



Our Lady of Mt. Carmel

CATHOLIC CHURCH

www.olmcfssp.org + 5612 S. Hickory St. Littleton, CO 80120 + (303) 703-8538



A parish of the Archdiocese of Denver, CO served by the Priestly Fraternity of St. Peter (FSSP) dedicated to the Traditional Latin Mass and Sacraments according to the 1962 Missal of Pope St. John XXIII.

PASTOR
REV. MATTHEW J. MCCARTHY, FSSP

ASST. PASTOR
REV. JOSEPH LOFTUS, FSSP
father.loftus@olmcfssp.org

ASST. PASTOR
REV. DAVID RAMIREZ, FSSP
father.ramirez@olmcfssp.org

IN RESIDENCE
REV. JOSEPH DALIMATA, FSSP
father.dalimata@olmcfssp.org

OFFICE HOURS
MON - FRI: 9:15 AM - 4:15 PM

OFFICE MANAGER: Mr. Bruce Muhe, III
office.manager@olmcfssp.org

SECRETARY: Mrs. Jessica Medlin
secretary@olmcfssp.org

DIRECTOR OF MUSIC: Mr. David Hughes
music.director@olmcfssp.org

SACRAMENTAL EMERGENCIES
303-241-2946

SUNDAY LOW MASS
6:30 AM | 8:00 AM | 9:30 AM | 1:00 PM

SUNDAY HIGH MASS
11:00 AM

DAILY MASS
8:30 AM MON - SAT
Also 7:00 PM FRI

CONFESSIONS
30 MINUTES BEFORE EACH MASS
SAT: 8 AM until the line is gone.
SAT: 3 - 4 PM

DAILY MASS
6:30 AM SUN - SAT
Carmelite Monastery
6138 S. Gallup St. Littleton, CO 80120

Eighth Sunday after Pentecost

July 19, 2026



*Convocatis itaque singulis debitoribus domini sui,
dicebat primo: Quantum debes domino meo?*

From Fr. Dalimata

In the book "Virtuous Leadership" the author, Alexander Havard, maintains that there is really no difference between becoming a good leader and becoming an integrated person. This came back to me recently as I started reading the book, "The Anatomy of Courage" by Lord Moran who wrote in the preface that "a man of character in peace is a man of courage in war."

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There is a lot of talk these days about spiritual warfare, about the crisis in the church and about the constant dangers and difficulties facing both the laity and the clergy in living out the teachings of Jesus Christ in a challenging environment. These two quotes have been on my mind in these last few weeks as I’ve lead a group of thirty-one teenage boys on a nine day backpacking excursion into the wilderness of Wyoming and also as I prepare to head out to serve as chaplain for another 12 day youth camp in South Dakota.

Leadership in moments of crisis is essential and courage in the face of war, physical or spiritual, is necessary for each one of us. Yet the reality remains that the true front line of the spiritual warfare is in our own hearts, that it is principally and principally peace of heart and peace of the soul that must be defended.

As a kid my mother had 1 Corinthians 13 pasted next to the kitchen sink. I can remember reading it as I did the dishes: “If I speak with the tongues of men, and of angels, and have not charity, I am become as sounding brass, or a tinkling cymbal. And if I should have prophecy and should know all mysteries, and all knowledge, and if I should have all faith, so that I could remove mountains, and have not charity, I am nothing. And if I should distribute all my goods to feed the poor, and if I should deliver my body to be burned, and have not charity, it profits me nothing.”

Before anyone is ready to lead the charge into enemy territory, or to set out to better the world and the Church, that same person must first be truly “rooted and grounded in Charity” (Eph. 3:17).

As I work with youth and young adult on Bosco Ministries programs I have begun to notice that there is a zeal to fix the Church and society, to correct the errors of the world, while at the same time there is an avoidance of confronting the chaos in our own hearts, homes and families. When there is an attempt to correct these more proximate things the metric is often simply “better behavior” as opposed to a true conversion of heart. I sometimes get the sense that people think of Church teachings as a mere set of disciplines so that we can measure our success. This can sometimes be a helpful way of approaching it. But it is not everything.

Discipline, training, rules, and spiritual warfare are really only helpful if they are ordered towards one thing: the union of Charity with God Almighty for ourselves and our neighbor. Our principal obligation is the salvation of our own soul. And the first neighbor we are called to serve are those members of our own homes and communities whom we are called to love and serve in Charity.

If we really want to know how well we’d do if we had the power to “fix” the world or the Church, let’s first take a look into our own hearts and souls, our own families and friendships and ask ourselves: am I a truly integrated person loving with my whole heart, mind, soul and strength here and now? Am I becoming a person of character in peace before I’m striving to be a person of courage in war?

The daily battles and difficulties facing us are not glamorous. But they are our reality. This daily need to become integrated in our own hearts, to become a person of character in our own homes, to preserve and protect peace in our soul and our communities, this is the true first calling of every soldier of Christ.

LITURGICAL SCHEDULE

SUNDAY, JULY 19
Eighth Sunday after Pentecost
6:30 am Travis, Christina & Cora Baker by Kristen Hrecho
8:00 am Brown Families by George & Carolyn Brown
9:30 am Gabriel Craveiro Family by Daniele Craveiro
11:00 am (High Mass) Pro Populo
1:00 pm Janet Kester by Karen Fitzgerald
5:00 pm Solemn Vespers & Compline

MONDAY, JULY 20
St. Jerome Emiliani, Confessor
8:30 am Armando Miguel by Mom & Dad

TUESDAY, JULY 21
St. Lawrence of Brindisi, Doctor
8:30 am Cordelia Peterson

WEDNESDAY, JULY 22
St. Mary Magdalene, Penitent
8:30 am Mary Quinlan

THURSDAY, JULY 23
St. Apollinaris, Bishop and Martyr
8:30 am Increase in Religious Vocations
7:00 pm Adoration & Benediction

FRIDAY, JULY 24
Feria
8:30 am John Lacroix+ by Stacie Eggemeyer
7:00 pm Our Godchildren by George & Carolyn Brown

SATURDAY, JULY 25
St. James the Greater, Apostle
8:30 am Lea, Bekah, Ryan, Alexander, Evan, & Garrin
by Michael Desmond

SUNDAY, JULY 26
Ninth Sunday after Pentecost
6:30 am Charles Gurule by Angela Gurule
8:00 am Paul Barrett+ by Susan Barrett
9:30 am Hrecho Family by Kristen Hrecho
11:00 am (High Mass) Pro Populo
1:00 pm Katie VanGuilder by Karen Fitzgerald
5:00 pm Solemn Vespers & Compline

Fr McCarthy’s Private Intentions
20 Rod & Lauri Imbriani by Bernice Knight
21 Martin Lubojacky by Laurie Condor
22 Paul Enockson+ by Beth & Joe Hanlon

Fr Loftus’s Private Intentions
20 Mariana Hernandez by Juan Hernandez
21 Teresa Hernandez by Juan Hernandez
22 Mary Machado+ by Fleischer Family

ANNOUNCEMENTS

Fr Dalimata will be away Jul 22 - Aug 6 inclusive.

Fr Loftus will be away Jul 23 - Aug 7 inclusive.

Appropriate Dress: Please show respect for Our Divine Lord and fellow parishioners at Mass. Men should be in collared shirts (no T-shirts with graphics etc.) and long pants. Ladies should be in opaque clothing coming up to the neckline front and back, covering the torso and shoulders/upper arms, skirts coming down below the knees.

Children’s Chant Camp at OLMC, Tue Aug 11 to Sat Aug 15 for children 7-14, concluding with Solemn Mass for the Feast of the Assumption of Our Lady. Camp will be 8:30am–3:00pm each day and includes Mass, the Divine Office, classes, and games. The registration form and payment information is available at olmcfssp.org/chantcamp. Direct questions to David Hughes at music.director@olmcfssp.org. Early bird registration deadline is Wed, Jun 24; regular registration deadline is Wed, Jul 29.

A Return to Tradition Women’s Conference: Sep 25-26 at OLMC. Register now at www.restoretradition.com. **Tickets are almost SOLD OUT!** For volunteer opportunities please contact Terrie Thaler at terriehallthaler@gmail.com. Speakers this year include Michael Matt, Fr. Chad Ripperger, and Abby Johnson. Join hundreds of faithful women in the fight for authentic femininity.

Today, Jul 19 - Knights of Columbus Burrito Sale: Visit the Knights in the parish hall after all Masses to purchase breakfast burritos.

Today, Jul 19 - Our Lady of Good Counsel Homeschool Cooperative is having their Annual Palisade Peach Fundraiser after all Sunday Masses in the parish hall. Delivery will be the first week in August.

Today, Jul 19 - Society of Masses for the Dead: Visit the information table in the parish hall after all Masses today. The greatest prayer we can offer for our loved ones who have died is that of the Holy Mass. Visit www.runningtochrist.org for more information.

Jul 23 - Jul 25 - OLMC Used Book Sale: Come by the parish hall for great deals on books, curriculum, learning games, and activities for the whole family. Proceeds will benefit parish groups. Contact Sara Lange to get signed up as a seller or for general questions: saraelange@msn.com. See the flyer in the Flocknote for more information.

Sat, Jul 25 - Planned Parenthood Prayer Vigil: Join us for our monthly parish prayer vigil starting at 10:15am. The abortuary is located at 7155 E 38th Ave. in Denver.

Sun, Jul 26 - Initiative 283 Petition: Colorado voters are invited to sign a petition after all Masses to remove the current right to abortion from our Colorado state constitution. Please take an extra few minutes to sign this petition in the parish hall or just outside of the main entrance after Mass.

Fri, Jul 31 - Feast of St. Ignatius: Join the Community of St. John at St. Ignatius of Loyola Parish (2301 York St., Denver) for Holy Hour and Confessions from 5-6pm, followed by Solemn Vespers with Polyphonic Choir at 6pm. There will be a Rosary walk from Holy Ghost to St Ignatius before Holy Hour.

ANNOUNCEMENTS

OLMC Men’s Group Meeting

Tue, Jul 14 - All men of the parish are invited to join the Men’s Group this Tuesday starting with a rosary in the church 6:00pm followed by a talk in the parish hall from parishioner Nicholas Trandem on the Federation of North American Explorers (FNE): The Church’s school of commitment. Food & drinks to share are welcome.

Sept 21-26 OLMC Young Adult Beatification of Fulton Sheen Pilgrimage: Fr. Loftus will be leading the trip to St. Louis, MO which will also feature visits to the FSSP seminary, the Abbey of Our Lady of Ephesus, and more! There are only 38 spots total with some already taken. For more information email young.adults@olmcfssp.org or scan the QR code on the flyer in the Flocknote updates.

OLMC Online Parish Calendar is available via the website or the code to the right. Please check there for upcoming events.



DAILY PRAYER LINE REQUESTS
Contact Jane Brennan: jmbrennan555@gmail.com

PRAYERS FOR THE SICK
Contact the parish secretary to have your name published in the bulletin: secretary@olmcfssp.com

Please Pray for the Sick
David Williamson, Jamie Jimenez, Jacob Jaxson, Indigo Williamson, Jeff McBride, Shannon Coffey, Miriam Halazon, John Filipeczak, Cristina Vigil, Maria McKinley, Rebecca Noël Moser, Joanne Leary, Ronald Rider, Robert Tancredi, Pat Bergman, Maria Lonardo, Theresa Dalimata, Joan Anselmi, Art Maestas, Karin Layman, Barbara McCarthy

Please Pray for the Repose of the Souls of
Joyce Doherty, Keith Hoyt, Loye Bussey, Mary Spreier, Bill Bowling, Br Ignatius Maria, Jim Lake, Patrick T. Dolan, Mary Machado, Paul Enockson

HOMEBOUND
Any parishioner confined to home who would like to receive the sacraments or the bulletin, please contact the parish office.

Sanctuary Flower Intentions		
Feast		Intention
VIII Sunday after Pentecost	Main Altar	Donna Reiffin+ by John Reiffin
	Our Lady of Guadalupe	Mickey Baker+ by Mary C Baker

**Electronic Giving
(ParishSoft Giving)**



Running to Christ

SOCIETY OF MASSES FOR THE DEAD

THE GREATEST PRAYER WE CAN OFFER
FOR OUR LOVED ONES WHO HAVE DIED
IS THAT OF THE HOLY MASS.



- Your donation at the time of enrollment will provide your loved one with a Mass every month.
- The Masses dedicated to these souls will be prayed at every First Friday Morning Mass.
- Enrollees will benefit from monthly Masses for as long as the society shall exist.
- Proceeds from the Society will be donated to an approved Catholic organization that adheres to Christ's teachings.
- Certificates of Enrollment are available for mailing.
- Two Enrollment Plans Available:
Individual Enrollment Donation \$30
Family Enrollment Donation \$50

For future enrollment and questions, please contact:

Running to Christ Ministry • Phone or Text: (303) 589-4377 • Email: RunningtoChristLLC@gmail.com
Online: RunningToChrist.org