctuary Flower Intentions		
Feast		Intention
II Sunday after Pentecost	Main Altar	Bobby Villano by Alice Cassidy
	Our Lady of Guadalupe	Tracy Thompson

Electronic Giving
(ParishSoft Giving)



SPECIAL EVENT!



Legion
of
Mary



Enthroner your home to the Sacred Heart

Friday, June 12th

Join us at 6:00 PM (prior to the 7:00 PM High Mass) for a special talk by Father Stack and a public blessing of the Enthronement Kits.

Q: Where should the Sacred Heart be in my home?

- A place where visiting guests can see that the Lord is the King of your home! A fireplace mantle or main room where the family gathers.

Q: I have the pictures in my house, but I haven't done the enthronement. Can I enthrone my home?

- Ask for Blessing Instructions from the Legion of Mary! The head of the household can enthrone the home.

Q: Do I enthrone my home yearly?

- A family should enthrone their home to our King every year! It can also be renewed when celebrating sacramental anniversaries.

**OLMC LEGION OF MARY - CHECK OUT A MEETING!
MONDAYS AT 6 PM OR THURSDAYS AT 9:15 AM**